




**August 2017  
COSTAIN COURT  
RECREATION CALENDAR**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		7:45 Coffee and News 1 9:30 Exercise Class (K) 10:30 Hymns with Johanna 10:30 Cyber Lounge 1:30 Netflix 6:30 Pub Nigh with Donnie D.	7:45 Coffee and News 2 9:30 Growing with Friends 10:30 Rhyming it off (K) 1:30 Music and Motion 3:45 Bean Bag Toss (M)	7:45 Coffee and News 3 9:30 Ipad Visits ( C) 10 :30 Communication Group 1:30 Art Therapy (C/T) 10:30 Hymns with Cynthia	7:45 Coffee and News 4 9:30 Exercise Class (L) 10:30 Outdoor Social (L/T) 1:15 Resident Council Meeting 1:30 Probe(L) on CC 1:30 Rosary Group	7:30 Coffee and News 5 9:30 Short Stories 10:30 Bingo on CP
9:30 Church Service 6 10:00 Skylight Social	<b>CIVIC HOLIDAY SORRY NO ACTIVITIES TODAY!</b> 	7:45 Coffee and News 8 9:30 Exercise Class (K) 10:00 Bible Education 1:30 Netflix 4:15 I pad Visits (M) 6:30 Pub Night with Ken L.	7:45 Coffee and News 9 10:30 Poetry Corner (K) 12:00 Welcome Luncheon Club 1:30 Bingo (T/H) 3:45 Wheel of Fortune (M)	7:45 Coffee and News 10 9:30 Ipad Visits (H) 10:30 Music with Val and Ralph 1:30 Catholic Mass 1:30 Trialing Trivia(H) on CC	7:45 Coffee and News 11 9:30 Exercise Class (L) 10:30 Wyatt Ladd Entertains 1:30 Generation Church Children's Program	7:30 Coffee and New 12 9:30 Montessori 10:30 Bingo on CP
9:30 Church Service 13 10:00 Skylight Social	<b>INTERNATIONAL VILLAGE WEEK!</b> 7:45 Coffee and News 9:30 Exercise Class (T) 10:30 Down East with Bob McLean 1:30 Australian Dingo Bingo	7:45 Coffee and News 15 9:30 Exercise Class (K) 10:00 Bible Education 10:30 Cyber Lounge 1:30 Hawaii 6:30 Scottish Pub with Rob E.	7:45 Coffee and News 16 9:30 Growing with Friends 10:30Holland Fun! 1:30 Across Canada with Caledonia Entertaining 3:45 Music Bingo(M)	7:45 Coffee and News 17 10:30 Travelogue 1:30 Music with Barry	7:45 Coffee and News 18 9:30 Exercise Class (C) 10:30 Patio Fun and Crumpets 1:30 Around the World with Ray Wreaks	7:30 Coffee and News 19 9:30 Shake Loose a Memory 10:30 Bingo on CP
9:30 Church Service 20 10:00 Skylight Social	7:45 Coffee and News 21 9:30 Exercise Class (K)  10:30 Reading Group 1:30 August Birthday Party	7:45 Coffee and News 22 9:30 Exercise Class (K) 10:00 Bible Education 10:30 Music with Verna 12:00 Luncheon Trip 2:00 Outdoor Walks 4:15 Ipad Visits with Megan 6:30 Pub Night with Ray W.	7:45 Coffee and News 23 9:30 Growing with Friends 10:30 Rhyming it off (K) 12:00 Welcome to our new resident and Lunch 1:30 Music with Marion 3:45 Outdoor Walks M)	7:45 Coffee and News 24 10:30 Documentary (T) 1:30 Catholic Mass 1:30 Patio Fun! ( C)	7:45 Coffee and News 25 9:30 Exercise Class (C) 10:30 Rosary Group 1:30 Yoga ( C ) 1:30 Patio Fun (T)	7:30 Coffee and News 26 9:30 Beauty Boutique 10:30 Bingo on CP
9:30 Church Service 27 10:00 Skylight Social	7:45 Coffee and News 28 9:30 Exercise Class (T) 10:30 Men's Group on BT 10:30 Reading Group 1:30 Bingo 5:00 Supper Club Pizza and Wings	7:45 Coffee and News 29 9:30 Exercise Class (T) 10:00 Bible Education 10:30 Morning Drive 10:30 Cyber Lounge 1:30 John Turmel Entertains 4:15 Ipad Visits 6:30 Pub Night with Gep M.	7:45 Coffee and News 30 9:30 Growing with Friends 10:30 Planet Earth (T) 1:30 Music and Motion 3:45Trivia (M)	7:45 Coffee and News 31 9:30 Ipad Visits( C) 10:00 Cello Music with Allan 1:30 Ice Cream Trip	<b>"Dog Days of Summer"</b>  	

**RECREATIONISTS: KARLI EXT. 4266~ CRYSTAL EXT. 4289~ TAYLOR EXT.4256 ~ MEGAN EXT. 4236**