

Sunday

Monday

Tuesday

Wednesday


Thursday

Friday

Saturday

November 2017

COSTAIN COURT

			<p>7:45 Coffee and News(K) 9:30 Growing with Friends (C) 10:30 Poetry Corner(K) 1:30 Music and Motion (K/T)</p>	<p>7:45 Coffee and News(K) 2 9:30 Ipad Visits (C) 10:30 Chair Zumba (T/K) 1:30 Story Time (T) 1:30 Anglican Communion(K) 3:00 Cyber Lounge (C) 3:45 Arm Chair Travels (J)</p>	<p>7:45 Coffee and News(K) 3 9:30 Exercise Class (C) 10:30 Donnall Sweeney Entertains 1:30 Rosary Group(K) 1:30 Men's Group (T)</p>	<p>7:30 Coffee and News 4 9:30 Short Stories (J) 10:30 Bingo</p>
<p>9:30 Church Service with Ron Robb 10:00 Social 5</p>	<p>7:45 Coffee and News(K)6 9:30 Exercise Class(T) 10:30 Reading Group(K) 1:30 Bingo(C/T) 3:00 Yoga(C)</p>	<p>7:45 Coffee and News(K) 7 9:30 Exercise Class(C) 10:00 Bible Education 10:30 Hymns with Johanna 1:30 Netflix(C) 3:15 Trivia (J) 6:30 Pub Night with Wendy S.</p>	<p>7:45 Coffee and News(K)8 9:30 Growing with Friends (C) 10:30 Rhyming it off (K) 1:30 Music with Marion on CC (K/T) 5:00 Veterans Dinner(C)</p>	<p>7:45 Coffee and News (K) 9 9:30 Ipad Visits(C) 10:30 Communication Group 10:30 Val and Ralph on BT 1:30 Catholic Mass(K) 1:30 Wheel of Fortune (T) 3:00 Cyber Lounge (C) 3:45 Fall Colouring (J)</p>	<p>7:45 Coffee and News 10 9:30 Exercise Class(C) 10:30 Rosary Group (K) 1:15 Resident Council Meeting 1:30 Remembrance Day Reflection(K) 3:00 Growing with Friends (C)</p>	<p>1:30 Remembrance Day Service 11</p> 
<p>9:30 Church Service with Andy Harris 10:00 Social 12</p>	<p>CHRISTMAS DECORATING 13</p>	<p>7:45 Coffee and News 14 9:30 Exercise Class(C) 10:30 Ceramic Painting (T) 10:00 Bible Education 1:30 Netflix 3:15 Mad Libs (J) 6:30 Pub Night</p>	<p>7:45 Coffee and News(K) 15 10:00 SKIP 1:30 Chair Zumba (T/K)</p>	<p>7:45 Coffee and News(K)16 9:30 Ipad Visits(C) 10:30 Hymns with Cynthia 1:30 Mike S Entertains 3:00 Cyber Lounge (C) 3:45 Music Bingo (J)</p>	<p>7:45 Coffee and News 17 9:30 Exercise Class(C) 10:30 Musical Fun on CC 1:30 Knitting Circle (T) 1:30 Rosary Group(K)</p>	<p>7:30 Coffee and News 18</p> <p>CHRISTMAS BAZAAR</p> <p>9:00-2:00pm</p>
<p>9:30 Church Service with Ken Donald 10:00 Social 11:00 Knights of Columbus 19</p>	<p>7:45 Coffee and News 20 9:30 Exercise Class (T) 10:15 Morning Drive (T/K) 10:30 Reading Group (H) 1:30 Bingo</p>	<p>7:45 Coffee and News 21 9:30 Exercise Class(C) 10:00 Bible Education 10:30 Fun with Taylor (T) 1:30 Netflix 3:15 Trivia (J) 6:30 Pub with Ken Armstrong</p>	<p>7:45 Coffee and News 22 (K) 9:30 Growing with Friends (C) 10:30 Poetry Corner (K) 12:00 Luncheon Club 1:45 Jeopardy Trivia (J)</p>	<p>7:45 Coffee and News(K)23 9:30 Ipad Visits (C) 10:00 Cello with Allan 1:30 Catholic Mass (K) 1:30 The Pretzels Perk(T) 3:00 Cyber Lounge(C)</p> <p>Thanksgiving Day (US)</p>	<p>7:45 Coffee and News(K) 24 9:30 Exercise Class(C) 10:30 David Kirby 1:30 Rosary Group (K)</p>	<p>7:30 Coffee and News 25 9:30 Shake Loose a Memory (J) 10:30 Bingo</p>
<p>9:30 Church Service with Karl Wilson 10:00 Social 26</p>	<p>7:45 Coffee and News 27 9:30 Exercise Class (T) 10:30 Reading Group 1:30 Wray Wreaks Entertains</p>	<p>7:45 Coffee and News 28 9:30 Exercise Class 10:00 Bible Education 10:30 Psalms and Songs 1:30 John Turmel Entertains 3:15 Mad Libs (J) 6:30 Pub Night with Wally</p>	<p>7:45 Coffee and News 29 9:30 Growing with Friends 10:30 Poetic Cookie's 1:30 Birthday Party with John Moorehouse Entertains 5:00 Fish and Chip Dinner (K/C)</p>	<p>7:45 Coffee and News (K) 30 9:30 Ipad Visits (C) 10:30 Café Visits (K) 10:30 Communication Group 1:30 Memorial Service(C/K) 2:00 Sanderson Trip(T) 3:00 Cyber Lounge (C) 3:45 Hangman (J) 6:30 Bell City Band (J)</p>	