


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			HAPPY NEW YEAR! <small>New Year's Day</small>	1 7:45 Coffee & News 2 10:15 Exercise (T) 10:30 Communication Group 1:30 Anglican Communion (L) 2:45 New Years Resolutions /Reflection (L) 3:30 Multi Sensory Visits (L) 6:00 Devotional Readings (K)	3 7:45 Coffee & News 11:00 Multi Sensory Visits (T) 1:30 Bingo (BT) (J) 3:00 Rosary Group (CC) (J)	4 10:30 Bingo (BT) (L)
5 9:30 Church Service 10:15 Sunday Social	6 7:45 Coffee & News 9:30 Exercise (K) 10:30 Resident Choice Meeting/January IQ & Monthly Gazette (C) 1:30 Bingo (L/K) 3:00 Yoga (J)	7 TAKING DOWN DECORATIONS 10:00 Bible Education 3:15 Piano Music w Robin 6:30 Pub Night	8 7:45 Coffee & News 9:30 Exercise (T) 10:30 Baking (T) 1:30 Growing w Friends (C)	9 7:45 Coffee & News 9:30 Exercise (C) 10:30 Sing Song w Val & Ralph (BT) (C/T) 10:30 Communication Group 1:30 Knitting Circle (CP) (T) 1:30 Catholic Mass (L) 2:45 Heads Up (L) 3:30 Spa Afternoon (L) 6:00 Devotional Readings (K)	10 TIE DIE DAY! 7:45 Coffee & News 10:30 MORNING DRIVE (C/T) 1:30 Entertainment by Barry (C/T/J) 3:00 Rosary Group (CC) (J)	11 10:30 Bingo (BT) (J)
12 9:30 Church Service 10:15 Sunday Social	13 7:45 Coffee & News 9:30 Exercise (T) 10:30 Piano Music w Phyllis (CP) (C/T) 1:15 Bracelet Making (L) 1:30 Cyber Lounge (T) 3:00 Yoga (J)	14 7:45 Coffee & News 10:00 Bible Education 10:30 Hymns w Megan (C/T) 1:30 Intergenerational Program (T/L) 3:15 Piano Music w Robin 6:30 Pub Night	15 7:45 Coffee & News 9:30 Exercise (T) 10:30 Science Experiments (T) 1:30 Growing w Friends (C)	16 7:45 Coffee & News 9:30 Exercise (C) 10:30 Cello w Allen (CC) (C/T) 10:30 Communication Group 1:30 Hymn Sing (BT) (T/L) 3:30 Karaoke (L) 6:00 Devotional Readings (S)	17 7:45 Coffee & News 10:30 Dear Anne (C) 1:30 Music w Verna (C/T/L) 3:00 Rosary Group (CC) (L)	18 10:30 Bingo (BT) (L)
19 9:30 Church Service 10:15 Sunday Social <small>Activity Professionals Week</small>	20 7:45 Coffee & News 9:30 Exercise (T) 10:30 Chicken Soup for the Women's Soul (C) 1:15 Tie Dye Creations (L) 1:30 Cyber Lounge (T) 3:00 Yoga (J) <small>Martin Luther King Day</small>	21 7:45 Coffee & News 10:00 Bible Education 10:30 Café Visits (C/T) 1:30 Psalms & Songs (T/L) 3:15 Piano Music w Robin 6:30 Pub Night	22 7:45 Coffee & News 9:30 Exercise (T) 10:30 Follow Me (T) 1:30 Growing w Friends (C)	23 7:45 Coffee & News 9:30 Exercise (C) 10:30 Art Therapy (CC) (C/T) 10:30 Communication Group 1:30 Men's Group (CC) (T) 1:30 Catholic Mass (L) 2:45 Make your Own Snow (L) 3:30 Multi Sensory Visits (L) 6:00 Devotional Readings (S)	24 7:45 Coffee & News 10:30 MARKET TRIP (C/T) 1:30 Robbie Burns Celebration (C/T/J) 3:00 Rosary Group (CC) (J)	25 10:30 Bingo (BT) (J) <small>Chinese New Year</small>
26 9:30 Church Service 10:15 Sunday Social	27 7:45 Coffee & News 9:30 Exercise (T) 10:30 Growing w Friends (C) 1:15 Step By Step Painting (L) 1:30 Cyber Lounge (T) 3:00 Yoga (J) <small>Australia Day (observed)</small>	28 7:45 Coffee & News 10:00 Bible Education 10:15 Sing w Me (T) 1:30 John Turmel Entertains (T/L) 3:15 Piano Music w Robin 6:30 Pub Night	29 7:45 Coffee & News 9:30 Exercise (T) 10:30 Winter Blues (T) 1:30 Pet Therapy (CC) (C/T) 5:00 FISH & CHIP DINNER	30 7:45 Coffee & News 9:30 Exercise (C) 10:30 Tim Hortons (C/T) 10:30 Communication Group 1:30 Netflix (T/L) 3:30 Travelling Pamper Me (L) 6:00 Devotional Readings (S)	31 NATIONAL HOT CHOCOLATE DAY! 7:45 Coffee & News 10:30 Hot Chocolate Social (C/T) 1:30 January Birthday Party (C/T/L) 3:00 Rosary Group (CC) (L)	Type extra information here. 