

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<h1 style="color: red;">February 2019</h1> <h2 style="color: black;">DAY & STAY PROGRAM</h2>						
<p>Feed the Birds Day 3</p> <p>10:00 Bird Trivia & Facts 10:30 Making Bird Feeders 1:00 Exercise 1:30 Bird Bingo</p> <p>Afternoon Program Montessori Activity Exercise Music Bingo</p>	<p>Football Day 4</p> <p>10:00 What's New 10:15 Football Trivia 10:30 Football Toss 1:00 Exercise 1:30 Word Probe</p> <p>Afternoon Program Snickers Montessori Parachute Fun Bowling</p>	<p>Chinese New Year 5</p> <p>10:00 What's New 10:15 Chinese Trivia 10:30 What Animal Are You 1:00 Exercise 1:30 Learning Chinese</p> <p>Afternoon Program Montessori Activity Exercise Shuffleboard <small>Chinese New Year</small></p>	<p>10:00 What's New 10:15 Trivia Time 10:30 Wheel of Fortune 1:00 Exercise 1:30 Bingo</p> <p>Afternoon Program Montessori Activity Ball Exercise Golf</p>	<p>Storytelling Day 7</p> <p>10:00 What's New 10:15 Trivia Time 10:30 Crossword 1:00 Ball Exercise 1:30 Story Time</p> <p>Chinese New Year 2:00 Dementia Education 3:30 Exercise with Weights 4:00 Learning Your Animal Sign 4:15 Wheel of Fortune</p>	<p>Fingerprint Day 1</p> <p>10:00 What's New 10:15 Fingerprint Facts 10:30 Thumbprint Cookie 1:00 Exercise 1:30 Fingerprint Tree 4:00 Discussion 6:00 Crafts 7:00 Fill in the Blanks</p>	<p>Groundhog Day 2</p> <p>10:00 What's New 10:15 Groundhog Facts 10:30 Groundhog Cupcakes 1:00 Exercises 1:30 Pathways 4:00 Word Puzzles 6:00 Art 7:00 Bowling</p> <p style="text-align: center;"><small>Groundhog Day</small></p>
<p>10:00 Morning Discussion 10:30 Shuffleboard 1:00 Exercise 1:30 Name The Smell</p> <p>Afternoon Program Jello Montessori Exercise Name That Tune</p>	<p>10:00 What's New 10:15 Trivia Time 10:30 Dice Roll 1:00 Exercise 1:30 Ask Anne</p> <p>Afternoon Program Montessori Activity Exercise Bingo</p>	<p>10:00 What's New 10:15 Trivia Time 10:30 Karaoke 1:00 Exercise 1:30 Outburst</p> <p>Afternoon Program Montessori Activity Exercise Bean Bag Toss</p>	<p>Love Day 13</p> <p>10:00 What's New 10:15 Famous Couples 10:30 Kiss Cookie Bake 1:00 Exercise 1:30 Love Word Probe</p> <p>Afternoon Program Montessori Activity Exercise Penny Snatch</p>	<p>Valentine's Day 14</p> <p>10:00 What's New 10:15 Famous Couples Trivia 10:30 Baking Heart Cookies 1:00 Exercises 1:30 Love Poetry</p> <p>Valentine Fun 2:00 Quality in Life 3:30 Large Ball Exercises 4:00 Couples Trivia 4:15 Heart Craft</p> <p style="text-align: center;"><small>Valentine's Day</small></p>	<p>Potato Day 8</p> <p>10:00 What's New 10:15 Potato Trivia 10:30 Preparing Our Baked Potato Toppings 1:00 Exercise 1:30 Hot Potato 4:00 Discussion 6:00 Paint by Number 7:00 Bingo</p>	<p>Valentines Fun 9</p> <p>10:00 What's New 10:15 Trivia Time 10:30 Baking 1:00 Exercise 1:30 Craft 4:00 Adult Colouring 6:00 Dice Game 7:00 Golf</p>
<p>10:00 The Moral of the Story..... 17 10:30 Dice Roll 1:00 Exercise 1:30 Wheel of Fortune</p> <p>Afternoon Program Montessori Activity Exercise Sing Song</p>	<p style="text-align: center;">Centre Closed Happy Family Day</p> <p style="text-align: center;"><small>Presidents' Day (US)</small></p>	<p>10:00 What's New 10:15 Trivia Time 10:30 Wii 1:00 Exercise 1:30 Ask Anne</p> <p>Afternoon Program Montessori Activity Exercise Horse Races</p>	<p>10:00 What's New 10:15 Trivia Time 10:30 Horse Races 1:00 Exercise 1:30 Charades</p> <p>Afternoon Program Montessori Activity Exercise Bean Bag Toss</p>	<p>Phone Book Day 21</p> <p>10:00 What's New 10:15 Trivia Time 10:30 Craft 1:00 Ole Exercise 1:30 The Telephone Game</p> <p>Potato Day 2:00 Keeping the Mind Active 3:30 Ole Exercises 4:00 Preparing Baked Potato Toppings 4:30 Hot Potato</p>	<p>Gumdrop Afternoon 15</p> <p>10:00 What's New 10:15 Trivia Time 10:30 Dice Roll 1:00 Exercise 1:30 Swatterball</p> <p>4:00 Gumdrop Discussion 6:00 Baking with Gumdrops 7:00 Bean Bag Toss</p>	<p>Snack Food Saturday 16</p> <p>10:00 What's New 10:15 Dragon Discussion 10:30 Horse Races 1:00 Exercises 1:30 Drumming Circle</p> <p>3:00 Snack Food Trivia 4:00 Making Movie Snacks 6:00 Shuffleboard 7:00 Movie Night</p>
<p>10:00 Morning Discussion 10:30 Table Card Games 1:00 Noodle Exercises 1:30 Shake Loose A Memory</p> <p>Afternoon Program Montessori Activity Exercise Shake Loose A Memory</p>	<p>10:00 What's New 10:15 Trivia Time 10:30 Cookie Bake 1:00 Exercise 1:30 Spelling Bee</p> <p>Afternoon Program Montessori Activity Exercise Name The Smell</p>	<p>10:00 What's New 10:15 Trivia Time 10:30 Wheel of Fortune 1:00 Exercise 1:30 Bingo</p> <p>Afternoon Program Montessori Activity Noodle Exercises Target</p>	<p>10:00 What's New 10:15 Trivia Time 10:30 Karaoke 1:00 Exercise 1:30 Parachute Challenge</p> <p>Afternoon Program Montessori Activity Exercise Dice Roll</p>	<p>10:00 What's New 10:15 Trivia Time 10:30 Wheel of Fortune 1:00 Exercise 1:30 Charades</p> <p>LEAD Program 2:00 What's New 2:30 Crossword 3:30 Exercise 4:00 Fish and Chips at the Knights of Columbus</p>	<p style="color: red; text-align: center;">"Sometimes someone comes into your life so unexpectedly, takes your heart by surprise, and changes your life forever"</p> <p style="color: red; text-align: center;">Happy Valentine's Day!</p>	

For more information about any of the Programs at the Day and Stay, please call Lisa Clarkson (519) 754-4065