

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>1</p> <p>9:30 Church Service 10:15 Bean Bag Toss 11:00 Snoezelen Visits</p> <p>May Day</p>	<p>2</p> <p>MENTAL HEALTH WEEK MAY 2ND-8TH</p> <p>Mindfulness Monday 9:30 Morning News 10:15 Connecting w Nature 2:30 Recreation Visits 3:15 Exercise Class w Jess</p>	<p>3</p> <p>Talk Tuesday 9:30 Morning News 10:15 Discussion about Wellness & Peer Support 11:30 Resident/Family Phone Call 2:30 Recreation Visits 3:00 Ladies Group</p>	<p>4</p> <p>Webinar Wednesday 9:30 Church Service 10:15 Exercise Class/Resident Choice Meeting 11:00 Outdoor Walks 11:30 Resident/Family Phone Call 2:00 Mental Health Webinar 3:00 Recreation Visits</p>	<p>5</p> <p>Thoughtful Thursday 9:00 Face Time w Family 9:30 Face Time w Family 10:00 Morning Drive Brant Terrace 2:30 Recreation Visits 3:00 Giving Thanks 4:00 Short Stories w Macie 6:00 Devotional Readings w Macie 6:45 Recreation Visits w Macie</p> <p>Cinco de Mayo</p>	<p>6</p> <p>Fact Sheet Friday 9:30 Face Time w Family 10:00 Janes Walk Parade 11:00 Mental Health and Wellness...keep the conversation going 2:30 Mother's Day Social 3:00 Exercise Class</p>	<p>7</p> <p>9:30 Morning News 10:15 Bingo 11:00 Busy Hands</p>
<p>8</p> <p>9:30 Church Service 10:15 Art Therapy 11:00 Mother's Day Fun!</p> <p>Mother's Day</p>	<p>9</p> <p>NURSES WEEK THANK YOU FOR ALL YOU DO! 9:30 Morning News 10:15 Hymn Sing 11:00 Patio Visits 2:30 Recreation Visits 3:00 Exercise Class</p>	<p>10</p> <p>9:30 Morning News 10:30 Cello w Allan 11:30 Resident/Family Phone Call 2:30 Recreation Visits 3:00 Relaxation</p>	<p>11</p> <p>9:30 Church Service 10:15 Exercise Class 11:00 Outdoor Walks 11:30 Resident/Family Phone Call 2:30 Armchair Travels 3:00 Recreation Visits</p>	<p>12</p> <p>9:00 Face Time w Family 9:30 Face Time w Family 10:00 Morning Drive Costain Court 2:30 Recreation Visits 3:00 Sing Song w Suzie Q 4:00 Beauty Boutique w Macie 6:00 Devotional Readings w Macie 6:45 Recreation Visits w Macie</p>	<p>13</p> <p>9:30 Face Time w Family 10:00 Rosary Group 10:30 Morning News 11:30 Entertainment 2:30 Recreation Visits 3:00 Exercise Class</p>	<p>14</p> <p>9:30 Morning News 10:15 Bingo 11:00 Facetime</p>
<p>15</p> <p>9:30 Church Service 10:15 Horseracing 11:00 Snoezelen Visits</p>	<p>16</p> <p>9:30 Morning News 10:15 Hymn Sing 11:00 Patio Visits 2:30 Recreation Visits 3:15 Exercise Class w Jess</p>	<p>17</p> <p>9:30 Morning News 10:15 Growing w Friends 11:30 Resident/Family Phone Call 2:30 Recreation Visits 3:00 Ladies Group</p>	<p>18</p> <p>9:30 Church Service 10:15 Exercise Class 11:00 Outdoor Walks 11:30 Resident/Family Phone Call 2:00 Resident Council Webinar 3:00 Recreation Visits</p>	<p>19</p> <p>9:00 Face Time w Family 9:30 Face Time w Family 10:00 Morning Drive Cockshutt Place 1:30 Resident Council Meeting 2:30 Recreation Visits 4:00 Poetry Corner w Macie 6:00 Devotional Readings w Macie 6:45 Recreation Visits w Macie</p>	<p>20</p> <p>9:30 Face Time w Family 10:00 Rosary Group 10:30 Morning News 11:00 Outdoor Walks 1:30 Bean Bag Toss 2:15 Chicken Soup for the Soul 3:00 Exercise Class</p>	<p>21</p> <p>9:30 Morning News 10:15 Bingo 11:00 Busy Hands</p> <p>Armed Forces Day</p>
<p>22</p> <p>9:30 Church Service 10:15 Art Therapy 11:00 Snoezelen Visits</p>	<p>23</p> <p>NO PROGRAMS</p> <p>Victoria Day (Canada)</p>	<p>24</p> <p>9:30 Morning News 10:15 Growing w Friends 11:30 Resident/Family Phone Call 2:30 Recreation Visits 3:00 Relaxation</p>	<p>25</p> <p>9:30 Church Service 10:15 Exercise Class 11:00 Outdoor Walks 11:30 Resident/Family Phone Call 2:30 Therapeutic Paws 3:00 Recreation Visits</p>	<p>26</p> <p>9:00 Face Time w Family 9:30 Face Time w Family 10:00 Morning News 11:00 Catholic Mass 2:30 Recreation Visits 3:00 Sing Song w Suzie Q 4:00 Beauty Boutique w Macie 6:00 Devotional Readings w Macie 6:45 Recreation Visits w Macie</p>	<p>27</p> <p>9:30 Face Time w Family 10:00 Rosary Group 10:30 Morning News 11:30 Entertainment 2:30 Recreation Visits 3:00 Exercise Class</p>	<p>28</p> <p>9:30 Morning News 10:15 Bingo 11:00 Facetime</p>
<p>29</p> <p>9:30 Church Service 10:15 Ball Toss 11:00 Snoezelen Visits</p>	<p>30</p> <p>9:30 Morning News 10:15 Hymn Sing 11:00 Patio Visits 2:30 Recreation Visits 3:15 Exercise Class w Jess</p> <p>Memorial Day</p>	<p>31</p> <p>9:30 Morning News 10:15 Growing w Friends 11:30 Resident/Family Phone Call 2:30 Recreation Visits 3:00 Ladies Group</p>				

PLEASE NOTE IF WE ARE IN AN OUTBREAK WE WILL BE PROVIDING 1:1 VISITS

Crystal Smith Recreation Programmer ext 4289