

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

November 2023

Costain Court Recreation

			Morning Treat Trolley Cart 1 10:15 Bible with Bonnie 11:00 Bible education 11:00 Exercises 1:30 Sing Along 2:15 Fun with Fabrics 6:00 Obie Virtual Games	2 9:30 Family facetime 10:00 Morning News 10:45 Bingo 1:30 Home Décor & Craft Club 2:15 Psalms & Songs virtual 3:00 Spa Group 6:00 Senses & Serenity	3 10:15 Sing Along w Megan 11:00 Exercises 1:30 Dart Toss 2:15 Card Making Club 7:30 Musical Memories	4 11:00 Table Bowling 1:30 Name that Sound
10:15 Virtual Church 10:50 Eucharist Visits 2:15 Bean Bag Toss	5 AM Pet Visits 10:00 Growing with friends 10:45 Exercises 1:00 Family Care Conference 2:15 Bingo 3:00 Music Memories	6 10:00 Morning News- Nov Gazette 10:45 Sing Along with Megan 1:30 Tuesday Trivia 2:15 Shuffleboard 3:00 Armchair Travel 7:30 Bean Bag Toss	7 Morning Treat Trolley Cart 8 10:15 Bible with Bonnie 11:00 Bible education 11:00 Exercises 1:30 Music Documentary 1:30 Resident Council Mtg 2:15 Fun with Fabrics 6:00 Obie Virtual Games	9 9:30 Family facetime 6:00 Senses & Serenity	10 10:15 Sing Along w Megan 11:00 Exercises 2:00 Birthday Party w/live music 7:30 Musical Memories	11 11:00 Remembrance Day Service on the PA <small>Veterans Day Remembrance Day (Canada)</small>
10:15 Virtual Church 10:50 Eucharist Visits 2:15 Shuffleboard <small>Diwali (Hindi)</small>	12 AM Pet Visits Christmas Decorating	13 10:00 Christmas Market Visits 1:30 Sing Along 2:15 Curling 3:00 Laughter is the best Medicine 7:30 Table Bowling	14 Morning Treat Trolley Cart 15 10:15 Bible with Bonnie 11:00 Bible education 11:00 Exercises 1:30 Music Documentary 2:15 Fun with Fabrics 6:00 Obie Virtual Games	16 9:30 Family facetime 10:00 Morning News 10:45 Bingo 1:30 Home Décor & Craft Club 2:15 Psalms & Songs virtual 3:00 Spa Group 6:00 Senses & Serenity	17 10:15 Sing Along w Megan 11:00 Exercises 1:30 Ladies Group 2:15 Home Décor & Crafts 7:30 Musical Memories	18 11:00 Shuffleboard 1:30 Sing Along
10:15 Virtual Church 10:50 Eucharist Visits 2:15 Shuffleboard	19 AM Pet Visits 10:00 Growing with friends 10:45 Exercises 1:30 Men's Group 1:30 Painting 2:15 Bingo 3:00 Music Memories	20 10:00 Morning News 10:45 Bingo Towers @ BT 1:30 Sing Along 2:15 Bean Bag Toss 3:00 Cranium Crunches 7:30 Horseshoes	21 Morning Treat Trolley Cart 22 10:15 Bible with Bonnie 11:00 Bible education 11:00 Exercises 1:30 Music Documentary 2:15 Fun with Fabrics 6:00 Obie Virtual Games	23 9:30 Family facetime 10:00 Morning News 11:00 Catholic Mass 1:30 Family Care Conference 2:15 Psalms & Songs w Megan 3:00 Spa Group 6:00 Senses & Serenity <small>Thanksgiving Day (US)</small>	24 10:15 Sing Along w Megan 11:00 Exercises 1:30 Bingo 2:15 Laughter is the best Medicine 7:30 Musical Memories	25 11:00 Shuffleboard 1:30 Sing Along
10:00 Church @ Noble Hall w Gary 10:50 Eucharist Visits 2:15 Virtual Church 3:45 Recreation Visits CP/CC/BT	26 AM Pet Visits 10:00 Morning News & Stories 10:45 Armchair Travel- Scotland 1:30 Men's Group 1:30 Painting 2:15 Bingo 3:00 Resident Program Choice Meeting	27 9:30 Morning Bus Drive 28 1:30 Sing Along 2:15 Family Feud 3:00 Armchair Travel 6:00 Pub Night	29 Morning Treat Trolley Cart 29 10:15 Bible with Bonnie 11:00 Bible education 11:00 Exercises 1:30 Music Documentary 2:15 Fun with Fabrics 4:45 Supper Club	30 9:30 Family facetime 10:00 Morning News 10:45 Bingo 1:30 Memorial Service 3:00 Spa Group 6:00 Senses & Serenity		

