


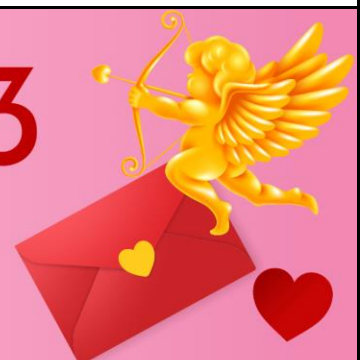


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <p>Where there is love there is life ~ Mahatma Gandhi</p>			9:30News 1 10:15 Church on the home area 11 :00 Exercise 1:30recreation visit's 2:15 All about... 3:00Box of questions 3:45Soccer bingo	9:30 Bible study 2 9:45 Family facetime 10:15 Chicken soup for the soul 11:00Armchair travels 1:30Exercise 2:15 Recreation visit's 3:00 Bean bag toss 3:45Animal documentary 4 :15 Wordsearch 6 :00 Birthday card club 6 :45 Trivial pursuit Groundhog Day	9:30Bingo 3 10:15recreation visit's 11 :00Beauty boutique 1:30Deal or no deal 2:15Horseshoes 3:00 Devotional reading 3:45Dice game	1:30Horseraces 4 2:15 Ladies Club
1:30Who wants to be a millionaire 5 2:15 Crack the case	9:30Modern Jeopardy 6 10:15Ladies club 11:00 Cuddles and cocoa 2:15 Hymn sing 3:00Laughter is the best medicine 3:45Name that tune	9 :30Ballot Bingo 7 10:15Valentine's colouring 11:00Rosary 1:30 Exercise 2:15recreation visit's 3:00Documentary	9:30Probe 8 10:15Church on the home area 11 :00Exercise 1:30Valentines Day family feud 2:15News 4:00Puzzles	9:30Virtual church service 9 9:45 Family facetime 10 :15 Creative colouring 11 :00Growing with friends 1 :30Exercise 2:15Recreation visit's 2:15 Psalms and songs (Megan G) 3:00The history of Valentine's Day 3:45Read with me 4 :15 Deal or no Deal 6 :00 Dice Game 6 :45 iPad Visit's	9:30Bingo 10 10:15recreation visit's 11:00 Box of question's 1:30 History of... 2:15 Why we love romantic movies 3:00 Virtual catholic mass 3:45Roll-a-garden	1:30Miniature Golf 11 2:15 Valentines Stories
1:30 Valentine's Day craft 12 2:15 Shut the box	9:30Trivia 13 10:15All about... 11:00Ipad visit's 1:30Mixed up Valentines Day 2:15Bible study 3:00 Friendly visit's 3:45who/what am i?	9 :30Ballot Bingo 14 10:15Love is in the air trivia 11:00Valentine fun in the chapel 1 :30Exercise 2 :15Name That heart tune 3:00Valentines Day Fun in the chapel 3:45Wordsearch Valentine's Day	9:30Birthday card club 15 10:15Church on the home area 11:00Exercise 1:30 Resident council meeting 2:15Beauty boutique 4:00Trivial pursuit	9:30Hymn sing 16 9:45 Family facetime 10:15Getting to know... 11:00Monthly Gazette 1:30Exercise 2:15Recreation visit's 2:15 Psalms and songs (Megan G) 3:00Bean bag toss 3:45Who wants to be a millionaire 4 :15 Probe 6 :00Puzzles 6 :45 Read with me	9:30Bingo 17 10:15recreation visit's 11:00Ladies club 1:30Name that tune 2:15Horseshoes 3:00Rosary 3:45 Crack the case	1:30News 18 2:15Box of questions
1:30Snakes and ladders 19 2:15 Scattergories	Sorry no activities today! 20 	9 :30Ballot Bingo 21 10 :15Video exercises 11 :00Virtual catholic mass 1 :30 Exercise 2:15recreation visit's 3:00 Puzzles 3:45Shut the box Mardi Gras	9:30Craft 22 10:15Church on the home area 11 :00Exercise 1:30recreation visit's 2:15 Box of question's 4:00Name 5 Ash Wednesday	9 :30Bible study 23 9 :45 Family facetime 11 :00 Catholic mass in the chapel 1:30Exercise 2:15Recreation visit's 2:15 Psalms and songs (Megan G) 3:00Bean bag toss 3:45Shuffleboard 4 :15Trivia 6 :00 Who/what am I? 6 :45 Mixed up	9:30Bingo 24 10:15recreation visit's 11:00OBIE 1:30Entertainment 2:45Resident program choice meeting 3:30Horseshoes	1 :30Animal Documentary 25 2 :15 Armchair travels
1:30 Craft 26 2:15 Name 5	9:30Rosary 27 10:15All about... 11:00 Roll-a-garden 1:30Shuffleboard 2:15Hymn sing 3:00Movie Matinee	10 :00 Morning drive 28 1:30 Exercise 2:15recreation visit's 3:00Virtual church service 3:45 Virtual catholic mass	 <h1 style="text-align: center;">FEBRUARY 2023</h1>  <h2 style="text-align: center;">Costain Court Activity Calendar</h2>			