March 2019

COSTAIN COURT

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 7:45 Coffee & News (C) 9:30 Exercise (C) 10:30 S.K.I.P (C/T) 1:30 Resident Choice Meeting (C) 2:15 Bean Bag Toss (TH)	**2** 10:30 Bingo (BT) (TH) 1:30 Brantford Expositor (TH)
3 9:30 World Day of Prayer Church Service 10:15 Sunday Social	**4** 7:45 Coffee & News (C) 9:30 Exercise (C) 10:30 March IQ & Monthly Gazette (C) 1:30 March Birthday Party (T/L) 3:00 Yoga (J)	**5** 7:45 Coffee & News (C) 9:30 Exercise (C) 10:00 Bible Education (BT) 10:30 Celebrating Mardi Gras! (C/T) 1:30 Psalms & Songs (C/T/L) 3:00 Name that Irish Tune (L) 6:30 Pub Night Mardi Gras	**6** **ASH WEDNESDAY** 7:45 Coffee & News (C) 9:30 Growing w Friends (C) 10:30 Poetry Corner (Vol) 1:30 Wheel of Fortune (CC) (T) 3:00 Bingo (CP) (Vol) Ash Wednesday	**7** 7:45 Coffee & News (C) 10:30 Café Visits (T/L) 10:30 Communication Group 1:30 Anglican Communion (C) 1:30 Knitting Circle (CP) (T) 3:15 Piano Music w Robin 4:00 Chicken Soup for the Soul (TH)	**8** 7:45 Coffee & News (C) 9:30 Exercise (C) 10:30 Rosary Group (CC) (T) 1:30 Resident Council Meeting 1:30 Gardeners Chicken Soup for the Soul (C) 2:15 Shuffleboard (TH)	**9** 10:30 Bingo (BT) (TH) 1:30 Brantford Expositor (TH)
10 9:30 Church Service 10:15 Sunday Social Daylight Saving Time Begins	**11** 7:45 Coffee & News (C) 9:30 Exercise (C) 10:30 No Blarney Trivia (C) 1:30 Micki's Dance Connection (T/L) 3:00 Yoga (J)	**12** 7:45 Coffee & News (C) 9:30 Exercise (C) 10:00 Bible Education (BT) 10:30 Hymns w Johanna (C/T) 1:30 Intergenerational Program (BT) (T/L) 3:00 St. Patrick's Day Trivia (L) 6:30 Pub Night	**13** 7:45 Coffee & News (C) 9:30 Growing w Friends (C) 10:30 Poetry Corner (Vol) 1:30 Lucky Floats and Irish Music (L) 3:00 Bingo (CP) (Vol)	**14** 7:45 Coffee & News (C) 10:30 Sing Song w Val & Ralph (BT) (C/T/L) 10:30 Communication Group 1:30 Catholic Mass (C) 3:15 Piano Music w Robin 4:00 Shake Loose a Memory (TH)	**15** 7:45 Coffee & News (C) 9:30 Exercise (C) 10:30 Frank Sinatra Entertainment 1:30 St. Patrick's Party (C/T/TH)	**16** 10:30 Bingo (BT) (TH) 1:30 Brantford Expositor (TH)
17 9:30 Church Service 10:15 Sunday Social St. Patrick's Day	**18** 7:45 Coffee & News (C) 9:30 Exercise (C) 10:30 Travelling to Ireland (C) 1:30 Netflix (T/L) 3:00 Yoga (J)	**19** 7:45 Coffee & News (C) 9:30 Exercise (C) 10:00 Bible Education (BT) 10:30 Café Visits (C/T) 1:30 Celtic Party w Donnall and Cindy (C/T/L) 3:00 Who/ What am I? (L) 6:30 Pub Night	**20** 7:45 Coffee & News (C) 9:30 Growing w Friends (C) 10:30 Poetry Corner (Vol) 1:30 St. Patrick's Show w Beckett Serenaders (C/T/L) 3:00 Bingo (CP) (Vol) Spring Begins	**21** 7:45 Coffee & News (C) 10:30 Tim Hortons (T/L) 10:30 Communication Group 1:30 In the Garden (C) 1:30 Men's Group (BT) (T) 3:15 Piano Music w Robin 3:30 Me to We Reading Group (TH) Purim	**22** 7:45 Coffee & News (C) 9:30 Exercise (C) 10:30 Rosary Group (CC) (T) 1:30 Hymn Sing w Cynthia (CC) (T/TH)	**23** 10:30 Bingo (BT) (TH) 1:30 Brantford Expositor (TH)
24 9:30 Church Service 10:15 Sunday Social	**25** 7:45 Coffee & News (C) 9:30 Exercise (C) 10:30 Irish Stories (C) 1:15 Craft "Flying Spring Birds" (L) 1:30 Cyber Lounge (T) 3:00 Yoga (J)	**26** 7:45 Coffee & News (C) 9:30 Exercise (C) 10:00 Bible Education (BT) 10:30 Café Visits (C/T) 1:30 Entertainment w John (C/T/L) 3:00 Springtime Trivia (L) 6:30 Pub Night	**27** 7:45 Coffee & News (C) 9:30 Growing w Friends (C) 10:30 Poetry Corner (Vol) 1:30 Entertainment w Ken Lightheart (C/T) 3:00 Bingo (CP) (Vol) 5:00 Pizza & Wing Night	**28** 7:45 Coffee & News (C) 10:00 Cello w Allen (C/T/L) 10:30 Communication Group 1:30 Catholic Mass (C) 1:30 Music Bingo (CC) (T) 3:15 Piano Music w Robin 4:00 Fun Trivia! (TH)	**29** 7:45 Coffee & News (C) 9:30 Exercise (C) 10:30 Rosary Group (CC) (T) 1:30 Dear Anne (C) 2:15 Outburst (TH)	**30** 10:30 Bingo (BT) (TH) 1:30 Brantford Expositor (TH)
31 9:30 Church Service 10:15 Sunday Social						

Recreationists
Crystal 4289
Taylor 4256
Lacey 4266
Thomas 4288