

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>1 1:30 Guided meditation (Macie) 2:15 Friendly visit's (Macie)</p> <p>May Day</p>	<p>2 10:30 All about... 11:15 Animal documentary 1:30 Bean bag toss 2:15 Bible study 3:00 Chicken soup for the soul</p>	<p>3 10:00 Craft 11:15 Armchair travels 1:30 Devotional reading 2:15 Laughter is the best medicine 3:00 Recreation visit's 3:15 Exercise (Jess)</p>	<p>4 10:15 Church service 11:00 Exercise 1:30 Welk Wednesday 2:15 Recreation visit's 3:00 Beauty boutique</p>	<p>5 10:00 Creative Coloring 10:30 Virtual family visit 10:45 Recreation visit's 11:30 Mother's Day wordsearch 1:30 Exercise 2:15 Outdoor stroll's 3:00 Virtual church service</p> <p>Cinco de Mayo</p>	<p>6 10:00 Bingo 10:45 Shell and tell (Hayley) 11:30 Entertainment 1:30 Getting to know... 2:15 Recreation visit's 3:00 News 4:30 Deal or no Deal (Macie) 6:00 Fun and fitness (Macie) 6:45 Rosary (Macie)</p>	<p>7 1:30 Men's group (Macie) 2:15 Documentary (Macie)</p>
<p>8 1:30 Mother's day trivia (Macie) 2:15 Rosary (Macie)</p> <p>Mother's Day</p>	<p>9 10:30 Box of question's 11:15 Growing with friends 1:30 Bean bag toss 2:15 Bible study 3:00 Movie matinee</p>	<p>10 10:00 Craft 11:15 History of... 1:30 Devotional reading 2:15 multi-sensory visit 3:00 Recreation visit's 3:15 Exercise (Jess)</p>	<p>11 10:15 Church service 11:00 Exercise 1:30 Remember when 2:15 Recreation visit 3:00 All about...</p>	<p>12 10:00 Morning drive 1:30 Exercise 2:15 Shuffleboard 3:00 Virtual church service</p>	<p>13 10:00 Bingo 10:45 Video exercises 1:30 sing-a-long with Susie Q 2:15 Recreation visit's 3:00 Ladies club 4:30 Catholic mass (Macie) 6:00 iPad visit's (Macie) 6:45 Fun and fitness (Macie)</p>	<p>14 1:30 Shake loose a memory (Macie) 2:15 Friendly visit's (Macie)</p>
<p>15 1:30 Catholic mass (Macie) 2:15 Puzzles (Macie)</p>	<p>16 10:30 Men's group 11:15 Name that tune 1:30 Outdoor stroll's 2:15 Bible study 3:00 Travelling tunes</p>	<p>17 10:00 Craft 11:15 Probe 1:30 Devotional reading 2:15 Poetry corner 3:00 Recreation visit's 3:15 Exercise(jess)</p>	<p>18 10:15 Church service 11:00 Exercise 1:30 Resident council meeting 2:15 Recreation visit's 3:00 Box of question's</p>	<p>19 10:00 Live concert 10:30 Virtual family visit 10:45 recreation visit's 11:30 All about... 1:30 Exercise 2:15 Shuffleboard 3:00 Virtual church service</p>	<p>20 10:00 Bingo 10:45 Video exercises 1:30 Chicken soup for the soul 2:15 Recreation visit's 3:00 Ladies club 4:30 Beauty Boutique (Macie) 6:00 Monthly gazette (Macie) 6:45 Bean bag toss (Macie)</p>	<p>21 1:30 Fun and fitness (Macie) 2:15 Rosary (Macie)</p> <p>Armed Forces Day</p>
<p>22 1:30 Resident program choice meeting (Macie) 2:15 Bean bag toss (Macie)</p>	<p>23 Sorry no programs today!</p> <p>Victoria Day (Canada)</p>	<p>24 10:00 Craft 11:15 Roll-a-garden 1:30 Bible study 2:15 Laughter is the best medicine 3:00 recreation visit's 3:15 Exercise(jess)</p>	<p>25 10:15 Church service 11:00 Exercise 1:30 Welk Wednesday 2:00 Therapeutic paws 2:15 Recreation visit's 3:00 news</p>	<p>26 10:00 Creative coloring 10:30 Virtual family visit 10:45 Recreation visit's 11:00 Catholic mass in the chapel 1:30 Exercise 2:15 shuffleboard 3:00 Rosary</p>	<p>27 10:00 Bingo 10:45 Video exercises 11:30 Entertainment 1:30 guided meditation 2:15 Recreation visit's 3:00 Balcony visit's 4:30 Storytelling (Macie) 6:00 Friendly visit's (Macie) 6:45 Beauty Boutique (Macie)</p>	<p>28 1:30 Catholic mass (Macie) 2:15 Trivia (Macie)</p>
<p>29 1:30 Friendly visit's (Macie) 2:15 All about... (Macie)</p>	<p>30 10:30 Beauty boutique 11:15 Wordsearch 1:30 outdoor stroll's 2:15 Catholic mass 3:00 Movie matinee</p> <p>Memorial Day</p>	<p>31 10:00 Craft 11:15 Birthday card club 1:30 Bible study 2:15 multi-sensory visit's 3:00 Recreation visit's 3:15 Exercise Jess)</p>	<h1>May 2022</h1> <h2>Costain Court Activity Calendar</h2>			