

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



November 2025

AFTERNOON PROGRAM

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2 Daylight Saving Time Ends	3 12:00 Current Events 1:15 Sing and Stretch 2:15 Shuffleboard 3:15 Sorting Jobs 4:00 Word Bingo	4 12:00 In the Paper 1:15 Music and Motion 2:15 Disc Throw 3:15 Montessori 4:00 Finish the Line	5 12:00 Community News 1:15 Chair Exercises 2:15 Bowling 3:15 Creative Expressions 4:00 Card Bingo	6 12:00 What's New 1:15 Fun and Fitness 2:15 Bean Bag Toss 3:15 Math Puzzles 4:00 Sing a Long	7 12:00 Let's Chat 1:15 Exercise Hour 2:15 Mini Putt 3:15 Word Search 4:00 Can you Picture this	8
9	10 12:00 Community News 1:15 Music and Motion 2:15 Disc Throw 3:15 Painting 4:00 Card Games	11 Remembrance Day 12:00 What's New 1:15 Fun and Fitness 2:15 Bowling 3:15 Creative Art 4:00 Can you Picture This Veterans Day Remembrance Day (Canada)	12 12:00 Let's Chat 1:15 Exercise Hour 2:15 Bean Bag Toss 3:15 Math Worksheet 4:00 Bingo	13 12:00 In the Paper 1:15 Sing and Stretch 2:15 Mini Putt 3:15 Colouring Fun 4:00 Music Bingo	14 12:00 Current Events 1:15 Chair Exercises 2:15 Shuffleboard 3:15 Connect the Dots Worksheets 4:00 Finish the Line	15
16	17 12:00 In the Paper 1:15 Chair Exercises 2:15 Bowling 3:15 Puzzles 4:00 Outburst	18 12:00 Let's Chat 1:15 Sing and Stretch 2:15 Bean Bag Toss 3:15 Math Work 4:00 Family Feud	19 12:00 Current Events 1:15 Fun and Fitness 2:15 Shuffleboard 3:15 Word Search 4:00 Music Bingo	20 12:00 Community News 1:15 Exercise Hour 2:15 Dice Roll 3:15 Painting 4:00 Cards	21 12:00 What's New 1:15 Music and Motion 2:15 Disc Throw 3:15 Montessori 4:00 Family Feud	22
23	24 12:00 What's New 1:15 Exercise Hour 2:15 Mini Putt 3:15 Creative Art 4:00 Music Bingo	25 12:00 Current Events 1:15 Chair Exercises 2:15 Shuffleboard 3:15 Word Search 4:00 Card Bingo	26 12:00 In the Paper 1:15 Sing and Stretch 2:15 Dice Roll 3:15 Painting 4:00 Outburst	27 12:00 Let's Chat 1:15 Music and Motion 2:15 Disc Throw 3:15 Puzzling Fun 4:00 Family Feud Thanksgiving Day (U.S.)	28 12:00 Community News 1:15 Fun and Fitness 2:15 Bowling 3:15 Coloring Fun 4:00 Sing a Long	29
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