

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <p>Day and Stay Program Day and Stay ZOOM Programs</p>		<p>Family Feud with Amber 11 am</p>	<p>Caregiver Support with Louise 11 am (45 min)</p> <p>Afternoon Exercises with Natasha 1:30 pm</p>	<p>“Pick a Pickling Pepper” Trivia with Natasha 1:30 pm</p>	<p>Positivity Trivia and Stories with Amber 11 am</p>	
<p>6</p>	<p>7</p> <p>Labour Day Centre Closed</p> <p><small>Labor Day</small></p>	<p>8</p> <p>Perfect Day To Exercise with Amber 11 am</p>	<p>9</p> <p>Caregiver Support with Louise 11 am (45 min)</p> <p>Science Experiment Day with Natasha 1:30 pm</p>	<p>10</p> <p>“What’s in the Box” Trivia with Natasha 1:30 pm</p>	<p>11</p> <p>Who’s that Artist? with Amber 11 am</p>	<p>12</p> <p>Outburst with Amber 11 am</p>
<p>13</p> <p>Giddy Up Exercises with Amber 11 am</p> <p><small>Grandparents Day</small></p>	<p>14</p> <p>Shaking things up with Milkshake Trivia with Amber 11 am</p>	<p>15</p> <p>Tippy Toe Exercises with Amber 11 am</p>	<p>16</p> <p>Caregiver Support with Louise 11 am (45 min)</p> <p>Name That Tune With Natasha 1:30 pm</p>	<p>17</p> <p>Bring a picture of your pet and join us for some Pet Trivia and Tricks! With Natasha 1:30 pm</p>	<p>18</p> <p>Musical Bingo with Amber 11 am</p> <p><small>Rosh Hashanah Begins</small></p>	 <p><small>Oktoberfest Begins</small></p>
 <p>20</p>	<p>21</p> <p>Off to the Orchard Exercises With Amber 11 am</p>	<p>22</p> <p>Elephant Facts and Trivia. What’s in the Trunk? with Amber 11 am</p> <p><small>Autumn Begins</small></p>	<p>23</p> <p>Caregiver Support with Louise 11 am (45 min)</p> <p>Let’s Make Play Dough With Natasha 1:30 pm</p>	<p>24</p> <p>Learning to Grow Vegetables from Scraps With Natasha 1:30 pm</p>	<p>25</p> <p>The Price is Right? with Amber 11 am</p>	<p>26</p> <p>Did Someone Yell BINGO! with Amber 11 am</p>
<p>27</p> <p>Fall Cleaning Exercises with Amber 11 am</p> <p><small>Yom Kippur Begins</small></p>	<p>28</p> <p>Funny Fortune Cookie Humour Discussion With Amber 11 am</p>	<p>29</p> <p>Moving to the Music Exercises With Amber 11 am</p>	<p>30</p> <p>Caregiver Support with Louise 11 am (45 min)</p> <p>Let’s Create a Poem to Put on Our Facebook Page! with Natasha 1:30 pm</p>	 <p>September 2020</p> <p>Please call for an invitation to any of these Programs. Programs are 30 minutes in length and staff will be happy to assist you in setting up.</p>		

For more information about the Day and Stay Programs, please call Lisa Clarkson at (519) 756-2920 ext. 4286