

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# January 2022

Day and Stay Day and Weekend Program

Happy New Year

Centre Closed

New Year's Day

<p>9:00 Morning Discussion 2 9:30 Make a guess 10:00 Music Morning 1:00 Fun &amp; Fitness 1:30 Table Games</p>	<p>9:00 In the News 3 9:30 Trivia Time 10:00 Bells 1:00 Fun &amp; Fitness 2:00 Bean Bag Toss</p>	<p>9:00 What's New 4 9:30 Tell Me 10:00 Crossword 1:00 Music in Motion 2:00 Name that Tune</p>	<p><u>Bird Day</u> 5 9:00 Community Corner 9:30 For the Birds 10:00 Making Bird's Nest Cookies 1:00 Bird Dance Exercises 2:00 Wheel of Fortune</p>	<p>9:00 What's New 6 9:30 Word Probe 10:00 Art Morning 1:00 Ole Exercises 2:00 Family Feud</p>	<p><u>We Love Elvis!</u> 7 9:00 Current Events 9:30 All About Elvis 10:00 Music Morning 1:00 Elvis song Exercises 2:00 Rock &amp; Roll Bingo</p>	<p>9:00 Let's Chat 8 9:30 Brainstorming Alphabet 10:00 Paper Garland Art 1:00 Exercises 2:00 Penny Snatch 3:00 Elvis Songs 6:00 Bowling 7:00 Around the Table</p>
<p>9:00 Let's Chat 9 9:30 Random Trivia 10:00 Travelogue 1:00 Exercises 1:30 Sing a Long</p>	<p>9:00 Morning Discussion 10 9:30 What's Your Guess? 10:00 Art Morning 1:00 Ole Exercises 2:00 Puzzle Time</p>	<p>9:00 Current Events 11 9:30 Trivia Time 10:00 Ukulele Playing 1:00 Exercise 2:00 Find the Card</p>	<p>9:00 In the News 12 9:30 Get Thinking 10:00 Dice Roll 1:00 Fun &amp; Fitness 2:00 Bingo</p>	<p>9:00 Morning Discussion 13 9:30 Tell Me 10:00 Dice Roll 1:00 Exercise 2:00 Bingo</p>	<p>9:00 In the News 14 9:30 Trivia Time 10:00 Dice Roll 1:00 Relaxing Stretches 2:00 Outburst</p>	<p>9:00 AM Conversation 15 9:30 Let's Get Thinking 10:00 Finish the Line... 11:00 Target Toss 1:00 Moving to the Beat 2:00 Pathways 3:00 Bingo 6:00 Golf 7:00 Around the Table</p>
<p>9:00 Rise &amp; Shine Chit Chat 16 9:00 More ZZZs Trivia 10:00 Shuffleboard 1:00 Let's Stretch 1:30 Music &amp; Swatterball</p>	<p>9:00 Community Corner 17 9:30 Get Thinking 10:00 Name that Tune 1:00 relaxing Stretches 2:00 BINGO!</p> <p>Martin Luther King Jr. Day</p>	<p>9:00 In the News 18 9:30 Cranium Crunches 10:00 wheel of Fortune 1:00 Ole Music 2:00 Swatterball</p>	<p><u>All About Dolly</u> 19 9:00 Morning Discussion 9:30 All About Dolly 10:00 Karaoke 1:00 Music and Exercise 2:00 Dolly Video Clips</p>	<p><u>Say Cheese</u> 20 9:00 In the News 9:30 How Cheese is Made 10:00 Wheel of fortune 1:00 cheesy Exercises 2:00 Cheese Word Probe</p>	<p><u>Going Squirrely</u> 21 9:00 Community Corner 9:30 Squirrel Facts 10:00 Squirrel 1:00 Fun &amp; Fitness 2:00 Wheel of Fortune</p>	<p>9:00 Let's Chat 22 9:30 Word Puzzles 10:00 Reminiscing 1:00 Exercises 2:00 Name that tune 3:00 Word Search 6:00 Shuffleboard 7:00 Around the Table</p>
<p>9:00 Morning Discussion 23 9:30 January Quiz 10:00 Short Story 1:00 Ole Exercise 1:30 Colouring Contest</p> <p>Activity Professionals Week</p>	<p>9:00 Let's Chat 24 9:30 Tell Me 10:00 Penny Snatch 1:00 Music &amp; Movement 2:00 Outburst</p>	<p><u>Scottish Day</u> 25 9:00 What's New 9:30 Introducing Robbie Burns 10:00 Poetry Time 1:00 Scottish Exercises 2:00 Touring Scotland</p>	<p>9:00 Let's chat 26 9:30 Tell Me 10:00 Music Morning 1:00 Fun &amp; Fitness 2:00 Find the Card</p> <p>Australia Day (observed)</p>	<p><u>National Geographic</u> 27 9:00 In the News 9:30 History of National Geographic 10:00 Article review 1:00 Touring Exercises 2:00 Geography Bingo</p>	<p>9:00 What's New 28 9:30 Trivia Time 10:00 Drumming 1:00 Ole Exercises 2:00 Card Search</p>	<p>9:00 Talk Around Town 29 9:30 Guess What I Am? 10:00 Bean Bag Toss 11:00 Pathways 1:00 Time to Limber Up 2:00 Montessori Time 3:00 Let's Read 6:00 Target Toss 7:00 Around the Table</p>
<p>9:00 Morning Socializing 30 9:30 True or False 10:00 Bowling 11:00 Sing a Long 1:00 Let's Get Fit 1:30 Puzzle Time</p>	<p>9:00 What's New 31 9:30 Random Trivia 10:00 Wheel of Fortune 1:00 Let's Move It 2:00 Spelling Bee</p>	<p>Please call for information on the Overnight Stay Program and The In-Home Therapeutic Recreation Program!</p> <p>Stay Safe and Stay Warm!!</p>				