

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

DAY AND STAY PROGRAMS

HAPPY CANADA DAY
Centre Closed

Canada Day

10:00 What's New
10:15 Trivia Time
10:30 Card Games
1:00 Exercises
1:30 Target

2 10:00 What's New
10:15 Trivia Time
10:30 Music Bingo
1:00 Exercises
1:30 Charades

3 **National Country Music Day**
10:00 What's New
10:15 Country Music Trivia
10:30 Name That Tune
1:00 Square Dancing Exercises
1:30 Wheel of Fortune

4 10:00 What's New
10:15 Trivia Time
10:30 Outdoor Games
BBQ
1:00 Exercises
1:30 Name That Tune
4:00 Can you Picture This?

5 **Garden Day**
8:00 Breakfast in the Garden
10:00 Art Creations in the Garden
1:00 Ball Exercises
1:30 Lawn Darts
4:00 Remembering Berry Picking
6:00 Moon Songs
7:00 Word Puzzles

6 10:00 What's New
10:15 Scottish Trivia
10:30 Making Scottish Cranachan
BBQ
1:00 Exercises
1:30 Scottish Word Probe

7 10:00 What's New
10:15 Hungarian Trivia
10:30 Making Hungarian Mushroom Soup
1:00 Exercises
1:30 The 10 Best Places to Visit in Hungary

8 10:00 What's New
10:15 Italian Facts
10:30 Making Pasta
PICNIC
1:00 Exercises
1:30 10 Best Places to Visit In Italy

9 10:00 What's New
10:15 Dutch Trivia
10:30 Preparing Dutch Buttercake
1:00 Exercises
1:30 10 Best Places to Visit in the Netherlands

10 10:00 What's New
10:15 German Facts & Trivia
10:30 Making German Cucumber Salad
BBQ
1:00 Exercises
1:30 10 Best Places to Visit In Germany

11 **Atlantic Canada Day**
10:00 What's New
10:15 Atlantic Facts
10:30 Making Clam Chowder
1:00 Exercises
1:30 Road Trip Montage
4:00 Can You Picture This
6:00 Penny Snatch
7:00 Golf

12 10:00 What's New
10:15 New York Facts
10:30 Making New York Pizza
PICNIC
1:00 New York Exercises
1:30 Geography Bingo
4:00 Horse Racing
6:00 Ole Exercises
7:00 Card Bingo

13 10:00 Morning Discussion
10:30 Dot to Dot Art
1:00 Ole Exercises
1:30 Bingo

14 10:00 What's New
10:15 Trivia Time
10:30 Drumming
PICNIC
1:00 Exercises
1:30 Bingo

15 10:00 What's New
10:15 Trivia Time
10:30 Bells
1:00 Exercise
1:30 Golf

16 10:00 What's New
10:15 Hot Dog Trivia
10:30 Preparing Hot Dog Toppings & Hot Dog Cookies
BBQ
1:00 Exercises
1:30 Wheel of Fortune

17 10:00 What's New
10:15 Trivia Time
10:30 Horseshoes
1:00 Exercises
1:30 Sing-A-Long

18 10:00 What's New
10:15 Trivia Time
10:30 Lawn Darts
1:00 Exercises
1:30 Bingo

19 10:00 What's New
10:15 Strawberry Trivia
10:30 Rock Painting
1:00 Exercise
1:30 Strawberry Word Probe
4:00 Can You Picture This?
6:00 Music Bingo
7:00 Swatterball

20 10:00 What's New
10:15 Hot Dog Facts
10:30 Preparing Toppings
BBQ
1:00 Exercise
1:30 Hot Diggity Dog Song
4:00 Card Games
6:00 Pathways
7:00 Golf

21 10:00 What's New
10:15 Trivia Time
10:30 Horseshoes
1:00 Exercises
1:30 Outburst

22 10:00 What's New
10:15 Trivia Time
10:30 Art in the Garden
BBQ
1:00 Exercise
1:30 Bingo

23 10:00 What's New
10:15 Trivia Time
10:30 Lawn Darts
1:00 Exercises
1:30 Bingo

24 10:00 What's New
10:15 Blueberry Facts
10:30 Baking with Blueberries
PICNIC
1:00 Exercises
1:30 Outburst

25 10:00 What's New
10:15 Strawberry Trivia
10:30 Rock Painting
1:00 Exercise
1:30 Strawberry Word Probe
4:00 Can You Picture This?
6:00 Music Bingo
7:00 Swatterball

26 10:00 What's New
10:15 Hot Dog Facts
10:30 Preparing Toppings
BBQ
1:00 Exercise
1:30 Hot Diggity Dog Song
4:00 Card Games
6:00 Pathways
7:00 Golf

27 10:00 What's New
10:15 Trivia Time
10:30 Art Morning
BBQ
1:00 Exercise
1:30 Ask Anne

28 10:00 What's New
10:15 Trivia Time
10:30 Drumming
1:00 Exercise
1:30 Outburst

29 10:00 What's New
10:15 Trivia Time
10:30 Drumming
1:00 Exercise
1:30 Outburst

30 10:00 What's New
10:15 Avocado Facts
10:30 Making Avocado Potato Salad
PICNIC
1:00 Exercise
1:30 Avocado Word Probe

31 **All About Avocados**
10:00 What's New
10:15 Avocado Facts
10:30 Making Avocado Potato Salad
PICNIC
1:00 Exercise
1:30 Avocado Word Probe

10:00 Apollo Discussion
10:30 Moon Art
1:00 Poetry in Motion
1:30 Penny Snatch

July 2019
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HAPPY CANADA DAY!!