November 2026

Afternoon Program



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 Daylight Saving Time Ends	**2** 12:00 Coffee and Chat 1:00 Chair Dances 2:00 Sing-A-Long 3:00 Snack and Chat 3:30 Song Book Singing 4:00 Snakes and Ladders	**3** 12:00 Current Events 1:00 Sing and stretch 2:00 Word Probe 3:00 Refuel and Relax 3:30 Matching Puzzle 4:00 Horse Races	**4** 12:00 News Happenings 1:00 Move to the Beat 2:00 Montessori Activities 3:00 Replenish the Body 3:30 Shake Loose a Memory 4:00 Charades	**5** Country Music Fun 12:00 In the Paper 1:00 Country Music Exercises 2:00 A-Z Country Music Words 3:00 Snack and Chat 3:30 Old-fashioned Country Music Sing-A-Long 4:00 Projector Fun	**6** 12:00 Chat-Time 1:00 Body Moves 2 A-Z Trivia 3:00 Chat and Cookies 3:30 Montessori Time 4:00 Swatter Ball	**7**
8 Diwali (Hindi)	**9** 12:00 Drink and Discuss 1:00 Breath and Stretch 2:00 Bells 3:00 Yum Yum time 3:30 A Thankful Heart 4:00 Projector Fun	**10** Aviation Day 12:00 Sky News 1:00 Sing and Stretch 2:00 Name that Tune 3:00 Airplane Snacks 3:30 Aviation Mysteries 4:00 Better Now or Then?	**11** Remembrance Day 12:00 Let's Remember 1:00 Chair Stretches 2:00 Make a Poppy 3:00 Sips and Bites 3:30 In Flounder's Field 4:00 Canadian Crossword Veterans Day Remembrance Day (Canada)	**12** 12:00 Current Events 1:00 Chair Exercises 2:00 Who Am I?? 3:00 Comfort and Crumbs 3:30 Matching Puzzle 4:00 Card Bingo	**13** 12:00 New Happenings 1:00 Sing and Stretch 2:00 Finish the Line…. 3:00 Snack and Talk 3:30 Word Probe 4:00 Penny Snatch	**14**
15	**16** 12:00 Coffee and Chat 1:00 Stretch and Reset 2:00 Colouring and Calm 3:00 Eats and Beats 3:30 Shake Loose a Memory 4:00 Swatter Ball	**17** Fresh Bread Bay 12:00 What's New 1:00 Move to the Beat 2:00 Name That Tune 3:00 Fresh Bread and Jam 3:30 Hymn Sing 4:00 Penny Snatch	**18** 12:00 Tea and Cookies 1:00 Fitness Fun 2:00 Sing-A-Long 3:00 Tea Time Treats 3:30 Matching Puzzles 4:00 Snakes and Ladders	**19** 12:00 Current Events 1:00 Move to the Beat 2:00 Family Feud 3:00 Munch and Mingle 3:30 Bananagrams 4:00 Horse Races	**20** Christmas Market 12:00 Coffee and Conversation 1:00 Chair Exercise 2:00 Visit the Christmas Market 3:00 Snack and Relax 3:30 Can You Picture This? 4:00 Projector Fun	**21**
22	**23** 12:00 In the Paper 1:00 Music Moves 2:00 Sing-A-Long 3:00 Snack Attack 3:30 Montessori Activities 4:00 Can You Picture This?	**24** 12:00 Discuss and Digest 1:00 Chair Movement 2:00 Wheel of Fortune 3:00 Share a Bite 3:30 Hymn Sing 4:00 Card Bingo	**25** 12:00 Current Events 1:00 Sing and Stretch 2:00 Colouring and Calm 3:00 Snack Social 3:30 Jigsaw Puzzles 4:00 Montessori Hour	**26** 12:00 Coffee and Calm 1:00 Chair Dances 2:00 Name the Tune 3:00 Smile and Smile 3:30 Pictionary 4:00 Swatter Ball Thanksgiving Day (U.S)	**27** 12:00 Group Chat and Cookies 1:00 Chair Moves 2:00 Fill in the Blank 3:00 Refresh and Recharge 3:30 Funny Couple Clips 4:00 Card Games	**28**
29	**30** 12:00 Discuss and Digest 1:00 Stretch and Reset 2:00 Colour by Number 3:00 Neighbourhood Nibble 3:30 Word Probe 4:00 Charades					

For more information about the Day and Stay, please call Lisa Clarkson (519) 754-4065