

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
	9:30 Exercise Class <b>1</b> <b>10:30 Christmas Bingo (Noble Hall)</b> <b>1:30 Christmas Tree Lighting &amp; Entertainment w Jeff D</b>	9:30 Morning Meditation (TB) <b>2</b> 10:15 Rosary Group (TB) 11:00 Family FaceTime Call 11:00 Café Visits (TB) 2:00 Chair Yoga 2:45 Wordle & Connections 3:30 First Day of Advent Service: Hope 4:15 Santa's Workshop Sensory Room <b>6:30 Pub Night w Wally M</b>	<b>TREAT TROLLEY AM 3</b> 9:30 Exercise Class 10:15 Nail Salon 11:00 Bingo (Dining Room) 1:30 Bible Study <b>2:15 Euchre Club</b> 2:15 Retro TV Afternoon 3:00 YouTube & You Visit 6:15 December Trivia! (MT/GT) 7:00 Recreation Visit (MT/GT)	9:30 Relax & Reminisce: The Colours of Christmas <b>4</b> 10:15 Falls Prevention Class (MT/GT) 10:15 Putting the Past in Order 11:00 Family FaceTime Call <b>11:00 Anglican Communion (Noble Hall)</b> <b>1:30 Hymns w Cynthia (Noble Hall)</b> <b>2:30 Hot Chocolate Social (Café)</b> <b>6:30 Christmas Carols w The Beavers/Scouts (Noble Hall)</b>	<b>Red &amp; Green Day 5</b> 9:30 Exercise Class 10:15 Bingo (Dining Room) 11:00 Before Christmas Lunch Visits <b>12:00 Resident Christmas Lunch w Jeff M</b> 2:15 Spiritual Art Therapy 3:00 Hallway Chat 6:15 Musical Memories (MT/GT) 7:00 Recreation Visit (MT/GT)	<b>6</b> <b>10:00 Queensway Church Choir (Noble Hall)</b>  3:00 Sing a Long with Suzie (MT/GT)	
	<b>7</b> <b>10:00 Church Service</b> <b>10:50 Eucharist Visits</b>  2:15 Trivia Time! (MT/GT) 3:00 Shuffleboard (MT/GT)	9:30 Exercise Class <b>8</b> 10:15 Second Day of Advent Service: Peace 11:00 Bingo (Dining Room) <b>1:30 Christmas Carols w Cynthia (Noble Hall)</b>  <b>6:00 Christmas Lights Trip (DC/MT/GT)</b>	9:30 Chair Yoga <b>9</b> <b>10:30 St. Basils School Choir (Noble Hall)</b> 11:00 Family FaceTime Call 1:30 Travelogue: Christmas in Mexico (MT/GT) 2:15 All About You (MT/GT) 2:15 Friendly Visits 3:00 Walk & Talk <b>6:30 Pub Night w Jim Y</b>	<b>TREAT TROLLEY AM 10</b> <b>Christmas Hat Day</b> 9:30 Exercise Class 10:15 Spiritual Lessons 11:00 Bingo (Dining Room) <b>130-3 Christmas Games Afternoon (Noble Hall)</b> <b>2:15 Euchre Club</b> 6:15 Fun Trivia! (MT/GT) 7:00 Recreation Visit (MT/GT)	9:30 EZ Does It: Christmas Stories <b>11</b> 10:15 Cranium Crunches 11:00 Family FaceTime Call <b>11:00 Catholic Mass (Noble Hall)</b> 1:30 Creative Expressions: Holiday Greeting Cards 2:15 Roll-2-Win 3:00 Resident Choice Visit 6:15 OBIE Games (MT/GT) 7:00 Recreation Visit (MT/GT)	9:30 Exercise Class <b>12</b> 10:15 Prayer & Reflection 11:00 Bingo (Dining Room) <b>2:00 December Birthday Party w Dave S (Noble Hall)</b> 6:15 Musical Memories (MT/GT) 7:00 Recreation Visit (MT/GT)	<b>13</b> 9:45 Plinko (MT/GT) 10:45 Laughter is the Best Medicine (MT/GT)  3:00 Devotional Readings (MT/GT)
	<b>14</b> <b>10:00 Church Service</b> <b>10:50 Eucharist Visits</b>  2:15 Trivia Time! (MT/GT) 3:00 Bean Bag Toss (MT/GT)  Hanukkah Begins	9:30 Exercise Class <b>15</b> 10:15 Third Day of Advent Service: Joy 11:00 Bingo (Dining Room) <b>1:30 Christmas Carols w Cynthia (Noble Hall)</b>	9:30 Chair Yoga <b>16</b> <b>10:30 Christmas Carols w St. Gabriel's School (Noble Hall)</b> 11:00 Family FaceTime Call 1:30 Wordle & Connections 2:15 Worship the Word 3:00 Anything Goes Visit <b>6:30 Pub Night w Ed V</b>	<b>TREAT TROLLEY AM 17</b> 9:30 Exercise Class 10:15 Beauty Boutique 11:00 Bingo (Dining Room) <b>12:00 Resident/Family Council Christmas Lunch</b> 1:30 Gratitude & Blessings <b>2:15 Euchre Club</b> 2:15 Craft Corner 3:00 iPad Visit 6:15 Finish the Lyrics (MT/GT) 7:00 Recreation Visit (MT/GT)	9:30 Virtual Church Service (MT) <b>18</b> 9:30 Relaxation Room (GT) 10:15 Falls Prevention Class (MT/GT) <b>10:30 Resident Christmas Concert (Noble Hall)</b> 11:00 Family FaceTime Call 1:30 Who, What, Where? 2:15 Reindeer Races 3:00 Sit & Socialize 6:15 OBIE Games (MT/GT) 7:00 Recreation Visit (MT/GT)	9:30 Exercise Class <b>19</b> 10:15 Gratitude & Blessings 11:00 Bingo (Dining Room) <b>1:30 Christmas Movie Matinee (Noble Hall)</b> 6:15 Musical Memories (MT/GT) 7:00 Recreation Visit (MT/GT)	<b>20</b> 9:45 Parachute Fun! (MT/GT) 10:45 Shake Loose a Memory (MT/GT)  3:00 Sing a Long with Suzie (MT/GT)
	<b>21</b> <b>10:00 Church Service</b> <b>10:50 Eucharist Visits</b>  2:15 Trivia Time! (MT/GT) 3:00 Table Bowling (MT/GT)  Winter Begins	9:30 Exercise Class <b>22</b> 10:15 Fourth Day of Advent Service: Love 11:00 Bingo (Dining Room) <b>1:30 Guitar Performance w Wyatt (Noble Hall)</b>	2:00 Christmas Photobooth <b>23</b> Fun with Gladys! 2:45 Exercise Class 3:30 Bingo (Dining Room) 4:15 Christmas Virtual Church Service <b>6:30 Pub Night w Terry's Tunes</b>	<b>TREAT TROLLEY AM 24</b> 9:30 Exercise Class <b>10:30 Christmas Eve Social (Skylight Café)</b> 1:30 Bingo (Dining Room) 2:15 Christmas Special! 3:00 Spreading Christmas Joy Visits	<b>25</b>  <b>CHRISTMAS DAY</b>  <b>NO PROGRAMS</b>  Christmas	<b>26</b>  <b>BOXING DAY</b>  <b>NO PROGRAMS</b>  Boxing Day (Canada) Kwanzaa Begins	<b>27</b> 9:45 Dice Game (MT/GT) 10:45 Chicken Soup for the Soul (MT/GT)  3:00 Devotional Readings (MT/GT)
	<b>28</b> <b>10:00 Church Service</b> <b>10:50 Eucharist Visits</b>  2:15 Trivia Time! (MT/GT) 3:00 Horseshoes (MT/GT)	9:30 Exercise Class <b>29</b> <b>10:15 Resident Program Choice Meeting &amp; Bill of Rights Reading</b> 11:00 Bingo (Dining Room) 1:30 Warmth & Relaxation (MT/GT)	9:30 Chair Yoga <b>30</b> 10:15 Bible Education: A Generosity of Spirit 11:00 Family FaceTime Call 11:00 Wordle & Connections 1:30 Reader's Theatre (MT/GT) 2:15 New Years Goals & Resolutions (MT/GT) 3:00 Family FaceTime Call (MT) <b>6:30 Pub Night w Jeff D</b>	<b>TREAT TROLLEY AM 31</b> 9:30 Exercise Class 10:15 Calendar Chats 11:00 Bingo (Dining Room) <b>2:00 New Year's Eve Party (Noble Hall)</b>  New Year's Eve			

Any Questions-Contact Megan B at Ext 4297

In the instance of an outbreak 1:1 programs will be provided

Programs ran by CS/TB may be cancelled due to availability