

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	9:30 Group Exercise 10:30 Christmas Bingo (Noble Hall) 1:30 Christmas Tree Lighting & Entertainment w Jeff D	9:30 Seated Dance Fit 10:15 Café Visits 11:00 Bible Study 1:30 Monthly Gazette 2:15 Table Bowling 3:00 Family FaceTime 6:30 Pub Night w Wally M	TREAT TROLLEY AM 9:30 Group Exercise 10:15 Resident Program Choice Meeting 11:00 Bingo 1:30 Laughter is the Best Medicine 2:15 Euchre Club 2:15 Beauty Boutique 3:00 IPAD Visit 6:15 December Trivia! (MT/GT) 7:00 Recreation Visit (MT/GT)	9:30 Chair Yoga 10:15 Falls Prevention Class (MT/GT) 10:15 Morning News 11:00 Anglican Communion (Noble Hall) 1:30 Hymns w Cynthia (Noble Hall) 2:30 Hot Chocolate Social (Cafe) 6:30 Christmas Carols w The Beavers/Scouts (Noble Hall)	Red & Green Day 9:30 Group Exercise 10:15 Morning News 11:00 Bingo 12:00 Resident Christmas Lunch w Jim Y 2:15 Chicken Soup for the Christian Soul 3:00 Bedside Visit 6:15 Musical Memories (MT/GT) 7:00 Recreation Visit (MT/GT)	10:00 Queensway Church Choir (Noble Hall) 3:00 Sing a Long w Suzie (MT/GT)
	10:00 Church Service 10:50 Eucharist Visits 2:15 Trivia Time! (MT/GT) 3:00 Shuffleboard (MT/GT)	9:30 Group Exercise 10:15 Morning News 11:00 Bingo 1:30 Christmas Carols w Cynthia (Noble Hall) 6:00 Christmas Lights Trip (DC/MT/GT)	9:30 Chair Yoga 10:30 St. Basils School Choir (Noble Hall) 1:30 Travel To... (MT/GT) 2:15 All About You (MT/GT) 2:15 Recreation Visits 3:00 Family FaceTime 6:30 Pub Night w Jim Y	TREAT TROLLEY AM Christmas Hat Day 9:30 Group Exercise 10:15 Morning News 11:00 Bingo 130-3:00 Christmas Games Afternoon (Noble Hall) 2:15 Euchre Club 6:15 Fun Trivia! (MT/GT) 7:00 Recreation Visit (MT/GT)	9:30 Seated Dance Fit/Zumba 10:15 Morning News 11:00 Catholic Mass (Noble Hall) 1:30 Junk Drawer Detective 2:15 Chicken Soup for the Soul 3:00 IPAD Visit 6:15 OBIE Games (MT/GT) 7:00 Recreation Visit (MT/GT)	9:30 Group Exercise 10:15 Morning News 11:00 Bingo 2:00 December Birthday Party w Dave S (Noble Hall) 6:15 Musical Memories (MT/GT) 7:00 Recreation Visit (MT/GT)
	10:00 Church Service 10:50 Eucharist Visits 2:15 Trivia Time! (MT/GT) 3:00 Bean Bag Toss (MT/GT) Hanukkah Begins	9:30 Group Exercise 10:15 Morning News 11:00 Bingo 1:30 Christmas Carols w Cynthia (Noble Hall)	9:30 Morning Meditation (T) 10:30 Christmas Carols w St. Gabriel's School (Noble Hall) 2:00 Table Bowling 2:45 Name 5 3:30 Travelogue 4:15 Golden Scriptures 6:30 Pub Night w Ed V	TREAT TROLLEY AM 9:30 Group Exercise 10:15 Bible Study 11:00 Bingo 12:00 Resident/Family Council Christmas Lunch 1:30 Junk Drawer Detective 2:15 Euchre Club 2:15 Beauty Boutique 3:00 Family FaceTime 6:15 Finish the Lyrics (MT/GT) 7:00 Recreation Visit (MT/GT)	9:30 Virtual Church Service (MT/GT) 9:30 Relaxation Room (MT/GT) 10:15 Falls Prevention Class (MT/GT) 10:30 Resident Christmas Concert (Noble Hall) 1:30 Men's Group (MT) 2:15 Can You Picture This? 3:00 Bedside Visit 6:15 OBIE Games (MT/GT) 7:00 Recreation Visit (MT/GT)	9:30 Group Exercise 10:15 Morning News 11:00 Bingo 1:30 Christmas Movie Matinee (Noble Hall) 6:15 Musical Memories (MT/GT) 7:00 Recreation Visit (MT/GT)
	10:00 Church Service 10:50 Eucharist Visits 2:15 Trivia Time! (MT/GT) 3:00 Table Bowling (MT/GT) Winter Begins	9:30 Group Exercise 10:15 Morning News 11:00 Bingo 1:30 Guitar Performance w Wyatt (Noble Hall)	9:30 Group Exercise 10:15 Morning News 11:00 Bible Study 1:30 Reading Circle 2:15 Travelling Nail Salon 3:00 Family FaceTime 6:30 Pub Night w Terry's Tunes	TREAT TROLLEY AM 9:30 Group Exercise 10:30 Christmas Eve Social (Skylight Café) 1:30 Bingo 2:15 Chicken Soup for the Christmas Soul 3:00 Bedside Visit	CHRISTMAS DAY NO PROGRAMS Christmas	BOXING DAY NO PROGRAMS Boxing Day (Canada) Kwanzaa Begins
	10:00 Church Service 10:50 Eucharist Visits 2:15 Trivia Time! (MT/GT) 3:00 Horseshoes (MT/GT)	9:30 Group Exercise 10:15 Morning News 11:00 Bingo 1:30 Warmth & Relaxation (MT/GT)	9:30 Chair Yoga 10:15 Morning News 11:00 Bible Study 1:30 Reader's Theatre (MT/GT) 2:15 New Year's Goals & Resolutions (MT/GT) 3:00 Family FaceTime (MT) 6:30 Pub Night w Jeff D	TREAT TROLLEY AM 9:30 Group Exercise 10:15 Morning News 11:00 Bingo 2:00 New Year's Eve Party (Noble Hall) New Year's Eve		

Any Questions-Contact Kate W. at Ext 4297

In the instance of an outbreak 1:1 programs will be provided

Programs ran by CS/TB may be cancelled due to availability