

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>1</p> <p>9:45 Church Service w Pastor Alan Reitberg (Noble Hall)</p> <p>10:50 Eucharist Visits 2:15 Trivia Time (MT/GT) 3:00 Recreation Visit</p>	<p>2</p> <p>9:30 Exercise Class (MT/GT) 9:30 Short Stories (MT/GT) 10:15 Spiritual Lessons 11:00 Bingo (MT/GT) 1:30 Knit & Chat @ Cafe 1:30 Music with Megan (MT/GT) 1:30 Friendly Visits (MT/GT) 2:15 Animal Documentary (MT/GT) 2:15 Name that Tune (MT/GT)</p>	<p>3</p> <p>9:30 Chair Yoga 10:15 Virtual Christmas Light Displays 11:00 Family Video Chat 11:00 Warmth & Relaxation 1:30 Seasonal Craft (MT/GT) 2:30 Bell Ringing (MT/GT) 3:15 Hallway Walk 3:00-4:30 Falls Prevention MT/GT/DC 6:30 Pub Night w Jeff D (Noble Hall)</p>	<p>4</p> <p>TREAT TROLLEY AM</p> <p>9:30 Exercise Class (MT/GT) 9:30 Visual Relaxation (MT/GT) 10:00 Family Video Chat 10:15 EZ Short Stories 11:00 Concentration 1:30 Psalms & Songs w Megan (MT/GT) 1:30 Recreation Visits 2:15 Retro TV Afternoon 3:00 Social Visit 6:15 Trivia (MT/GT) 7:15 Table Bowling (MT/GT) 7:45 Recreation Visit</p>	<p>5</p> <p>9:30 Virtual Church Service (MT/GT) 9:30 Virtual Catholic Mass (MT/GT) 10:15 Bingo 11:00 Christmas Caroling (MT/GT) 11:00 Scents of the Season (MT/GT) 11:00 Family Video Chat 1:30 Hymns w Cynthia (Noble Hall) 2:30 Sensory Room 6:15 Obie Games (MT/GT) 7:00 Recreation Visit</p>	<p>6</p> <p>9:30 Exercise Class (MT/GT) 9:30 Beauty Boutique (MT/GT) 10:15 Let's Get Festive! (MT/GT) 11:00 Bingo (MT/GT) 12:00 Resident Christmas Lunch w Dave S (Noble Hall) 2:00 Christmas BINGO (Noble Hall) 6:15 Musical Memories (MT/GT) 7:00 Recreation Visit</p>	<p>7</p> <p>9:45 Sing a Long with Suzie Q (MT/GT) 10:45 Table Bowling (MT/GT) 3:00 Recreation Visit</p>
<p>8</p> <p>10:00 Church Service w Recreation (Noble Hall)</p> <p>10:50 Eucharist Visits 2:15 Trivia Time (MT/GT) 3:00 Recreation Visit</p>	<p>9</p> <p>9:30 Exercise Class (MT/GT) 9:30 Chicken Soup for the Soul (MT/GT) 10:15 Golden Apple Scriptures 11:00 Bingo (MT/GT) 1:30 Knit & Chat @ Cafe 1:30 Beauty Boutique 2:15 Travel to... (MT/GT) 2:15 Finish the Lyrics (MT/GT)</p>	<p>10</p> <p>9:30 Exercise Class (MT/GT) 9:30 Visual Relaxation (MT/GT) 10:15 Name 3! 11:00 Family Video Chat 11:00 Relaxation Room 1:30 Bell Ringing (MT/GT) 2:15 Music w Megan (MG) (MT/GT) 2:15 Bedside Visits 3:00 Bible Study w Megan (MG) (MT/GT) 3:00 Walk & Talk 6:30 Pub Night with Terry's Tunes (Noble Hall)</p>	<p>11</p> <p>TREAT TROLLEY AM</p> <p>9:30 News & Views 10:30 Christmas Musical w Blessed Sacrament (Noble Hall) 1:30 Psalms & Songs w Megan (MG) (MT/GT) 1:30 Recreation Visits 2:15 Royal History 3:00 YouTube & You Visit 6:00 Christmas Lights Trip DC/MT/GT 6:15 Who. What Where? (MT/GT) 7:15 Bean Bag Toss (MT/GT) 7:45 Recreation Visit</p>	<p>12</p> <p>9:30 Virtual Church Service (MT/GT) 9:30 Virtual Catholic Rosary (MT/GT) 10:15 Bingo 10:15 Ride to the Rhythm MT/GT (CS) 11:00 Chair Yoga 11:00 Family Video Chat 11:00 Catholic Mass (Noble Hall) 1:30 Growing w Friends MT/GT (CS) 1:30 Price is Right: Christmas Gift Edition 2:15 Read with Me 3:00 Winter Wonderland Walk 6:30 Beaver's & Cubs Christmas Concert (Noble Hall)</p>	<p>13</p> <p>9:30 Exercise Class (MT/GT) 9:30 Nail Salon (MT/GT) 10:15 Golden Carers Tunes 11:00 Bingo (MT/GT) 2:00 December Birthday Party (Noble Hall) 6:15 Virtual Concert (MT/GT) 7:00 Recreation Visit</p>	<p>14</p> <p>9:45 I Hear Memories (MT/GT) 10:45 Plinko (MT/GT) 3:00 Recreation Visit</p>
<p>15</p> <p>10:00 Communion Church Service w Gary Crosbie (Noble Hall)</p> <p>10:50 Eucharist Visits 2:15 Trivia Time (MT/GT) 3:00 Recreation Visit</p>	<p>16</p> <p>9:30 Exercise Class (MT/GT) 9:30 Multi-Sensory (MT/GT) 10:15 Spiritual Discussions 11:00 Bingo (MT/GT) 1:30 Knit & Chat @ Cafe 1:30 Movie Matinee (MT/GT) 3:15 Holiday Myth of the Krampus 4:00 Virtual Winter Ambiance 6:00 Christmas Lights Trip DC/MT/GT</p>	<p>17</p> <p>9:30 Virtual Church Service (MT/GT) 9:30 Virtual Catholic Mass (MT/GT) 10:30 Christmas Carols with Cynthia (Noble Hall) 11:00 Family Video Chat 11:00 Joyful Reflections 1:30 History of the Rockefeller Tree (MT/GT) 2:15 Music w Megan (MG) (MT/GT) 2:15 Bedside Visits 3:00 Bible Study w Megan (MG) (MT/GT) 3:00 Sensory Walk 3:00-4:30 Falls Prevention MT/GT/DC 6:30 Pub Night Dave S (Noble Hall)</p>	<p>18</p> <p>TREAT TROLLEY AM</p> <p>9:30 Exercise Class (MT/GT) 9:30 Visual Relaxation (MT/GT) 10:00 Family Video Chat 10:15 Guided Meditation 11:00 Categories 11:45 Resident Council Luncheon Meeting 1:30 Psalms & Songs w Megan (MG) (MT/GT) 1:30 Recreation Visits 2:15 Bell Ringing (MT/GT) 3:00 Anything Goes Visit 6:15 Family Feud (MT/GT) 7:15 Shuffleboard (MT/GT) 7:45 Recreation Visit</p>	<p>19</p> <p>9:30 Morning News 10:30 Resident Christmas Concert (Noble Hall) 11:00 Family Video Chat 1:30 Bingo 2:15 Café Visits (MT/GT) 3:00 Friendly Visit 6:15 Obie Games (MT/GT) 7:00 Recreation Visit</p>	<p>20</p> <p>9:30 Exercise Class (MT/GT) 9:30 Animal Documentary (MT/GT) 10:15 EZ Music: A Gene Autry Christmas 11:00 Bingo (MT/GT) 1:30 Christmas Movie Matinee (Noble Hall) 6:15 Winter Music Memories (MT/GT) 7:00 Recreation Visit</p>	<p>21</p> <p>9:45 Music Trivia (MT/GT) 10:45 Mini Putt (MT/GT) 3:00 Recreation Visit</p> <p style="text-align: right;">Winter Begins</p>
<p>22</p> <p>10:00 Church Service w Cynthia (Noble Hall)</p> <p>10:50 Eucharist Visits 2:15 Trivia Time (MT/GT) 3:00 Recreation Visit</p>	<p>23</p> <p>9:30 Exercise Class (MT/GT) 9:30 Visual Relaxation (MT/GT) 10:15 Resident Program Choice Meeting 11:00 Bingo (MT/GT) 1:30 Knit & Chat @ Cafe 1:30 Holiday Finish Lines 2:15 Travelogue (MT/GT) 2:15 Toss-A-Tune: Christmas Edition (MT/GT)</p>	<p>24</p> <p>9:30 Morning News: Christmas Edition (MT/GT) 10:30 Christmas Eve Sing a Long w Megan (Noble Hall) 11:00 Family Video Chat 1:30 Exercise Class (MT/GT) 1:30 Christmas Chicken Soup for the Soul (MT/GT) 2:15 Santas Workshop Sensory Room (MT/GT) 2:15 Remembering Christmas Eve (MT/GT) 3:00 Sit & Socialize</p>	<p>25</p> <p>9:45 Christmas Service</p> <p>Merry Christmas</p> <p>Happy Hanukkah</p>	<p>26</p> <p>HAPPY KWANZAA</p> <p>Boxing Day (Canada) Kwanzaa Begins</p>	<p>27</p> <p>9:30 Exercise Class (MT/GT) 9:30 Beauty Boutique (MT/GT) 10:15 Brantford Expositor & Week Recap 11:00 Bingo (MT/GT) 1:30 Family Feud 2:15 Café Visits (MT/GT) 3:00 Hallway Chat 6:15 Music History (MT/GT) 7:00 Recreation Visit</p>	<p>28</p> <p>9:45 Sing a Long Dance Tunes 1970s (MT/GT) 10:45 Beach Ball Fun (MT/GT) 3:00 Recreation Visit</p>
<p>29</p> <p>10:00 Church Service w Recreation (Noble Hall)</p> <p>10:50 Eucharist Visits 2:15 Trivia Time (MT/GT) 3:00 Recreation Visit</p>	<p>30</p> <p>9:30 Exercise Class (MT/GT) 9:30 Short Stories (MT/GT) 10:15 Hymns & Devotionals 11:00 Bingo (MT/GT) 1:30 Knit & Chat @ Cafe 1:30 2024 Recap & 2025 Predictions (MT/GT) 2:15 The Crown Series (MT/GT) 2:15 Documentary (MT/GT)</p>	<p>31</p> <p>9:30 Exercise Class (MT/GT) 9:30 Visual Relaxation (MT/GT) 10:15 Roll for It! 11:00 Family Video Chat 11:00 Calendar Chats 2:00 New Years Eve Party w Dave S 3:00-4:30 Falls Prevention MT/GT/DC</p> <p style="text-align: right;">New Year's Eve</p>	<p>DECEMBER 2024</p> <p>GRAND TERRACE</p>			

Any Questions-Contact Megan B at Ext 4257

In the instance of an outbreak 1:1 programs will be provided

Programs ran by MG/CS may be cancelled due to availability

Programs are subject to change