

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# February 2024

## Day and Stay-Afternoon Programs

				<p>12:00 Current Events 1:15 Guess in 10 2:15 Golfing 3:15 In the Box 3:45 Exercise Time 4:15 Around the Table</p>	<p><b><u>GROUNDHOG DAY</u></b> <b><u>Yes or No-Shadow??</u></b> 12:00 Local News 1:15 All About Groundhogs 2:15 Bowling 3:15 Wheel of Fortune 3:45 Ole Exercises 4:15 Penny Snatch</p> <p>Groundhog Day</p>	
<p>4 12:00 Group Discussion 1:15 Finish the Line... 2:15 Bean Bag Toss 3:15 Charades 3:45 Moving to the Beat 4:15 Colouring Fun</p>	<p>5 12:00 What's New 1:15 Make a Guess... 2:15 Winter Bingo 3:15 Dice Roll 3:45 Exercises 4:15 Swatter Ball</p>	<p>6 12:00 Coffee &amp; Conversation 1:15 What Am I? 2:15 Target Toss 3:15 Dice Roll 3:45 Sing and Stretch 4:15 Table Games</p>	<p>7 12:00 Community Corner 1:15 Random Trivia 2:15 Bowling 3:15 Pictionary 3:45 Music and Motion 4:15 Puzzling Fun</p>	<p>8 12:00 Let's chat 1:15 Give an Answer... 2:15 Bean Bag Toss 3:15 Shake Loose a Memory 3:45 Fun and Fitness 4:15 Word Bingo</p>	<p>9 Chinese New Year (Year of the Dragon)</p>	<p>10</p>
<p>11 <b><u>CELEBRATING CHINESE NEW YEAR</u></b> 12:00 In the Paper 1:15 All About "Year of the Dragon" 2:15 Shuffleboard 3:15 Word Probe 3:45 Exercise Time 4:15 Sing-A-Long</p>	<p>12 <b><u>MARDI GRAS</u></b> 12:00 Discussion 1:15 History of Mardi Gras 2:15 Target Toss 3:15 Card Bingo 3:45 Let's Move 4:15 Mask Decorating</p> <p>Mardi Gras</p>	<p>13 <b><u>HAPPY VALENTINE'S DAY!</u></b> 12:00 Local News 1:15 Famous Couples Trivia 2:15 Mini Putt 3:15 Spelling Bee 3:45 Cuddle Up Exercises 4:15 Number Bingo</p> <p>Valentine's Day</p>	<p>14 12:00 Headline News 1:15 Let's Get Thinking 2:15 Bean Bag Toss 3:15 Outburst 3:45 Sing and stretch 4:15 Let's Sing</p>	<p>15 12:00 Community News 1:15 What Do You Think?... 2:15 Shuffleboard 3:15 Let's Get Creative 3:45 Exercise Time 4:15 Let's Read</p>	<p>16</p>	<p>17</p>
<p>18 <b><u>Family Day</u></b>  <b><u>Afternoon Program Closed</u></b>  Presidents' Day</p>	<p>19 <b><u>LET'S BE KIND</u></b> 12:00 Weather and News 1:15 Acts of Kindness 2:15 Bowling 3:15 In the Box 3:45 Moving to the Beat 4:15 Table Games</p>	<p>20 12:00 Local News 1:15 True or False Exercise 2:15 Shuffleboard 3:15 Finish the Line Bingo 3:45 Ole Exercises 4:15 Word Search</p>	<p>21 12:00 Group Discussion 1:15 Guess in 10 2:15 Shuffleboard 3:15 Winter Bingo 3:45 Let's Get Moving 4:15 Penny Snatch</p>	<p>22 12:00 What's New 1:15 Random Trivia 2:15 Golfing 3:15 Dice Roll 3:45 Music and Motion 4:15 Price is Right</p>	<p>23</p>	<p>24</p>
<p>25 12:00 Coffee &amp; Conversation 1:15 Trivia Time 2:15 Bowling 3:15 Shake Loose a Memory 3:45 Exercise Time 4:15 Around the Table</p>	<p>26 12:00 Let's Chat &amp; Discuss What's New 1:15 What Do You Think? 2:15 Mini Putt 3:15 Charades 3:45 Dice Roll Exercises 4:15 Swatter Ball</p>	<p>27 12:00 Community Corner 1:15 Let's Get Thinking 2:15 Bowling 3:15 Wheel of Fortune 3:45 Ole Exercises 4:15 Sing-A-Long</p>	<p>28 <b><u>Leap Year!</u></b> 12:00 In the News 1:15 Leap Year Facts 2:15 Shuffleboard 3:15 Let's Make Music and Sing 3:45 Fun &amp; Fitness 4:15 Table Games</p>	<p><b>Wishing everyone a Happy Valentine's Day!</b></p> <p><b>What is your Chinese Zodiac Sign-Happy Chinese New Year to all Dragons!</b></p> <p><b>Pass along an Act of Kindness this Month!</b></p>		

For more information about the Day & Stay Program, please call Lisa Clarkson (519) 754-4065