

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# February 2026

## COSTAIN COURT

<p>10:00 Church Service 10:50 Eucharist Visits 2:15 Bean Bag Toss</p> <p>Tu B'Shevat Begins</p>	<p>9:30 Exercise Class <b>10:30 FEBRUARY Bingo (Noble Hall)</b> <b>1:30 Colour &amp; Chat @ Café</b> 1:30 Trivia Time! 2:15 Multisensory Visits</p> <p>Groundhog Day</p>	<p><b>2</b> 9:30 Resident Choice Meeting 10:15 Monthly Gazette 11:00 Creative Colouring <b>11:30 Family Facetime</b> 1:30 Board Games 2:15 Scrabble 3:00 Bedside Visit <b>6:30 Pub Night w Ed</b></p>	<p><b>3</b> TREAT TROLLEY AM 9:30 Growing w Friends (CS) 9:30 Café Visits 10:15 Virtual Church Service 11:00 Exercise Class 1:30 Multisensory Visits <b>2:15 Euchre Club</b> 2:15 Beauty Boutique 3:00 Recreation Visit 4:15 Musical Memories</p>	<p><b>4</b> 9:30 Bingo <b>9:30 Family Facetime</b> 10:15 Beach Ball Fun 11:00 Sing Along <b>11:30 Family Facetime</b> 1:30 Hymns w Cynthia (Noble Hall) <b>2:30 Skylight Café Social</b> 6:00 Senses &amp; Serenity</p>	<p><b>5</b> 9:30 Morning News 10:15 Rosary Group 11:00 Exercise Class <b>1:00 Pet Therapy Visits</b> <b>2:00 February Birthday Party (Noble Hall)</b> 4:15 OBIE Games</p>	<p><b>6</b> 11:00 Short Stories 1:30 Animal Documentary</p> <p>7</p>
<p>10:00 Church Service 10:50 Eucharist Visits 2:15 Shuffleboard</p>	<p><b>8</b> 9:30 Morning News 10:15 Bingo 11:00 Exercise Class <b>1:30 Colour &amp; Chat @ Café</b> 1:30 Name that Tune 2:15 Multisensory Visits</p>	<p><b>9</b> 9:30 Sing Along 10:15 Mind Games 11:00 Laughter is the Best Medicine <b>11:30 Family Facetime</b> 1:30 Ladies Club 3:00 Bedside Visit <b>6:30 Pub Night w Monique</b></p>	<p><b>10</b> TREAT TROLLEY AM 9:30 Growing w Friends (CS) 9:30 Café Visits 10:15 Virtual Church Service 11:00 Exercise Class 1:30 Hymns &amp; Devotions (TB) 1:30 Multisensory Visits <b>2:15 Euchre Club</b> 2:15 Beauty Boutique 3:00 Recreation Visit 4:15 Musical Memories</p>	<p><b>11</b> 9:30 Bingo <b>9:30 Family Facetime</b> 10:15 Sing Along <b>11:00 Anglican Communion (Noble Hall)</b> <b>11:30 Family Facetime</b> 1:30 Men's Group (MT) 1:30 Music of Frank Sinatra 2:15 Skylight Café Social 6:00 Senses &amp; Serenity</p>	<p><b>12</b> 9:30 Morning News 10:15 Rosary Group 11:00 Exercise Class <b>1:00 Pet Therapy Visits</b> <b>2:00 Heart to Heart Social (Noble Hall)</b> 4:15 OBIE Games</p>	<p><b>13</b> 11:00 Short Stories 1:30 Our Planet Documentary</p> <p>14</p>
<p>10:00 Church Service 10:50 Eucharist Visits 2:15 Ax Throw</p>	<p><b>15</b> <b>16</b> 9:45 Morning Drive CP/CC/BT <b>FAMILY DAY</b> <b>NO PROGRAMS</b> Presidents' Day (U.S.)</p>	<p><b>17</b> TREAT TROLLEY AM 9:30 Café Visits 10:15 Virtual Church Service <b>11:00 Ash Wednesday (Noble Hall)</b> 11:00 Exercise Class <b>1:30 Resident Council Meeting</b> 1:30 Hymns &amp; Devotions (TB) 1:30 Multisensory Visits <b>2:15 Euchre Club</b> 2:15 Beauty Boutique 3:00 Recreation Visit 4:15 Musical Memories</p>	<p><b>18</b> 9:30 Bingo <b>9:30 Family Facetime</b> 10:15 Beach Ball Fun <b>11:00 Catholic Mass (Noble Hall)</b> 11:00 Exercise Class <b>1:30 Family Facetime</b> 2:00 Leavin' Tracks Country &amp; Bluegrass Duo (Noble Hall) 6:00 Senses &amp; Serenity</p>	<p><b>19</b> 9:30 Morning News 10:15 Rosary Group 11:00 Exercise Class <b>1:00 Pet Therapy Visits</b> 1:30 Animal Documentary 2:15 Music Trivia 3:00 Multisensory Visit 4:15 OBIE Games</p>	<p><b>20</b> 11:00 Sing Along w Susie Q 1:30 Parachute Fun</p>	<p><b>21</b></p>
<p>10:00 Church Service 10:50 Eucharist Visits 2:15 Table Bowling</p>	<p><b>22</b> 9:30 Morning News 10:15 Bingo 11:00 Exercise Class <b>1:30 Colour &amp; Chat @ Café</b> 1:30 Finish the Lyrics 2:15 Multisensory Visits</p>	<p><b>23</b> 9:30 Sing Along 10:15 Name 5 11:00 Creative Colouring <b>11:30 Family Facetime</b> 1:30 Tea and Trivia 2:15 Scrabble 3:00 Bedside Visit <b>6:30 Pub Night w Terry's Tunes</b></p>	<p><b>24</b> TREAT TROLLEY AM 9:30 Growing w Friends (CS) 9:30 Café Visits 10:15 Virtual Church Service 11:00 Exercise Class 1:30 Hymns &amp; Devotions (TB) 1:30 Multisensory Visits <b>2:15 Euchre Club</b> 2:15 Beauty Boutique 3:00 Recreation Visit 4:45 Fish &amp; Chip Supper Club</p>	<p><b>25</b> 9:30 Bingo <b>9:30 Family Facetime</b> 10:15 Sing Along 11:00 Travelogue <b>11:30 Family Facetime</b> 1:30 Men's Group (MT) 1:30 Music of Fats Domino 2:15 Skylight Café Social 6:00 Senses &amp; Serenity</p>	<p><b>26</b> 9:30 Morning News 10:15 Rosary Group 11:00 Exercise Class <b>1:00 Pet Therapy Visits</b> 1:30 Movie Matinee 3:00 Recreation Visit 4:15 OBIE Games</p>	<p><b>27</b> 11:00 Short Stories 1:30 Our Planet Documentary</p> <p>28</p>