


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <h1>February 2026</h1> <h2>COSTAIN COURT</h2>						
1 10:00 Church Service 10:50 Eucharist Visits 2:15 Bean Bag Toss <small>Tu B'Shevat Begins</small>	2 9:30 Exercise Class 10:30 FEBRUARY Bingo (Noble Hall) 1:30 Colour & Chat @ Café 1:30 Trivia Time! 2:15 Multisensory Visits <small>Groundhog Day</small>	3 9:30 Resident Choice Meeting 10:15 Monthly Gazette 11:00 Creative Colouring 11:30 Family Facetime 1:30 Board Games 2:15 Scrabble 3:00 Bedside Visit 6:30 Pub Night w Ed	4 TREAT TROLLEY AM 9:30 Growing w Friends (CS) 9:30 Café Visits 10:15 Virtual Church Service 11:00 Exercise Class 1:30 Multisensory Visits 2:15 Euchre Club 2:15 Beauty Boutique 3:00 Recreation Visit 4:15 Musical Memories	5 9:30 Bingo 9:30 Family Facetime 10:15 Beach Ball Fun 11:00 Sing Along 11:30 Family Facetime 1:30 Hymns w Cynthia (Noble Hall) 2:30 Skylight Café Social 6:00 Senses & Serenity	6 9:30 Morning News 10:15 Rosary Group 11:00 Exercise Class 1:00 Pet Therapy Visits 2:00 February Birthday Party (Noble Hall) 4:15 OBIE Games	7 11:00 Short Stories 1:30 Animal Documentary
8 10:00 Church Service 10:50 Eucharist Visits 2:15 Shuffleboard	9 9:30 Morning News 10:15 Bingo 11:00 Exercise Class 1:30 Colour & Chat @ Café 1:30 Name that Tune 2:15 Multisensory Visits	10 9:30 Sing Along 10:15 Mind Games 11:00 Laughter is the Best Medicine 11:30 Family Facetime 1:30 Ladies Club 3:00 Bedside Visit 6:30 Pub Night w Monique	11 TREAT TROLLEY AM 9:30 Growing w Friends (CS) 9:30 Café Visits 10:15 Virtual Church Service 11:00 Exercise Class 1:30 Hymns & Devotions (TB) 1:30 Multisensory Visits 2:15 Euchre Club 2:15 Beauty Boutique 3:00 Recreation Visit 4:15 Musical Memories	12 9:30 Bingo 9:30 Family Facetime 10:15 Sing Along 11:00 Anglican Communion (Noble Hall) 11:30 Family Facetime 1:30 Men's Group (MT) 1:30 Music of Frank Sinatra 2:15 Skylight Café Social 6:00 Senses & Serenity	13 9:30 Morning News 10:15 Rosary Group 11:00 Exercise Class 1:00 Pet Therapy Visits 2:00 Heart to Heart Social (Noble Hall) 4:15 OBIE Games	14 11:00 Short Stories 1:30 Our Planet Documentary <small>Valentine's Day</small>
15 10:00 Church Service 10:50 Eucharist Visits 2:15 Ax Throw	16 FAMILY DAY NO PROGRAMS <small>Presidents' Day (U.S.)</small>	17 9:45 Morning Drive CP/CC/BT 10:30 Bingo 11:30 Family Facetime 2:00 Sip and Create 3:30 Short Stories 4:15 Bedside Visits 6:30 Pub Night w John M <small>Ramadan Begins Mardi Gras Chinese New Year (Year of the Horse)</small>	18 TREAT TROLLEY AM 9:30 Café Visits 10:15 Virtual Church Service 11:00 Ash Wednesday (Noble Hall) 11:00 Exercise Class 1:30 Resident Council Meeting 1:30 Hymns & Devotions (TB) 1:30 Multisensory Visits 2:15 Euchre Club 2:15 Beauty Boutique 3:00 Recreation Visit 4:15 Musical Memories	19 9:30 Bingo 9:30 Family Facetime 10:15 Beach Ball Fun 11:00 Catholic Mass (Noble Hall) 11:30 Family Facetime 2:00 Leavin' Tracks Country & Bluegrass Duo (Noble Hall) 6:00 Senses & Serenity	20 9:30 Morning News 10:15 Rosary Group 11:00 Exercise Class 1:00 Pet Therapy Visits 1:30 Animal Documentary 2:15 Music Trivia 3:00 Multisensory Visit 4:15 OBIE Games	21 11:00 Sing Along w Susie Q 1:30 Parachute Fun
22 10:00 Church Service 10:50 Eucharist Visits 2:15 Table Bowling	23 9:30 Morning News 10:15 Bingo 11:00 Exercise Class 1:30 Colour & Chat @ Café 1:30 Finish the Lyrics 2:15 Multisensory Visits	24 9:30 Sing Along 10:15 Name 5 11:00 Creative Colouring 11:30 Family Facetime 1:30 Tea and Trivia 2:15 Scrabble 3:00 Bedside Visit 6:30 Pub Night w Terry's Tunes	25 TREAT TROLLEY AM 9:30 Growing w Friends (CS) 9:30 Café Visits 10:15 Virtual Church Service 11:00 Exercise Class 1:30 Hymns & Devotions (TB) 1:30 Multisensory Visits 2:15 Euchre Club 2:15 Beauty Boutique 3:00 Recreation Visit 4:45 Fish & Chip Supper Club	26 9:30 Bingo 9:30 Family Facetime 10:15 Sing Along 11:00 Travelogue 11:30 Family Facetime 1:30 Men's Group (MT) 1:30 Music of Fats Domino 2:15 Skylight Café Social 6:00 Senses & Serenity	27 9:30 Morning News 10:15 Rosary Group 11:00 Exercise Class 1:00 Pet Therapy Visits 1:30 Movie Matinee 3:00 Recreation Visit 4:15 OBIE Games	28 11:00 Short Stories 1:30 Our Planet Documentary