

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

February 2026

1	<u>Groundhog Day</u> 9:00 Trivia Time 10:00 What is a Groundhog? 10:30 Groundhog Cupcakes 1:00 Sing and Stretch 2:00 Find the Groundhog <small>Tu B'Shevat Begins Groundhog Day</small>	2	9:00 Discuss and Recall 10:00 YouTube Trivia 10:30 Bells 1:00 Chair Exercises 2:00 Swatterball	3	9:00 Let's Chat 10:00 Category Trivia 10:30 Penny Snatch 1:00 Music and Motion 2:00 Karaoke	4	9:00 In the Paper 10:00 Who am I? 10:30 Table Games 1:00 Fun and Fitness 2:00 Can You Picture This?	5	Time for the Olympics 9:00 What's New 10:00 Name the Sport 10:30 Competition Time 1:00 Exercise Hour 2:00 OLYMPIC Word Probe	6	7
8	9:00 Let's Chat 10:00 Category Trivia 10:30 Drumming 1:00 Music and Motion 2:00 Penny Snatch	9	9:00 In the Paper 10:00 Name the Sound 10:30 Karaoke 1:00 Fun and Fitness 2:00 Word Probe	10	9:00 What's New 10:00 Finish the Lyric 10:30 Art Morning 1:00 Exercise Hour 2:00 Name that Tune	11	9:00 Coffee and Conversation 10:00 YouTube Trivia 10:30 Creative Morning 1:00 Chair Exercises 2:00 Pictionary	12	<u>Love is in the Air</u> 9:00 Discuss and Recall 10:00 Famous Romantic Couples 10:30 Baking Heart Cookies 1:00 Sing and Stretch 2:00 Love Song Karaoke	13	14
15	Happy Family Day Day Program Closed <small>Presidents' Day (U.S.)</small>	16	<u>Chinese New Year</u> 9:00 Discuss & Recall 10:00 What's Your Zodiac Animal? 10:30 Celebration Traditions 1:00 Chair Exercises 2:00 <u>Zodiac Pictionary</u> <small>Ramadan Begins Mardi Gras Chinese New Year (Year of the Horse)</small>	17	9:00 Coffee & Conversation 10:00 Random Trivia 10:30 Music Bingo 1:00 Chair Exercises 2:00 Outburst	18	9:00 Let's Chat 10:00 Finish the Lyric 10:30 Bells 1:00 Exercise Hour 2:00 Shake Loose a Memory	19	9:00 In the Paper 10:00 Category Trivia 10:30 Flora Friday 1:00 Music and Motion 2:00 Bingo	20	21
22	9:00 Discuss & Recall 10:00 YouTube Trivia 10:30 Dice Roll 1:00 Chair Exercises 2:00 Bingo	23	9:00 Let's Chat 10:00 Category Trivia 10:30 Art Morning 1:00 Music and Motion 2:00 Card Games	24	9:00 In the Paper 10:00 Group Puzzle 10:30 Drumming 1:00 Winter Warm Up 2:00 Family Feud	25	<u>All About Johnny Cash</u> 9:00 What's New 10:00 Who Sang It? 10:30 Music Bingo 1:00 Sing and Stretch 2:00 Black Word Probe	26	9:00 Coffee and Conversation 10:00 Name That Tune 10:30 Dice Roll 1:00 Fun and Fitness 2:00 Family Feud	27	28