

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# February 2026

## GRAND TERRACE

<b>10:00 Church Service</b> <b>10:50 Eucharist Visits</b> 2:15 Trivia Time! (MT/GT) 3:00 Shuffleboard (MT/GT)	<b>9:30 Exercise Class</b> <b>10:30 FEBRUARY Bingo (Noble Hall)</b> <b>1:30 Colour &amp; Chat @ Café</b> 1:30 Wordle & Connections 2:15 Bean Bag Toss	<b>2:00 Chair Yoga</b> <b>2:45 Categories</b> <b>3:30 Target Toss</b> 4:15 Sensory Room <b>6:30 Pub Night w Ed</b>	<b>3: TREAT TROLLEY AM</b> 9:30 Exercise Class 10:15 Virtual Church (MT/GT) 10:15 Senses & Serenity (MT/GT) 11:00 Bingo (DR) 1:30 Hymn Sing <b>2:15 Euchre Club</b> 2:15 Read Along 3:00 Friendly Visit 6:15 February Trivia! (MT/GT) 7:00 Recreation Visit (MT/GT)	<b>4: 9:30 Read w Me</b> 10:15 Dice Game 11:00 Fun Trivia! <b>1:30 Hymns w Cynthia (Noble Hall)</b> <b>2:30 Café Social</b> 6:15 OBIE Games (MT/GT) 7:00 Recreation Visit (MT/GT)	<b>5: 9:30 Exercise Class</b> 10:15 Creative Expressions 11:00 Bingo (DR) <b>1:00 Pet Therapy Visits</b> <b>2:00 February Birthday Party (Noble Hall)</b> 6:15 Musical Memories (MT/GT) 7:00 Recreation Visit (MT/GT)	<b>6: 9:45 Plinko (MT/GT)</b> 10:45 Laughter is the Best Medicine (MT/GT) 3:00 Devotional Readings (MT/GT)	<b>7</b>
<b>Tu B'Shevat Begins</b>	<b>Groundhog Day</b>						<b>14</b>
	<b>8: 10:00 Church Service</b> <b>10:50 Eucharist Visits</b> 2:15 Trivia Time! (MT/GT) 3:00 Bean Bag Toss (MT/GT)	<b>9:30 Exercise Class</b> <b>10:15 Resident Program Choice Meeting &amp; Bill of Rights Reading</b> 11:00 Bingo (DR) <b>1:30 Colour &amp; Chat @ Café</b> 1:30 Wordle & Connections 2:15 Dice Game	<b>9:30 Chair Yoga</b> <b>10:15 Trivia Tuesday!</b> 11:00 Family FaceTime Call 11:00 Café Visits 1:30 Bible Study 2:15 Beauty Boutique 3:00 Hallway Visit <b>6:30 Pub Night w Monique</b>	<b>10: TREAT TROLLEY AM</b> 9:30 Exercise Class 10:15 Virtual Church (MT/GT) 10:15 Sensory Room (MT/GT) 11:00 Bingo (DR) 1:30 Bible Lessons <b>2:15 Euchre Club</b> 2:15 Chicken Soup for the Soul 3:00 Sit & Socialize 6:15 Fun Trivia! (MT/GT) 7:00 Recreation Visit (MT/GT)	<b>11: 9:30 Ride to the Rhythm (MT/GT)</b> (TB) 9:30 Valentine's Trivia 10:15 Hangman <b>11:00 Anglican Communion (Noble Hall)</b> <b>1:30 Men's Group (MT)</b> 1:30 Ladies Club (GT) 2:15 Making Valentine's Day Cards! (MT/GT) 6:15 OBIE Games (MT/GT) 7:00 Recreation Visit (MT/GT)	<b>12: 9:30 Exercise Class</b> 10:15 Hymns & Devotions (MT) (TB) 10:15 Greatest Love Stories 11:00 Bingo (DR) <b>1:00 Pet Therapy Visits</b> <b>2:00 Heart to Heart Social (Noble Hall)</b> 6:15 Musical Memories (MT/GT) 7:00 Recreation Visit (MT/GT)	<b>13: 9:45 Parachute Fun! (MT/GT)</b> 10:45 Shake Loose a Memory (MT/GT) 3:00 Sing a Long w Suzie Q (MT/GT)
							<b>14: Valentine's Day</b>
	<b>15: 10:00 Church Service</b> <b>10:50 Eucharist Visits</b> 2:15 Trivia Time! (MT/GT) 3:00 Table Bowling (MT/GT)	<b>16: FAMILY DAY</b> <b>NO PROGRAMS</b> 	<b>17: 9:30 Chair Yoga</b> 10:15 Jeopardy 11:00 Family FaceTime Call 11:00 Café Visits 1:30 Spiritual Lessons 2:15 Hand Massages 3:00 Walk & Talk <b>6:30 Pub Night w John M</b> Ramadan Begins Mardi Gras Chinese New Year (Year of the Horse)	<b>18: TREAT TROLLEY AM</b> 9:30 Exercise Class 10:15 Wordle & Connections <b>11:00 Ash Wednesday (Noble Hall)</b> <b>1:30 Resident Council Meeting</b> 1:30 Spiritual Art Therapy <b>2:15 Euchre Club</b> 2:15 Hygee Question Game 3:00 Hallway Social 6:15 Music Trivia! (MT/GT) 7:00 Recreation Visit (MT/GT)	<b>19: 9:45 Morning Drive DC/MT/GT</b> <b>9:45 Bingo (MT) (DC/MT/GT)</b> <b>11:00 Catholic Mass (Noble Hall)</b> <b>2:00 Leavin' Tracks Country &amp; Bluegrass Duo (Noble Hall)</b> 6:15 OBIE Games (MT/GT) 7:00 Recreation Visit (MT/GT)	<b>20: 9:30 Exercise Class</b> 10:15 Hymns & Devotions (MT) (TB) 10:15 Colour with Me 11:00 Bingo (DR) <b>1:00 Pet Therapy Visits</b> 1:30 Question Ball 2:15 Dice Roll 3:00 Recreation Visit 6:15 Musical Memories (MT/GT) 7:00 Recreation Visit (MT/GT)	<b>21: 9:45 Dice Game (MT/GT)</b> 10:45 Chicken Soup for the Soul (MT/GT) 3:00 Devotional Readings (MT/GT)
	<b>22: 10:00 Church Service</b> <b>10:50 Eucharist Visits</b> 2:15 Trivia Time! (MT/GT) 3:00 Horseshoes (MT/GT)	<b>23: 9:30 Exercise Class</b> 10:15 Growing w Friends (MT/GT) (CS) 10:15 Spiritual Art Therapy 11:00 Bingo (DR) <b>1:30 Colour &amp; Chat @ Café</b> 1:30 Wordle & Connections 2:15 Shuffleboard	<b>24: 9:30 Morning Meditation (T)</b> 10:15 Rosary Group (TB) 11:00 Family FaceTime Call 11:00 Café Visits (TB) 2:00 Chair Yoga 2:45 Wacky Wordies 3:30 Parachute Fun! 4:15 Multi-Sensory Room <b>6:30 Pub Night w Terry's Tunes</b>	<b>25: TREAT TROLLEY AM</b> 9:30 Exercise Class 10:15 Virtual Church (MT/GT) 10:15 Multi-Sensory(MT/GT) 11:00 Bingo (DR) 1:30 Hymn Sing <b>2:15 Euchre Club</b> 2:15 Remember When... 3:00 Anything Goes Visit <b>4:45 Fish &amp; Chip Supper Club</b> 6:45 Finish the Lyrics (MT/GT)	<b>26: 9:30 Ride to the Rhythm (MT/GT)</b> (TB) 9:30 Laughter is the Best Medicine 10:15 Bean Bag Toss 11:00 Thursday Trivia! <b>1:30 Men's Group (MT)</b> 1:30 Ladies Club (GT) 2:15 Animal Documentary 6:15 OBIE Games (MT/GT) 7:00 Recreation Visit (MT/GT)	<b>27: 9:30 Exercise Class</b> 10:15 Hymns & Devotions (MT) (TB) 10:15 Short Stories 11:00 Bingo (DR) <b>1:00 Pet Therapy Visits</b> 1:30 Friday Funnies! 2:15 Calendar Chats 3:00 Friendly Visit 6:15 Musical Memories (MT/GT) 7:00 Recreation Visit (MT/GT)	<b>28: 9:45 Beach Ball Fun! (MT/GT)</b> 10:45 Hangman (MT/GT) 3:00 Sing a Long w Suzie Q (MT/GT)