


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <h1>February 2026</h1> <h2>GRAND TERRACE</h2>						
10:00 Church Service 10:50 Eucharist Visits 2:15 Trivia Time! (MT/GT) 3:00 Shuffleboard (MT/GT) <small>Tu B'Shevat Begins</small>	1 9:30 Exercise Class 10:30 FEBRUARY Bingo (Noble Hall) 1:30 Colour & Chat @ Café 1:30 Wordle & Connections 2:15 Bean Bag Toss <small>Groundhog Day</small>	2 2:00 Chair Yoga 2:45 Categories 3:30 Target Toss 4:15 Sensory Room 6:30 Pub Night w Ed	3 TREAT TROLLEY AM 9:30 Exercise Class 10:15 Virtual Church (MT/GT) 10:15 Senses & Serenity (MT/GT) 11:00 Bingo (DR) 1:30 Hymn Sing 2:15 Euchre Club 2:15 Read Along 3:00 Friendly Visit 6:15 February Trivia! (MT/GT) 7:00 Recreation Visit (MT/GT)	4 9:30 Read w Me 10:15 Dice Game 11:00 Fun Trivia! 1:30 Hymns w Cynthia (Noble Hall) 2:30 Café Social 6:15 OBIE Games (MT/GT) 7:00 Recreation Visit (MT/GT)	5 9:30 Exercise Class 10:15 Creative Expressions 11:00 Bingo (DR) 1:00 Pet Therapy Visits 2:00 February Birthday Party (Noble Hall) 6:15 Musical Memories (MT/GT) 7:00 Recreation Visit (MT/GT)	6 9:45 Plinko (MT/GT) 10:45 Laughter is the Best Medicine (MT/GT) 3:00 Devotional Readings (MT/GT)
8 10:00 Church Service 10:50 Eucharist Visits 2:15 Trivia Time! (MT/GT) 3:00 Bean Bag Toss (MT/GT)	9 9:30 Exercise Class 10:15 Resident Program Choice Meeting & Bill of Rights Reading 11:00 Bingo (DR) 1:30 Colour & Chat @ Café 1:30 Wordle & Connections 2:15 Dice Game	10 9:30 Chair Yoga 10:15 Trivia Tuesday! 11:00 Family FaceTime Call 11:00 Café Visits 1:30 Bible Study 2:15 Beauty Boutique 3:00 Hallway Visit 6:30 Pub Night w Monique	11 TREAT TROLLEY AM 9:30 Exercise Class 10:15 Virtual Church (MT/GT) 10:15 Sensory Room (MT/GT) 11:00 Bingo (DR) 1:30 Bible Lessons 2:15 Euchre Club 2:15 Chicken Soup for the Soul 3:00 Sit & Socialize 6:15 Fun Trivia! (MT/GT) 7:00 Recreation Visit (MT/GT)	12 9:30 Ride to the Rhythm (MT/GT) (TB) 9:30 Valentine's Trivia 10:15 Hangman 11:00 Anglican Communion (Noble Hall) 1:30 Men's Group (MT) 1:30 Ladies Club (GT) 2:15 Making Valentine's Day Cards! (MT/GT) 6:15 OBIE Games (MT/GT) 7:00 Recreation Visit (MT/GT)	13 9:30 Exercise Class 10:15 Hymns & Devotions (MT) (TB) 10:15 Greatest Love Stories 11:00 Bingo (DR) 1:00 Pet Therapy Visits 2:00 Heart to Heart Social (Noble Hall) 6:15 Musical Memories (MT/GT) 7:00 Recreation Visit (MT/GT)	14 9:45 Parachute Fun! (MT/GT) 10:45 Shake Loose a Memory (MT/GT) 3:00 Sing a Long w Suzie Q (MT/GT) <small>Valentine's Day</small>
15 10:00 Church Service 10:50 Eucharist Visits 2:15 Trivia Time! (MT/GT) 3:00 Table Bowling (MT/GT)	16 FAMILY DAY NO PROGRAMS <small>Presidents' Day (U.S.)</small>	17 9:30 Chair Yoga 10:15 Jeopardy 11:00 Family FaceTime Call 11:00 Café Visits 1:30 Spiritual Lessons 2:15 Hand Massages 3:00 Walk & Talk 6:30 Pub Night w John M <small>Ramadan Begins Mardi Gras Chinese New Year (Year of the Horse)</small>	18 TREAT TROLLEY AM 9:30 Exercise Class 10:15 Wordle & Connections 11:00 Ash Wednesday (Noble Hall) 1:30 Resident Council Meeting 1:30 Spiritual Art Therapy 2:15 Euchre Club 2:15 Hygee Question Game 3:00 Hallway Social 6:15 Music Trivia! (MT/GT) 7:00 Recreation Visit (MT/GT)	19 9:45 Morning Drive DC/MT/GT 9:45 Bingo (MT) (DC/MT/GT) 11:00 Catholic Mass (Noble Hall) 2:00 Leavin' Tracks Country & Bluegrass Duo (Noble Hall) 6:15 OBIE Games (MT/GT) 7:00 Recreation Visit (MT/GT)	20 9:30 Exercise Class 10:15 Hymns & Devotions (MT) (TB) 10:15 Colour with Me 11:00 Bingo (DR) 1:00 Pet Therapy Visits 1:30 Question Ball 2:15 Dice Roll 3:00 Recreation Visit 6:15 Musical Memories (MT/GT) 7:00 Recreation Visit (MT/GT)	21 9:45 Dice Game (MT/GT) 10:45 Chicken Soup for the Soul (MT/GT) 3:00 Devotional Readings (MT/GT)
22 10:00 Church Service 10:50 Eucharist Visits 2:15 Trivia Time! (MT/GT) 3:00 Horseshoes (MT/GT)	23 9:30 Exercise Class 10:15 Growing w Friends (MT/GT) (CS) 10:15 Spiritual Art Therapy 11:00 Bingo (DR) 1:30 Colour & Chat @ Café 1:30 Wordle & Connections 2:15 Shuffleboard	24 9:30 Morning Meditation (TB) 10:15 Rosary Group (TB) 11:00 Family FaceTime Call 11:00 Café Visits (TB) 2:00 Chair Yoga 2:45 Wacky Wordies 3:30 Parachute Fun! 4:15 Multi-Sensory Room 6:30 Pub Night w Terry's Tunes	25 TREAT TROLLEY AM 9:30 Exercise Class 10:15 Virtual Church (MT/GT) 10:15 Multi-Sensory(MT/GT) 11:00 Bingo (DR) 1:30 Hymn Sing 2:15 Euchre Club 2:15 Remember When... 3:00 Anything Goes Visit 4:45 Fish & Chip Supper Club 6:45 Finish the Lyrics (MT/GT)	26 9:30 Ride to the Rhythm (MT/GT) (TB) 9:30 Laughter is the Best Medicine 10:15 Bean Bag Toss 11:00 Thursday Trivia! 1:30 Men's Group (MT) 1:30 Ladies Club (GT) 2:15 Animal Documentary 6:15 OBIE Games (MT/GT) 7:00 Recreation Visit (MT/GT)	27 9:30 Exercise Class 10:15 Hymns & Devotions (MT) (TB) 10:15 Short Stories 11:00 Bingo (DR) 1:00 Pet Therapy Visits 1:30 Friday Funnies! 2:15 Calendar Chats 3:00 Friendly Visit 6:15 Musical Memories (MT/GT) 7:00 Recreation Visit (MT/GT)	28 9:45 Beach Ball Fun! (MT/GT) 10:45 Hangman (MT/GT) 3:00 Sing a Long w Suzie Q (MT/GT)