


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						
1 10:00 Church Service 10:50 Eucharist Visits 2:15 Trivia Time! (MT/GT) 3:00 Shuffleboard (MT/GT) <small>Tu B'Shevat Begins</small>	2 9:30 Group Exercise 10:30 FEBRUARY Bingo (Noble Hall) 1:30 Colour & Chat @ Café 1:30 Name that Hymn 2:15 Groundhog Day <small>Groundhog Day</small>	3 9:30 Seated DanceFit 10:15 Café Visits 11:00 Bible Study 1:30 "A Rose Is a Rose" Day 2:15 Travelogue 3:00 Family FaceTime Visit 6:30 Pub Night w Ed	4 TREAT TROLLEY AM 9:30 Group Exercise 10:15 Virtual Church Service (MT/GT) 10:15 Senses & Serenity (MT/GT) 11:00 Bingo 1:30 Puzzles 2:15 Euchre Club 2:15 Read with Me 3:00 Bedside Visit 6:15 February Trivia! (MT/GT) 7:00 Recreation Visit (MT/GT)	5 9:30 Chair Yoga 10:15 Resident Program Choice Meeting 11:00 Name 5 1:30 Hymns w Cynthia (Noble Hall) 2:30 Skylight Café Social 6:15 OBIE Games (MT/GT) 7:00 Recreation Visit (MT/GT)	6 9:30 Group Exercise 10:15 Hymn Sing 11:00 Bingo 1:00 Pet Therapy Visits 2:00 February Birthday Party (Noble Hall) 6:15 Musical Memories (MT/GT) 7:00 Recreation Visit (MT/GT)	7 9:45 Plinko (MT/GT) 10:45 Laughter is the Best Medicine (MT/GT) 3:00 Devotional Readings (MT/GT)
8 10:00 Church Service 10:50 Eucharist Visits 2:15 Trivia Time! (MT/GT) 3:00 Bean Bag Toss (MT/GT)	9 9:30 Group Exercise 10:15 Remembering Valentines Day 11:00 Bingo 1:30 Colour & Chat @ Café 1:30 Name that Bible Phrase 2:15 Travel To..	10 9:30 Seated DanceFit 10:15 Café Visits 11:00 Bible Study 1:30 Junk Drawer Detective 2:15 Travelling Nail Salon 3:00 Family FaceTime Visit 6:30 Pub Night w Monique	11 TREAT TROLLEY AM 9:30 Group Exercise 10:15 Virtual Church Service (MT/GT) 10:15 Sensory Room (MT/GT) 11:00 Bingo 1:30 Chicken Soup for the Soul 2:15 Euchre Club 2:15 Relaxation Room 3:00 Bedside Visit 6:15 Fun Trivia! (MT/GT) 7:00 Recreation Visit (MT/GT)	12 9:30 Ride to the Rhythm (MT/GT) (TB) 9:30 Morning News 10:15 Figure Skating Day 11:00 Anglican Communion (Noble Hall) 1:30 Men's Group (MT) 1:30 Ladies Group (GT) 2:15 Making Valentines Cards (MT/GT) 6:15 OBIE Games (MT/GT) 7:00 Recreation Visit (MT/GT)	13 9:30 Group Exercise 10:15 Hymns & Devotions (MT) (TB) 10:15 Bedside Visits 11:00 Bingo 1:00 Pet Therapy Visits 2:00 Heart to Heart Social (Noble Hall) 6:15 Musical Memories (MT/GT) 7:00 Recreation Visit (MT/GT)	14 9:45 Parachute Fun! (MT/GT) 10:45 Shake Loose a Memory (MT/GT) 3:00 Sing a Long w Suzie Q (MT/GT) <small>Valentine's Day</small>
15 10:00 Church Service 10:50 Eucharist Visits 2:15 Trivia Time! (MT/GT) 3:00 Table Bowling (MT/GT)	16 FAMILY DAY NO PROGRAMS <small>Presidents' Day (U.S.)</small>	17 9:30 Morning Meditation (TB) 10:15 Café Visits (TB) 11:00 Rosary Group (TB) 2:00 Group Exercise 2:45 Bingo 3:30 Snoezelen Room 4:15 Bedside Visits 6:30 Pub Night w John M <small>Ramadan Begins Mardi Gras Chinese New Year (Year of the Horse)</small>	18 TREAT TROLLEY AM 9:30 Group Exercise 10:15 Morning News 11:00 Ash Wednesday (Noble Hall) 1:30 Resident Council Meeting 1:30 Puzzles 2:15 Euchre Club 2:15 Reading Circle 3:00 Family FaceTime 6:15 Music Trivia (MT/GT) 7:00 Recreation Visit (MT/GT)	19 9:45 Morning Drive DC/MT/GT 9:45 Bingo (MT) DC/MT/GT 11:00 Catholic Mass (Noble Hall) 2:00 Leavin' Tracks Country & Bluegrass Duo (Noble Hall) 6:15 OBIE Games (MT/GT) 7:00 Recreation Visit (MT/GT)	20 9:30 Group Exercise 10:15 Hymns & Devotions (MT) (TB) 10:15 Bedside Visits 11:00 Bingo 1:00 Pet Therapy Visits 1:30 Love Your Pet Day 2:15 Travelling Nail Salon 3:00 IPAD Visit 6:15 Musical Memories (MT/GT) 7:00 Recreation Visit (MT/GT)	21 9:45 Dice Game (MT/GT) 10:45 Chicken Soup for the Soul (MT/GT) 3:00 Devotional Readings (MT/GT)
22 10:00 Church Service 10:50 Eucharist Visits 2:15 Trivia Time! (MT/GT) 3:00 Horseshoes (MT/GT)	23 9:30 Group Exercise 10:15 Growing w Friends (MT/GT) (CS) 10:15 Bedside Visits 11:00 Bingo 1:30 Colour & Chat @ Café 1:30 Toss a Tune (Hymns) 2:15 Documentary	24 9:30 Seated DanceFit 10:15 Café Visits 11:00 Bible Study-Shrove Tuesday 1:30 Bee Gees Day 2:15 Concentration 3:00 Family FaceTime Visit 6:30 Pub Night w Terry's Tunes	25 TREAT TROLLEY AM 9:30 Group Exercise 10:15 Virtual Church Service (MT/GT) 10:15 Multi-Sensory (MT/GT) 11:00 Bingo 1:30 He Did It His Way Day 2:15 Euchre Club 2:15 Can You Picture This? 3:00 Bedside Visit 4:45 Fish & Chip Supper Club 6:45 Finish the Lyrics (MT/GT)	26 9:30 Ride to the Rhythm (MT/GT) (TB) 9:30 Morning News 10:15 Chair Yoga 11:00 Fats Domino Day 1:30 Men's Group (MT) 1:30 Ladies Group (GT) 2:15 Relaxation Room 6:15 OBIE Games (MT/GT) 7:00 Recreation Visit (MT/GT)	27 9:30 Group Exercise 10:15 Hymns & Devotions (MT) (TB) 10:15 Bedside Visits 11:00 Bingo 1:00 Pet Therapy Visits 1:30 Movie Matinee 3:00 Calendar Visits 6:15 Musical Memories (MT/GT) 7:00 Recreation Visit (MT/GT)	28 9:45 Beach Ball Fun! (MT/GT) 10:45 Hangman (MT/GT) 3:00 Sing a Long w Suzie Q (MT/GT)