# HAPPENINGS AT HOME



# In this Edition...

Memorial Service April 3<sup>rd</sup> -Noble Hall -1:30 p.m.

Volunteer Week April 8<sup>th</sup>-14<sup>th</sup>

Easter Egg Hunt April 13<sup>th</sup>

Volunteer Dinner April 17<sup>th</sup>

Easter Service April 21<sup>st</sup>

Crazy Hair & Hat Day April 24<sup>th</sup>

Jane's Walk May 3<sup>rd</sup> <u>HAPPY EASTER!</u> SUNDAY APRIL 21<sup>ST</sup>, 2019 PLEASE JOIN US FOR CHURCH SERVICE IN THE NOBLE HALL AT 9:30



Happy Easter!

## MAY SPRING SALE

WHERE: JOHN NOBLE HOME

WHEN: SATURDAY, MAY 4<sup>TH</sup>

TIME: 9 A.M. – 2 P.M.

BBQ:

♦ \$6.00 FOR A SAUSAGE ON A BUN

& DRINK

PLANT SALE WITH A VARIETY OF PLANTS

THERE WILL BE OVER 25 VENDORS JOINING OUR SPRING SALE.

SAVE THE DATE AND COME OUT FOR AN ENJOYABLE DAY!

# **RECREATION DEPARTMENT AND EARLY ON PROGRAM**

#### JANE'S WALK

**ACTIVITY:** Join us for Jane's Walk.

WHERE: Davis Court Yard

WHEN: Friday May 3<sup>rd</sup>, 10 A.M.

Featuring Brantford Painted Rocks

Scavenger Hunt in the Court Yard.



You're Invited to: <u>The John Noble</u> <u>Home Education and Support Group for</u> <u>Family Caregivers!</u>

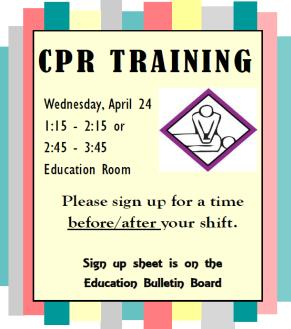
Our home would like to assist you through the transition of having your loved one moving into the John Noble Home.

By offering ongoing support and education we hope to help you adjust to your loved one living in a long-term care setting. Within the group we would like to provide you with the opportunity to build friendships and expand your support network with others sharing your journey.

The next support meeting will be held in the John Noble Lounge on Thursday April 18<sup>th</sup> at 1:30 p.m.

Please contact Judy Fowlie for any additional information. 519-756-2920 ext. 4228









# SAFETY TALK: OVERHEAD HAZARDS

The tops of resident wardrobes are to be kept free of any heavy or breakable items. These items can and have caused harm to staff if they fall.

Heavy items should always be stored in a lower place to prevent possible injury when reaching overhead to move them.

If we notice family/visitors are placing items that are potential hazards on the wardrobes we need to ask them to find another place to store them.



Hazardous items could include: Wine glass, heavy or glass picture frames, figurines, wheelchair footrests etc.

PALLIATIVE CARE INITIATIVES

Our Palliative Care Committee has implemented an honour guard here at our home. When a resident passes away, we would like to have an honour guard be present as they are escorted out of the home. An announcement will be made to signify the need of an honour guard at the front entrance. Anyone available is encouraged to attend and be a part of the honour guard as we say our last goodbye to our resident. Following the announcement everyone present in

the Home may observe a moment of silence.



Secondly, when one of our residents has been deemed at end

of life, a butterfly will be placed on their door to alert staff/residents of the change in condition. We hope that this will offer support to residents, family, and visitors and be mindful of noise levels.



Did you know? Here at the home we have been working towards achieving our Best Practice Spotlight Organization Designation through the Registered Nurses Association. The BPSO program supports implementation of Best Practice Guidelines and is internationally renowned. The goals of implementing Best Practice Guidelines include:

- Optimizing resident care
- Promoting a culture of evidenced-based nursing practice
- Building capacity of staff through Champion training

By the end of 2021, the home will have implemented the following Best Practice Guidelines:

- Preventing Falls and Reducing Injury from Falls
- Assessment and Management of Pain
- Person and Family Centered Care

Updates on our progress towards implementation will be provided on an ongoing basis.

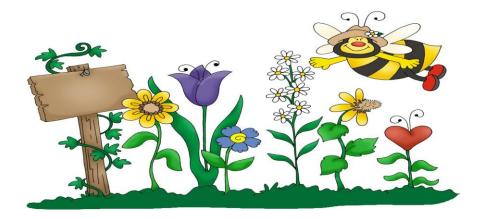
For more information, please visit our BPSO information board next to reception or contact the home's BPSO Liaison- Lindsay Spry RPN, Resident Care Coordinator at ext. 4302.

### Happenings at Home-Day and Stay Program – April 2019

After a long winter, the clients and staff are more than ready to feel the warmth of the sun! In the Horticulture Program, clients have already started planting and the trays in the window sill are starting to sprout. It won't be long until we are planting



those sprouts in the garden. Tomatoes are always a favourite and the taste of a sun ripened tomato brings back a lot of great memories. The tomato crop was plentiful last year and the clients enjoyed the bounty. We also enjoyed some peppers.



We are fortunate to have three raised garden beds that enable our clients to be able to be part of the planting process.

This year we are looking for a volunteer to help take care of our plants and our vegetable gardens. If you have a couple of hours a week to come in and enjoy gardening, we would certainly appreciate it and you can share in our bounty!

Our April calendar is full of wonderfully exciting activities. The clients will be celebrating Orchid Day, Blueberry Day and Raisin Day. The clients will be taking part in Earth Day making Earth Day Cookies.



Easter Activities are plentiful this month. On Jelly Bean Day the clients will enjoy baking with Jelly Beans and doing a Jelly Bean Trivia. Bunny exercises and a Cottontail Craft will keep the Weekend Clients hopping!



Our Thursday afternoon group will be heading to The Sherwood Restaurant at the end of the month for their monthly restaurant trip.

If you know of anyone that would like to join our Program. Please call for more information. Our number is (519) 756-2920 ext. 4286.

# PET FREE ZONE

Due to allergies, Grand Terrace has been designated a pet free zone. Please refrain from bringing pets to visit in this area. Family members bringing in pets may use the family



room on Mohawk Terrace for a visit. Anyone bringing a pet onto Mohawk Terrace, please use the Mohawk Terrace elevator. Thank you for your consideration.

