

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 Welcome 2023! Happy New Years! New Year's Day	2 12:00 Afternoon Discussion 1:00 Random Trivia 1:45 Bean Bag Toss 3:00 Spelling Bee 3:30 Montessori Time 4:00 Let's Get Moving	3 12:00 Local News 1:00 Trivia Time 1:45 Shuffleboard 3:00 Bingo 3:30 Montessori Time 4:00 Music & Motion	4 12:00 In the News 1:00 True or False 1:45 Mini Putt 3:00 Outburst Time 3:30 Montessori Time 4:00 Ole Exercises	5 National Bird Day 12:00 What's New 1:00 Bird Trivia 1:45 Target Toss 3:00 Penny Snatch 3:30 Montessori Time 4:00 Let's Move	6 Wheel of Fortune Day 12:00 Let's Chat 1:00 Trivia Time 1:45 Bowling 3:00 Wheel of Fortune 3:30 Montessori Time 4:00 Easy Stretches	7
8	9 12:00 Coffee and Conversation 1:00 Make a Guess 1:45 Shuffleboard 3:00 Shake Loose a Memory 3:00 Montessori Time 4:00 Let's Move	10 12:00 Community Corner 1:00 True or False 1:45 Bowling 3:00 Let's Read 3:30 Montessori Time 4:00 Moving to the Beat	11 12:00 Exploring the News 1:00 Let's Get Thinking 1:45 Bean Bag Toss 3:00 Winter Bingo 3:30 Montessori Time 4:00 Ole Exercises	12 12:00 Afternoon Discussion 1:00 Trivia Time 1:45 Golfing 3:00 Card Bingo 3:30 Montessori Time 4:00 Fun & Fitness	13 Friday the 13th 12:00 What's New 1:00 Friday 13th Facts & Trivia 1:45 Shuffleboard 3:00 Pictionary 3:30 Montessori Time 4:00 Ole Exercises	14
15	16 12:00 In the News 1:00 Do You Hear What I Hear? 1:45 Bowling 3:00 Let's Read 3:30 Montessori Time 4:00 Exercise Time	17 12:00 Current Events 1:00 Make a Guess 1:45 Bean Bag Toss 3:00 Dice Roll 3:30 Montessori Time 4:00 Fun & Fitness	18 12:00 Group Discussion 1:00 Random Trivia 1:45 Shuffleboard 3:00 Charades 3:30 Montessori Time 4:00 Sing & Stretch	19 12:00 Let's Chat 1:00 What Am I? 1:45 Bowling 3:00 Shake Loose a Memory 3:30 Montessori Time 4:00 Let's Move	20 12:00 Community Corner 1:00 What Do You Think? 1:45 Target Toss 3:00 Let's Make Music 3:30 Montessori Time 4:00 Fun & Fitness	21
22	23 Chinese New Year 12:00 Let's Chat 1:00 What's Your Sign? 1:45 Bean Bag Toss 3:00 Wheel of Fortune 3:30 Montessori Time 4:00 Ole Exercise	24 12:00 Coffee and conversation 1:00 Trivia Time 1:45 Trivia time 1:45 Mini Putt 3:00 Finish the Line 3:30 Montessori Time 4:00 Let's Move	25 12:00 What's New 1:00 Interactive Trivia 1:45 Bowling 3:00 Name that Tune 3:30 Montessori Time 4:00 Moving to the Beat	26 12:00 Headline News 1:00 What's Your Guess 1:45 Shuffleboard 3:00 Table Games 3:30 Montessori Time 4:00 Dice Roll Exercises	27 12:00 Current Events 1:00 Let's Get Thinking 1:45 Bowling 3:00 Dice Roll 3:30 Montessori Time 4:00 Music & Dance	28
29	30 12:00 Afternoon Discussion 1:00 Trivia Time 1:45 Bean Bag Toss 3:00 Price is Right 3:30 Montessori Time 4:00 Easy Stretches	31 12:00 In the Paper 1:00 Let's Get Thinking 1:45 Target Toss 3:00 Card Bingo 3:30 Montessori Time 4:00 Ole Exercises	January 2023 Day and Stay Afternoon Programs			