

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						
<b>January 2026</b> <b>GRAND TERRACE</b>						
<b>4</b>  10:00 Church Service 10:50 Eucharist Visits  2:15 Trivia Time! (MT/GT) 3:00 Shuffleboard (MT/GT)	<b>5</b>  9:30 Exercise Class 10:15 Prayer & Reflections 11:00 Bingo (Dining Room) <b>1:30 Colour &amp; Chat @ Café</b> 1:30 Wordle & Connections  6:30 Pub Night w Sonny	<b>6</b>  9:30 Chair Yoga 10:15 Travelogue 11:00 Family FaceTime Call 11:00 Café Visits 1:30 Bible Study 2:15 Beauty Boutique 3:00 Anything Goes Visit <b>6:30 Pub Night w Sonny</b>	<b>7</b>  <b>TREAT TROLLEY AM</b> <b>CHRISTMAS DECORATIONS TAKE DOWN DAY</b>  <b>2:15 Euchre Club</b>  6:15 January Trivia! (MT/GT) 7:00 Recreation Visit (MT/GT)	<b>8</b>  9:30 Exercise Class 10:15 Bingo (Dining Room) <b>11:00 Anglican Communion (Noble Hall)</b> 1:30 Hymns w Cynthia (Noble Hall) <b>2:30 Hot Chocolate Café Social</b> 6:15 OBIE Games (MT/GT) 7:00 Recreation Visit (MT/GT)	<b>9</b>  9:30 Exercise Class 10:15 Hymns & Devotions (MT) (TB) 10:15 Warmth & Relaxation 11:00 Bingo (Dining Room) <b>1:00 Pet Therapy Visits</b> 1:30 What's New in 2026? (MT/GT) 2:15-3:15 Goodbye Visits from Megan	<b>2</b>  9:45 Plinko (MT/GT) 10:45 Laughter is the Best Medicine (MT/GT) 3:00 Devotional Readings (MT/GT)
<b>10:00 Church Service</b> <b>10:50 Eucharist Visits</b>  2:15 Trivia Time! (MT/GT) 3:00 Shuffleboard (MT/GT)	<b>11</b>  9:30 Exercise Class 10:15 Growing w Friends (MT/GT) (CS) 10:15 Gratitude & Blessings 11:00 Bingo (Dining Room) <b>1:30 Colour &amp; Chat @ Café</b> 1:30 Wordle & Connections  6:30 Pub Night w Terry's Tunes	<b>12</b>  9:30 Morning Meditation (TB) 10:15 Rosary Group (TB) 11:00 Family FaceTime Call 11:00 Café Visits (TB) 2:00 Chair Yoga 2:45 Paddington Bear Day! 3:30 Bean Bag Toss 4:15 Warmth & Relaxation <b>6:30 Pub Night w Terry's Tunes</b>	<b>13</b>  <b>TREAT TROLLEY AM</b> 9:30 Exercise Class 10:15 Ride to the Rhythm (MT/GT) (TB) 10:15 Virtual Church Service (MT) 10:15 Sensory Room (GT) 11:00 Bingo (Dining Room) 1:30-2:30 Winter Craft (MT/GT) <b>2:15 Euchre Club</b> 3:00 Friendly Visit 6:15 Finish the Lyrics (MT/GT) 7:00 Recreation Visit (MT/GT)	<b>14</b>  9:30 Thursday Trivia 10:15 Falls Prevention Class <b>10:15 Resident Program Choice Meeting &amp; Bill of Rights Reading</b> <b>11:00 Catholic Mass (Noble Hall)</b> <b>1:30 Men's Group (MT)</b> 1:30 Ladies Club (GT) 2:15 Colour with Me 3:00 iPad Fun 6:15 OBIE Games (MT/GT) 7:00 Recreation Visit (MT/GT)	<b>15</b>  9:30 Exercise Class 10:15 Hymns & Devotions (MT) (TB) 10:15 Reminisce: Wintertime Memories 11:00 Bingo (Dining Room) <b>1:00 Pet Therapy Visits</b> 1:30 Hygee Question Game 2:15 Table Bowling 3:00 Hallway Visits 6:15 Musical Memories (MT/GT) 7:00 Recreation Visit (MT/GT)	<b>9:45 Parachute Fun! (MT/GT)</b> 10:45 Shake Loose a Memory (MT/GT) 3:00 Sing a Long w Suzie Q (MT/GT)
<b>10:00 Church Service</b> <b>10:50 Eucharist Visits</b>  2:15 Trivia Time! (MT/GT) 3:00 Bean Bag Toss (MT/GT)	<b>16</b>  9:45 Dice Game (MT/GT)	<b>17</b>  10:45 Chicken Soup for the Soul (MT/GT)  3:00 Devotional Readings (MT/GT)				
<b>10:00 Church Service</b> <b>10:50 Eucharist Visits</b>  2:15 Trivia Time! (MT/GT) 3:00 Table Bowling (MT/GT)	<b>18</b>  <b>NO PROGRAMS TODAY</b>  Martin Luther King Jr. Day	<b>19</b>  9:30 Exercise Class 10:15 Bingo (Dining Room) 11:00 Family FaceTime Call 11:00 Café Visits 1:30 Wordle & Connections 2:15 Nail Salon 3:00 Walk & Talk <b>6:30 Pub Night w Jeff M</b>	<b>20</b>  <b>TREAT TROLLEY AM</b> 9:30 Exercise Class 10:15 Ride to the Rhythm (MT/GT) (TB) 10:15 Virtual Church Service (MT) 10:15 Multi-Sensory (GT) 11:00 Bingo (Dining Room) <b>1:30 Resident Council Meeting</b> 1:30 Spiritual Lessons <b>2:15 Euchre Club</b> 2:15 Remember When... 3:00 Hallway Social 6:15 Fun Trivia! (MT/GT) 7:00 Recreation Visit (MT/GT)	<b>21</b>  <b>9:45 Morning Drive DC/MT/GT</b> <b>10:45 Bingo (DC/MT/GT)</b> 1:30 Spiritual Art Therapy 2:15 Cranium Crunches 3:00 YouTube & You Visit 6:15 OBIE Games (MT/GT) 7:00 Recreation Visit (MT/GT)	<b>22</b>  9:30 Exercise Class 10:15 Hymns & Devotions (MT) (TB) 10:15 Relaxation Room 11:00 Wacky Wordies <b>1:00 Pet Therapy Visits</b> <b>2:00 50's Rock &amp; Roll Afternoon w Family Council (Noble Hall)</b> 6:15 Musical Memories (MT/GT) 7:00 Recreation Visit (MT/GT)	<b>23</b>  9:45 Beach Ball Fun! (MT/GT)
<b>10:00 Church Service</b> <b>10:50 Eucharist Visits</b>  2:15 Trivia Time! (MT/GT) 3:00 Table Bowling (MT/GT)	<b>24</b>  10:45 Hangman (MT/GT)  3:00 Sing a Long w Suzie Q (MT/GT)					
<b>10:00 Church Service</b> <b>10:50 Eucharist Visits</b>  2:15 Trivia Time! (MT/GT) 3:00 Horseshoes (MT/GT)	<b>25</b>  9:30 Exercise Class 10:15 Growing w Friends (MT/GT) (CS) 10:15 Spiritual Lessons 11:00 Bingo (Dining Room) <b>1:30 Colour &amp; Chat @ Café</b> 1:30 Wordle & Connections  6:30 Pub Night w Ed	<b>26</b>  9:30 Chair Yoga 10:15 Trivia Tuesday! 11:00 Family FaceTime Call 11:00 Café Visits 1:30 Bible Study 2:15 Bell Ringing 3:00 Resident Choice Visit <b>6:30 Pub Night w Ed</b>	<b>27</b>  <b>TREAT TROLLEY AM</b> 9:30 Exercise Class 10:15 Ride to the Rhythm (MT/GT) (TB) 10:15 Virtual Church Service 10:15 Bingo (Dining Room) 11:00 Reader's Theatre (MT/GT) <b>12:00 Chinese Lunch Club</b> <b>2:15 Euchre Club</b> 2:15 EZ Short Stories 3:00 Sit & Socialize 6:15 Music Trivia! (MT/GT) 7:00 Recreation Visit (MT/GT)	<b>28</b>  9:30 Exercise Class 10:15 Falls Prevention Class 10:15 Virtual Church Service 11:00 Bingo (Dining Room) <b>1:30 Men's Group (MT)</b> 1:30 Ladies Club (GT) 2:15 Calendar Chats 3:00 Tech Corner 6:15 OBIE Games (MT/GT) 7:00 Recreation Visit (MT/GT)	<b>29</b>  <b>Resident Appreciation Day! 9:30-11:30 Visits to Café and Games in Noble Hall</b> 1:00 Pet Therapy Visits  <b>1:30-3:00 Visits to Café and Games in Noble Hall</b> 6:15 Musical Memories (MT/GT) 7:00 Recreation Visit (MT/GT)	<b>30</b>  9:45 Shuffleboard (MT/GT)
<b>Australia Day (Observed)</b>	<b>31</b>  10:45 Short Stories (MT/GT)  3:00 Devotional Readings (MT/GT)					