




Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			 <p>New Year's Day</p>	<p>9:30 Virtual Church Service (MT/GT) 2 9:30 Virtual Catholic Mass (MT/GT) 10:15 Bingo 11:00 Family Video Chat 11:00 Get On The Ball</p> <p>1:30 Hymns w Cynthia (Noble Hall) 2:30 Snoezelen Room (MT/GT) 3:00 Winter Wonderland Walk</p> <p>6:15 Obie Games (MT/GT) 7:00 Recreation Visit (MT/GT)</p>	<p>9:30 Exercise Class (MT/GT) 3 9:30 Nail Salon (MT/GT) 10:15 Pondering Prompts 11:00 Bingo (MT/GT)</p> <p>1:30 Café Social (MT/GT) 3:00 Hallway Walk</p> <p>6:15 Musical Memories (MT/GT) 7:00 Recreation Visit (MT/GT)</p>	<p>9:30 Megan's Music Bingo (MT/GT) 4 10:15 Bible Study (MT/GT) 11:00 Awaken the Senses (MT/GT)</p> <p>1:45 Table Bowling (MT/GT) 2:30 Storytelling (MT/GT)</p>
<p>10:00 Church Service with Cynthia Advincula (Noble Hall) 5 10:50 Eucharist Visits</p> <p>2:15 Trivia Time (MT/GT) 3:00 Recreation Visit (MT/GT)</p>	<p>9:30 Exercise Class (MT/GT) 9:30 Sharing Stories (MT/GT) 10:15 Bingo (MT/GT) 11:00 Hymns & Devotionals 11:15 Ride to the Rhythm MT/GT (CS)</p> <p>1:30 Growing w Friends MT/GT (CS) 1:30 Knit & Chat (Café) 1:30 Multi-Sensory (MT/GT) 2:15 Music Documentary (MT/GT) 2:15 Animal Documentary (MT/GT)</p>	<p>9:30 Exercise Class (MT/GT) 6 9:30 Visual Relaxation (MT/GT) 7 10:15 Tuesday Trivia! 11:00 Family Video Chat 11:00 Sensory Room</p> <p>1:30 Bell Ringing (MT/GT) 2:15 Music w Megan (MT/GT) 2:15 Bedside Visits 3:00 Walk & Talk 3:00 Bible Study w Megan (MT/GT)</p> <p>6:30 Pub Night with Ed V (Noble Hall)</p>	<p>Christmas Decorations Take Down 8</p> <p>10:00 Family Video Chat 4:15 Happy Hoops (MT/GT) 6:15 Family Feud (MT/GT) 7:00 Recreation Visit (MT/GT)</p>	<p>9:30 Virtual Church Service (MT/GT) 9 10:15 Bingo (MT/GT) 11:00 Family Video Chat 11:00 News (MT/GT) 11:00 Lunch Trip (DC/MT/GT)</p> <p>1:30 Music History (MT/GT) 2:15 Read with Me 3:00 Friendly Visit</p> <p>6:15 Obie Games (MT/GT) 7:00 Recreation Visit (MT/GT)</p>	<p>9:30 Exercise Class (MT/GT) 10 9:30 Winter Ambiance (MT/GT) 10:15 News & Views 11:00 Bingo (MT/GT)</p> <p>2:00 January Birthday Party w Megan (Noble Hall)</p> <p>6:15 Virtual Concert (MT/GT) 7:00 Recreation Visit (MT/GT)</p>	<p>9:45 I Hear Memories (MT/GT) 11 10:45 Plinko (MT/GT)</p> <p>3:00 Recreation Visit (MT/GT)</p>
<p>10:00 Church Service with Recreation Staff (Noble Hall) 12 10:50 Eucharist Visits</p> <p>2:15 Trivia Time (MT/GT) 3:00 Recreation Visit (MT/GT)</p>	<p>9:30 Exercise Class (MT/GT) 9:30 Chicken Soup for the Soul (MT/GT) 10:15 Spiritual Lessons 11:00 Bingo (MT/GT)</p> <p>1:30 Knit & Chat (Café) 1:30 Taste the Difference (Coke vs. Pepsi) (MT/GT) 2:15 Travel to... (MT/GT) 2:15 Toss-A-Tune (MT/GT)</p>	<p>9:30 Chair Yoga 13 10:15 Resident Program Choice Meeting 14 10:15 Ride to the Rhythm MT/GT (CS) 11:00 Family Video Chat 11:00 Warmth & Relaxation</p> <p>1:30 Seasonal Craft (MT/GT) 2:15 Music w Megan (MT/GT) 2:15 Bedside Visits 3:00 Hallway Visit 3:00 Physio Falls Prevention (MT/GT/DC)</p> <p>6:30 Pub Night with Terry C (Noble Hall)</p>	<p>TREAT TROLLEY AM 15</p> <p>9:30 Exercise Class (MT/GT) 9:30 Visual Relaxation (MT/GT) 10:15 Who, What, Where? 11:00 Cranium Crunches</p> <p>1:30 Psalms and Songs w Megan (MT/GT) 1:30 Recreation Visits 2:15 First to 25 Game (MT/GT)</p> <p>6:15 Table Bowling (MT/GT) 7:00 Recreation Visit (MT/GT)</p>	<p>9:30 Virtual Church Service (MT/GT) 16 9:45 Morning Drive (DC/MT/GT) 10:15 Bingo (MT/GT) 11:00 Family Video Chat 11:00 Catholic Mass (Noble Hall) 11:00 News (MT/GT)</p> <p>1:30 Growing w Friends MT/GT (CS) 1:30 Animal Documentary (MT/GT) 2:15 Adult Colouring 3:00 YouTube & You Visit</p> <p>6:15 Obie Games (MT/GT) 7:00 Recreation Visit (MT/GT)</p>	<p>9:30 Exercise Class (MT/GT) 17 9:30 Montessori (MT/GT) 10:15 Daily Devotions 11:00 Bingo (MT/GT)</p> <p>1:30 Movie Matinee (MT/GT) 3:15 Shuffleboard (MT/GT) 4:00 Music History (MT/GT)</p> <p>6:15 Sensory Stimulation (MT/GT) 7:00 Recreation Visit (MT/GT)</p>	<p>9:30 Family Feud (MT/GT) 18 10:15 Bible Study (MT/GT) 11:00 Puzzle with Me (MT/GT)</p> <p>1:45 Ball Toss (MT/GT) 2:30 Storytelling (MT/GT)</p>
<p>10:00 Communion Service Church Service with Gary Crosbie (Noble Hall) 19 10:50 Eucharist Visits</p> <p>2:15 Trivia Time (MT/GT) 3:00 Recreation Visit (MT/GT)</p> <p>Activity Professionals Week</p>	<p>9:30 Exercise Class (MT/GT) 9:30 Golden Carers Tunes (MT/GT) 10:15 Bingo (MT/GT) 11:00 Golden Apple Scriptures 11:15 Ride to the Rhythm MT/GT (CS)</p> <p>1:30 Growing w Friends MT/GT (CS) 1:30 Knit & Chat (Café) 1:30 Snoezelen (MT/GT) 2:15 Martin Luther King Jr Documentary (MT/GT) 2:15 Finish the Lyrics (MT/GT) Martin Luther King Jr. Day</p>	<p>9:30 Mindful Movement: Spiro 100 Exercise Video 20 10:15 Reader's Theater (MT/GT) 21 11:00 Family Video Chat 11:00 Relaxation Room</p> <p>1:30 Snow Jokin' (MT/GT) 2:15 Music w Megan (MT/GT) 2:15 Bedside Visits 3:00 Sensory Walk 3:00 Bible Study w Megan (MT/GT)</p> <p>6:30 Pub Night with John M (Noble Hall)</p>	<p>TREAT TROLLEY AM 22</p> <p>9:30 Exercise Class (MT/GT) 9:30 Visual Relaxation (MT/GT) 10:00 Family Video Chat 10:15 EZ Short Stories 11:00 Categories</p> <p>1:30 Psalms and Songs w Megan (MT/GT) 1:30 Recreation Visits 2:15 The Crown Series (MT/GT) 2:15 Traveling Nail Salon (MT/GT) 3:45 Table Bowling (MT/GT)</p> <p>6:15 Snoezelen (MT/GT) 7:00 Recreation Visit (MT/GT)</p>	<p>9:30 Virtual Church Service (MT/GT) 23 9:30 Virtual Catholic Rosary (MT/GT) 10:15 Bingo 11:00 Family Video Chat 11:00 Name 3! 11:00 Lunch Trip (DC/MT/GT)</p> <p>1:30 Casa Blanca Turns 75! (MT/GT) 2:15 Guided Meditation 3:00 Social Visit</p> <p>6:15 Obie Games (MT/GT) 7:00 Recreation Visit (MT/GT)</p>	<p>9:30 Exercise Class (MT/GT) 24 9:30 National Geographic (MT/GT) 10:15 Brantford Expositor & Week Recap 11:00 Bingo (MT/GT)</p> <p>1:30 Café Social (MT/GT) 2:15 Family Feud 3:00 Anything Goes Visit</p> <p>6:15 Music History (MT/GT) 7:00 Recreation Visit (MT/GT)</p>	<p>9:45 Sing A Long to Dance Tunes (MT/GT) 25 10:45 Beach Ball Fun (MT/GT)</p> <p>3:00 Recreation Visit (MT/GT)</p>
<p>10:00 Church Service with Recreation Staff (Noble Hall) 26 10:50 Eucharist Visits</p> <p>2:15 Trivia Time (MT/GT) 3:00 Recreation Visit (MT/GT)</p> <p>Australia Day (Observed)</p>	<p>9:30 Exercise Class (MT/GT) 27 9:30 Past and Present (MT/GT) 10:15 Spiritual Discussions 11:00 Bingo (MT/GT)</p> <p>1:30 Knit & Chat (Café) 1:30 Modern Jeopardy Trivia (MT/GT) 2:15 Travelogue (MT/GT) 2:15 Name that Tune (MT/GT)</p>	<p>9:30 Chair Yoga 28 10:15 Modern Jeopardy Trivia 11:00 Family Video Chat 11:00 Joyful Reflections</p> <p>1:30 Detective Puzzles (MT/GT) 2:15 Music w Megan (MT/GT) 2:15 Bedside Visits 3:00 Sit & Socialize 3:00 Physio Falls Prevention (MT/GT/DC)</p> <p>6:30 Pub Night with Jeff D (Noble Hall)</p>	<p>TREAT TROLLEY AM 29</p> <p>9:30 Exercise Class (MT/GT) 9:30 Visual Relaxation (MT/GT) 10:15 All About the Chinese New Year 11:00 Concentration</p> <p>1:30 Psalms and Songs w Megan (MT/GT) 1:30 Recreation Visits 2:15 Retro TV Afternoon (MT/GT) 4:45 Chinese Food Supper Club</p> <p>6:15 Chinese Fortune Telling (MT/GT) 7:00 Recreation Visit (MT/GT)</p> <p>Chinese New Year (Year of the Snake)</p>	<p>9:30 Virtual Church Service (MT/GT) 30 9:30 Virtual Catholic Mass (MT/GT) 10:15 Bingo 10:15 Ride to the Rhythm MT/GT (CS) 11:00 Family Video Chat 11:00 Royal History</p> <p>1:30 Growing w Friends MT/GT (CS) 1:30 Travelling Nail Salon 2:15 Patsy Cline Documentary (MT/GT) 3:00 Seasonal Décor Visits</p> <p>6:15 Obie Games (MT/GT) 7:00 Recreation Visit (MT/GT)</p>	<p>9:30 Exercise Class (MT/GT) 31 9:30 Virtual Art Gallery Tour (MT/GT) 10:15 Calendar Chats 11:00 Bingo (MT/GT)</p> <p>2:00 Welcome Party w Megan (Noble Hall)</p> <p>6:15 Musical Memories (MT/GT) 7:00 Recreation Visit (MT/GT)</p>	

Any Questions-Contact Megan B at Ext 4257

In the instance of an outbreak 1:1 programs will be provided

Programs ran by MG/CS may be cancelled due to availability