


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						
4 10:00 Church Service 10:50 Eucharist Visits 2:15 Trivia Time! (MT/GT) 3:00 Shuffleboard (MT/GT)	5 9:30 Group Exercise Class 10:15 Resident Program Choice Meeting 11:00 Bingo 1:30 Colour & Chat @ Café 1:30 Travelogue	6 9:30 Morning Meditation (TB) 10:15 Café Visits (TB) 11:00 Rosary Group (TB) 2:00 Virtual Church Service 2:45 Bingo 3:00 Family FaceTime 3:30 Travelling Nail Salon 4:15 Table Bowling 6:30 Pub Night w Sonny	7 TREAT TROLLEY AM CHRISTMAS DECORATIONS TAKE DOWN DAY 2:15 Euchre Club 6:15 January Trivia! (MT/GT) 7:00 Recreation Visit (MT/GT)	8 9:30 Group Exercise Class 10:15 Morning News 11:00 Concentration 1:30 Hymns w Cynthia (Noble Hall) 2:30 Cafe Social 6:15 OBIE Games (MT/GT) 7:00 Recreation Visit (MT/GT)	9 9:30 Group Exercise Class 10:15 Hymns & Devotions (MT) (TB) 10:15 Bedside Visits 11:00 Bingo 1:00 Pet Therapy Visits 2:00 January Birthday Party (Noble Hall) 6:15 Musical Memories (MT/GT) 7:00 Recreation Visit (MT/GT)	3 9:45 Plinko (MT/GT) 10:45 Laughter is the Best Medicine (MT/GT) 3:00 Devotional Readings (MT/GT)
11 10:00 Church Service 10:50 Eucharist Visits 2:15 Trivia Time! (MT/GT) 3:00 Bean Bag Toss (MT/GT)	12 9:30 Group Exercise Class 10:15 Growing w Friends (MT/GT) (CS) 10:15 Morning News 11:00 Bingo 1:30 Colour & Chat @ Café 1:30 Documentary	13 9:30 Seated Dance Fit 10:15 Café Visits 11:00 Bible Study 1:30 Paddington Bear Day 2:15 Junk Drawer Detective 3:00 Family FaceTime Visit 6:30 Pub Night w Terry's Tunes	14 TREAT TROLLEY AM 9:30 Group Exercise Class 10:15 Ride to the Rhythm (MT/GT) (TB) 10:15 Virtual Church Service (MT/GT) 10:15 Sensory Room (MT/GT) 11:00 Bingo 1:30 Winter Craft (MT/GT) 2:15 Euchre Club 3:00 IPAD Visit 6:15 Finish the Lyrics (MT/GT) 7:00 Recreation Visit (MT/GT)	15 9:30 Chair Yoga 10:15 Falls Prevention Class 10:15 Morning News 11:00 Catholic Mass (Noble Hall) 1:30 Men's Group (MT) 2:15 It's a Happy Day 3:00 Recreation Visit 6:15 OBIE Games (MT/GT) 7:00 Recreation Visit (MT/GT)	16 9:30 Group Exercise Class 10:15 Hymns & Devotions (MT) (TB) 10:15 Bedside Visits 11:00 Bingo 1:00 Pet Therapy Visits 1:30 Appreciate a Dragon Day 2:15 Can You Picture This? 3:00 IPAD Visit 6:15 Musical Memories (MT/GT) 7:00 Recreation Visit (MT/GT)	17 9:45 Dice Game (MT/GT) 10:45 Chicken Soup for the Soul (MT/GT) 3:00 Devotional Readings (MT/GT)
18 10:00 Church Service 10:50 Eucharist Visits 2:15 Trivia Time! (MT/GT) 3:00 Table Bowling (MT/GT)	19 NO PROGRAMS TODAY <small>Martin Luther King Jr. Day</small>	20 9:30 Group Exercise Class 10:15 Café Visits 11:00 Bingo 1:30 Bible Study 2:15 Penguin Awareness Day 3:00 Family FaceTime Visit 6:30 Pub Night w Jeff M	21 TREAT TROLLEY AM 9:30 Group Exercise Class 10:15 Ride to the Rhythm (MT/GT) (TB) 10:15 Virtual Church Service (MT/GT) 10:15 Multi-Sensory (MT/GT) 11:00 Bingo 1:30 Resident Council Meeting 1:30 Disco Day 2:15 Euchre Club 2:15 Read with Me 3:00 Bedside Visit 6:15 Fun Trivia! (MT/GT) 7:00 Recreation Visit (MT/GT)	22 9:45 Morning Drive (DC/MT/GT) 9:45 Morning News 10:45 Bingo (DC/MT/GT) 1:30 Unified Canada Day 2:15 Shuffleboard 3:00 IPAD Visit 6:15 OBIE Games (MT/GT) 7:00 Recreation Visit (MT/GT)	23 9:30 Group Exercise Class 10:15 Hymns & Devotions (MT) (TB) 10:15 Bedside Visits 11:00 Bingo 1:00 Pet Therapy Visits 2:00 50's Rock & Roll Afternoon w Family Council (Noble Hall) 6:15 Musical Memories (MT/GT) 7:00 Recreation Visit (MT/GT)	24 9:45 Beach Ball Fun! (MT/GT) 10:45 Hangman (MT/GT) 3:00 Sing a Long w Suzie Q (MT/GT)
25 10:00 Church Service 10:50 Eucharist Visits 2:15 Trivia Time! (MT/GT) 3:00 Horseshoes (MT/GT)	26 9:30 Group Exercise Class 10:15 Growing w Friends (MT/GT) (CS) 10:15 Morning News 11:00 Bingo 1:30 Colour & Chat @ Café 1:30 Travel To.... <small>Australia Day (Observed)</small>	27 9:30 Morning Meditation (TB) 10:15 Café Visits (TB) 11:00 Rosary Group (TB) 2:00 Movie Matinee 3:00 Family FaceTime Visit 4:15 Recreation Visits 6:30 Pub Night w Ed	28 TREAT TROLLEY AM 9:30 Group Exercise Class 10:15 Ride to the Rhythm (MT/GT) (TB) 10:15 Virtual Church Service 11:00 Reader's Theatre (MT/GT) 12:00 Chinese Lunch Club 2:15 Euchre Club 2:15 Travelling Nail Salon 3:00 Bedside Visit 6:15 Music Trivia (MT/GT) 7:00 Recreation Visit (MT/GT)	29 9:30 Group Exercise Class 10:15 Falls Prevention Class 10:15 Morning News 11:00 Bingo 1:30 Men's Group (MT) 2:15 Reading Circle 3:00 Calendar Visits 6:15 OBIE Games (MT/GT) 7:00 Recreation Visit (MT/GT)	30 Resident Appreciation Day! 9:30-11:30 Visits to Café and Games in Noble Hall 1:00 Pet Therapy Visits 1:30-3:00 Visits to Café and Games in Noble Hall 6:15 Musical Memories (MT/GT) 7:00 Recreation Visit (MT/GT)	31 9:45 Shuffleboard (MT/GT) 10:45 Short Stories (MT/GT) 3:00 Devotional Readings (MT/GT)