


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
			<p>Sorry, No Activities Today <b>1</b></p> <p><b>Happy New Year!</b></p> <p>New Year's Day</p>	<p>9:30 Virtual Church (MT/GT) <b>2</b></p> <p>9:30 Virtual Catholic Mass (MT/GT)</p> <p>10:15 Monthly Gazette/IQ</p> <p>11:00 Junk Drawer Detective</p> <p><b>1:30 Hymns with Cynthia (Noble Hall)</b></p> <p>2:30 Snoezelen Room (MT/GT)</p> <p>3:00 IPAD Visit</p> <p>6:15 Obie Games (MT/GT)</p> <p>7:00 Recreation Visit (MT/GT)</p>		<p>9:30 Exercise Class (MT/GT) <b>3</b></p> <p>9:30 Nail Salon (MT/GT)</p> <p>10:15 Morning News</p> <p>11:00 Bingo (MT/GT)</p> <p>1:30 Café Social (MT/GT)</p> <p>3:00 IPAD Visit</p> <p>6:15 Musical Memories (MT/GT)</p> <p>7:00 Recreation Visit (MT/GT)</p>	<p>9:30 Megan's Music Bingo (MT/GT) <b>4</b></p> <p>10:15 Bible Study (MT/GT)</p> <p>11:00 Awaken the Senses (MT/GT)</p> <p>1:45 Table Bowling (MT/GT)</p> <p>2:30 Story Telling (MT/GT)</p>
<p><b>5</b></p> <p>9:30 Exercise Class (MT/GT)</p> <p>9:30 Sharing Stories (MT/GT)</p> <p>10:15 Bingo (MT/GT)</p> <p>11:00 Morning News</p> <p>11:15 Ride to the Rhythm (MT/GT)</p> <p>1:30 Multi-Sensory (MT/GT)</p> <p>1:30 Growing w Friends (MT/GT)</p> <p>2:15 Music Documentary (MT/GT)</p> <p>2:15 Animal Documentary (MT/GT)</p> <p>10:00 Church Service with Cynthia Advincula (Noble Hall)</p> <p>10:50 Eucharist Visits</p> <p>2:15 Trivia Time (MT/GT)</p> <p>3:00 Recreation Visit (MT/GT)</p>	<p><b>6</b></p> <p>9:30 Exercise Class (MT/GT)</p> <p>9:30 Visual Relaxation (MT/GT)</p> <p>10:15 Morning News</p> <p>11:00 Read with Me</p> <p>1:30 Bell Ringing (MT/GT)</p> <p>2:15 Music with Megan (MT/GT)</p> <p>2:15 Bedside Visits</p> <p>3:00 Family FaceTime</p> <p>3:00 Bible Study with Megan (MT/GT)</p> <p><b>6:30 Pub Night with Ed V.</b></p>	<p><b>7</b></p> <p>9:30 Exercise Class (MT/GT)</p> <p>9:30 Visual Relaxation (MT/GT)</p> <p>10:15 Morning News</p> <p>11:00 Read with Me</p> <p>1:30 Bell Ringing (MT/GT)</p> <p>2:15 Music with Megan (MT/GT)</p> <p>2:15 Bedside Visits</p> <p>3:00 Family FaceTime</p> <p>3:00 Bible Study with Megan (MT/GT)</p> <p><b>6:30 Pub Night with Ed V.</b></p>	<p><b>8</b></p> <p><b>Christmas Decorations Down</b></p> <p>4:15 Happy Hoops (MT/GT)</p> <p>6:15 Family Feud (MT/GT)</p> <p>7:00 Recreation Visit (MT/GT)</p>	<p><b>9</b></p> <p>9:30 Virtual Church (MT/GT)</p> <p>10:15 Bingo (MT/GT)</p> <p>11:00 Morning News (MT/GT)</p> <p>11:00 Lunch Trip (DC/MT/GT)</p> <p>1:30 Music History (MT/GT)</p> <p>2:15 Can You Picture This?</p> <p>3:00 Bedside Visit</p> <p>6:15 Obie Games (MT/GT)</p> <p>7:00 Recreation Visit (MT/GT)</p>	<p><b>10</b></p> <p>9:30 Exercise Class (MT/GT)</p> <p>9:30 Winter Ambiance (MT/GT)</p> <p>10:15 Morning News</p> <p>11:00 Bingo (MT/GT)</p> <p><b>2:00 January Birthday Party with Megan (Noble Hall)</b></p> <p>6:15 Virtual Concert (MT/GT)</p> <p>7:00 Recreation Visit (MT/GT)</p>	<p><b>11</b></p> <p>9:45 I Hear Memories (MT/GT)</p> <p>10:45 Plinko (MT/GT)</p> <p>3:00 Recreation Visit (MT/GT)</p>	
<p><b>12</b></p> <p>10:00 Church Service with Recreation Staff (Noble Hall)</p> <p>10:50 Eucharist Visits</p> <p>2:15 Trivia Time (MT/GT)</p> <p>3:00 Recreation Visit (MT/GT)</p>	<p><b>13</b></p> <p>9:30 Exercise Class (MT/GT)</p> <p>9:30 Chicken Soup for the Soul Short Stories (MT/GT)</p> <p>10:15 Morning News</p> <p>11:00 Bingo (MT/GT)</p> <p>1:30 Taste the Difference</p> <p>Coke vs. Pepsi (MT/GT)</p> <p>2:15 Toss a Tune (MT/GT)</p> <p>2:15 Travel To... (MT/GT)</p>	<p><b>14</b></p> <p>9:30 Chair Yoga</p> <p>10:15 Morning News</p> <p>10:15 Ride to the Rhythm (MT/GT)</p> <p>11:00 Concentration</p> <p>1:30 Seasonal Craft (MT/GT)</p> <p>2:15 Music with Megan (MT/GT)</p> <p>2:15 Friendly Visits</p> <p>3:00 Family FaceTime</p> <p>3:00 Physio Falls Prevention MTGTDC</p> <p><b>6:30 Pub Night with Terry's Tunes</b></p>	<p><b>15</b></p> <p>9:30 Exercise Class (MT/GT)</p> <p>9:30 Visual Relaxation (MT/GT)</p> <p>10:15 Morning News</p> <p>11:00 Reading Circle</p> <p>1:30 Psalms and Songs with Megan (MT/GT)</p> <p>1:30 IPAD Visit</p> <p>2:15 First to 25 (MT/GT)</p> <p>6:15 Table Bowling (MT/GT)</p> <p>7:00 Recreation Visit (MT/GT)</p>	<p><b>16</b></p> <p>9:30 Virtual Church (MT/GT)</p> <p>9:45 Morning Drive DC/MT/GT</p> <p>10:15 Bingo (MT/GT)</p> <p><b>11:00 Catholic Mass (Noble Hall)</b></p> <p>11:00 Morning News (MT/GT)</p> <p>1:30 Growing with Friends (MT/GT)</p> <p>1:30 Animal Documentary (MT/GT)</p> <p>2:15 Junk Drawer Detective</p> <p>3:00 Bedside Visit</p> <p>6:15 Obie Games (MT/GT)</p> <p>7:00 Recreation Visit (MT/GT)</p>	<p><b>17</b></p> <p>9:30 Exercise Class (MT/GT)</p> <p>9:30 Montessori (MT/GT)</p> <p>10:15 Morning News</p> <p>11:00 Bingo (MT/GT)</p> <p>1:30 Movie Matinee (MT/GT)</p> <p>3:15 Shuffleboard (MT/GT)</p> <p>4:00 Music History (MT/GT)</p> <p>6:15 Sensory Stim (MT/GT)</p> <p>7:00 Recreation Visit (MT/GT)</p>	<p><b>18</b></p> <p>9:30 Family Feud (MT/GT)</p> <p>10:15 Bible Study (MT/GT)</p> <p>11:00 Puzzle with Me (MT/GT)</p> <p>1:45 Ball Toss (MT/GT)</p> <p>2:30 Story Telling (MT/GT)</p>	
<p><b>19</b></p> <p>10:00 Communion Church Service with Gary Crosbie (Noble Hall)</p> <p>10:50 Eucharist Visits</p> <p>2:15 Trivia Time (MT/GT)</p> <p>3:00 Recreation Visit (MT/GT)</p> <p>Activity Professionals Week</p>	<p><b>20</b></p> <p>9:30 Exercise Class (MT/GT)</p> <p>9:30 Golden Cares Tunes (MT/GT)</p> <p>10:15 Bingo (MT/GT)</p> <p>11:00 Morning News</p> <p>11:15 Ride to the Rhythm (MT/GT)</p> <p>1:30 Multi-Sensory (MT/GT)</p> <p>1:30 Growing with Friends (MT/GT)</p> <p>2:15 Finish the Lyrics (MT/GT)</p> <p>2:15 Martin Luther King Jr. Documentary (MT/GT)</p> <p>Martin Luther King Jr. Day</p>	<p><b>21</b></p> <p>9:30 Shuffleboard</p> <p>10:15 Reader's Theatre (MT/GT)</p> <p>11:00 Morning News</p> <p>1:30 Snow Joking (MT/GT)</p> <p>2:15 Music with Megan (MT/GT)</p> <p>2:15 Bedside Visits</p> <p>3:00 Bible Study with Megan (MT/GT)</p> <p>3:00 Family FaceTime</p> <p><b>6:30 Pub Night with John M.</b></p>	<p><b>22</b></p> <p>9:30 Exercise Class (MT/GT)</p> <p>9:30 Visual Relaxation (MT/GT)</p> <p>10:15 Morning News</p> <p>11:00 Bingo</p> <p>1:30 Psalms and Songs with Megan (MT/GT)</p> <p>1:30 Bedside Visits</p> <p>2:15 The Crown Series (MT/GT)</p> <p>2:15 Travelling Nail Salon (MT/GT)</p> <p>3:45 Table Bowling (MT/GT)</p> <p>6:15 Snoezelen (MT/GT)</p> <p>7:00 Recreation Visits (MTGT)</p>	<p><b>23</b></p> <p>9:30 Virtual Church (MT/GT)</p> <p>9:30 Virtual Catholic Rosary (MT/GT)</p> <p>10:15 Morning News</p> <p>11:00 Reading Circle</p> <p>11:00 Lunch Trip (Steph) DC/MT/GT</p> <p>1:30 Casablanca Turns 75 (MT/GT)</p> <p>2:15 Bean Bag Toss</p> <p>3:00 IPAD Visit</p> <p>6:15 Obie Games (MT/GT)</p> <p>7:00 Recreation Visit (MT/GT)</p>	<p><b>24</b></p> <p>9:30 Exercise Class (MT/GT)</p> <p>9:30 National Geographic (MT/GT)</p> <p>10:15 Morning News</p> <p>11:00 Bingo (MT/GT)</p> <p>1:30 Café Social (MT/GT)</p> <p>3:00 IPAD Visit</p> <p>6:15 Music History (MT/GT)</p> <p>7:00 Recreation Visit (MT/GT)</p>	<p><b>25</b></p> <p>9:45 Sing a Long to Dance Tunes (MT/GT)</p> <p>10:45 Beach Ball Fun (MT/GT)</p> <p>3:00 Recreation Visit (MT/GT)</p>	
<p><b>26</b></p> <p>10:00 Church Service with Recreation Staff (Noble Hall)</p> <p>10:50 Eucharist Visits</p> <p>2:15 Trivia Time (MT/GT)</p> <p>3:00 Recreation Visit (MT/GT)</p> <p>Australia Day (Observed)</p>	<p><b>27</b></p> <p>9:30 Exercise Class (MT/GT)</p> <p>9:30 Past &amp; Present (MT/GT)</p> <p>10:15 Morning News</p> <p>11:00 Bingo (MT/GT)</p> <p>1:30 Modern Jeopardy Trivia (MT/GT)</p> <p>2:15 Name that Tune (MT/GT)</p> <p>2:15 Travelogue (MT/GT)</p>	<p><b>28</b></p> <p>9:30 Chair Yoga</p> <p>10:15 Morning News</p> <p>11:00 Laughter is the Best Medicine</p> <p>1:30 Detective Puzzles (MT/GT)</p> <p>2:15 Music with Megan (MT/GT)</p> <p>2:15 Friendly Visits</p> <p>3:00 Family FaceTime</p> <p>3:00 Falls Prevention MTGTDC</p> <p><b>6:30 Pub Night with Jeff D.</b></p>	<p><b>29</b></p> <p>9:30 Exercise Class (MT/GT)</p> <p>9:30 Visual Relaxation (MT/GT)</p> <p>10:15 Morning News</p> <p>11:00 Bingo</p> <p>1:30 Psalms and Songs with Megan (MT/GT)</p> <p>1:30 Bedside Visits</p> <p>2:15 Retro TV Afternoon (MT/GT)</p> <p>3:00 IPAD Visit</p> <p>4:45 Chinese Supper Club</p> <p>6:15 Chinese Fortune Telling (MT/GT)</p> <p>7:00 Recreation Visit</p> <p>Chinese New Year (Year of the Snake)</p>	<p><b>30</b></p> <p>9:30 Virtual Church (MT/GT)</p> <p>9:30 Virtual Catholic Mass (MT/GT)</p> <p>10:15 Morning News</p> <p>10:15 Ride to the Rhythm (MT/GT)</p> <p>11:00 Parachute Beach Ball</p> <p>1:30 Travelling Nail Salon</p> <p>1:30 Growing with Friends (MT/GT)</p> <p>2:15 Documentary – Patsy Cline (MT/GT)</p> <p>3:00 Bedside Visit</p> <p>6:15 Obie Games (MT/GT)</p> <p>7:00 Recreation Visit (MT/GT)</p>	<p><b>31</b></p> <p>9:30 Exercise Class (MT/GT)</p> <p>9:30 Virtual Art Gallery Tours (MT/GT)</p> <p>10:15 Morning News</p> <p>11:00 Bingo (MT/GT)</p> <p><b>2:00 Welcome Party with Megan (Noble Hall)</b></p> <p>6:15 Musical Memories (MT/GT)</p> <p>7:00 Recreation Visit (MT/GT)</p>		

Any Questions-Contact Kate W at Ext 4257      In the instance of an outbreak 1:1 programs will be provided      Programs ran by MG/CS may be cancelled due to availability