

HAPPENINGS AT HOME

Residents, Family, and Staff

JANUARY 2020



Celebrating January

- ◆ Knitted Christmas Tree
- ◆ Movember Winner
- ◆ December Volunteer Dinner
- ◆ Community Support
- ◆ Residents/Family Christmas Parties
- ◆ December Employee Monthly Spotlight Award
- ◆ Day & Stay News

The Christmas season is now over and we want to thank all of the generosity shown from our community partners this season. We had over 75 community members who gave so graciously this holidays season.

KNITTED CHRISTMAS TREE

We are happy to send off our knitted items made by our Residents, Staff and Volunteers. The Residents have been working very hard, once a month, in our knitting group, to give back to the families of Ronald McDonald House Charities.



Special thanks to Barb from (Mary Kay). This is Barb's 5th year that she has made it her mission to partner with other thoughtful community members to supply each one of our residents with a "Satin Hand" nourishing, fragrance free, hand cream for Christmas. Thank you for spreading some Christmas Cheer.



Movember Challenge

Congratulations to Rod for winning our Movember Challenge.

The Wellness Committee will be making a \$120.00 donation in Rod's name to a local men's health charity of his choice.

Thank you to everyone who participated.







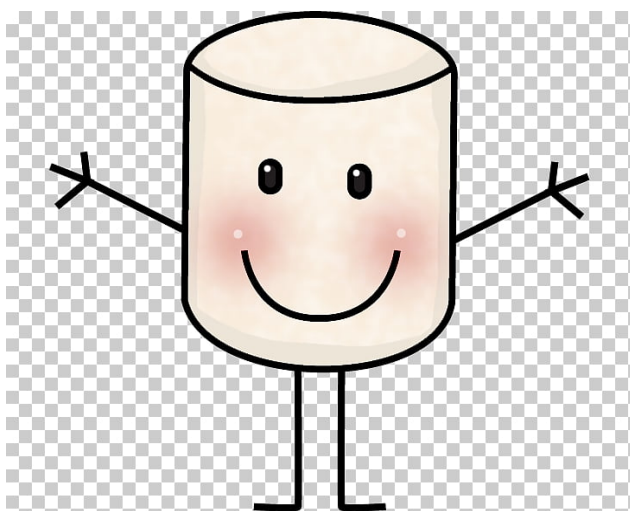
FUN WAS HAD BY ALL AT OUR ANNUAL RESIDENT, FAMILY AND FRIENDS CHRISTMAS PARTIES. SPECIAL THANKS TO ALL OUR WONDERFUL STAFF AND VOLUNTEERS WHO HELPED MAKE EACH EVENT SO FUN AND MEMORABLE!

DAY AND STAY ----JANUARY 2020

It is amazing how quickly 2019 has come and gone! We are more than ready to say a big HELLO to 2020 and welcome in new activities and new experiences. The staff and clients of the Day and Stay want to wish everyone a Happy and Healthy New Year!



January is filled with great “Theme Days”. Celebrating Tea, Oprah Day, and Marshmallow Day are just a few of the days that includes baking, Trivia, and music!



The Afternoon Program focuses a lot on Montessori Activities. Staff are able to provide one to one guidance for those clients that need it and it also allows the clients who are able to work independently to focus on one task.

We are fortunate to have a portable table that is filled with activities that can be enjoy with a small group or independently. The Afternoon Programs have no time frame on them.

Poetry

If clients are enjoying an activity then staff will continue with that activity until the clients are ready to change programs. Staff take cues from the clients and all the clients have the freedom to chose their Programs.

Scarf exercises, Karaoke and Poetry are some of the activities planned for the Afternoon Group.



This past year has been busy for the Day and Stay. New painting throughout and new flooring has been completed. A new door that leads to the garden from the Living room has been installed. This door allows the clients to go out into the garden and enjoy the flowers and fresh air. Staff want the Day and Stay to have a warm, homey feel to it and we all want the clients to feel at home.



WINTER RELATED SLIPS, TRIPS AND FALLS

January Safety Talk

As temperatures drop and snow flies, the number of injuries due to slips, trips and falls increases.



Workers suffer bruises and abrasions, broken limbs, cracked ribs, serious back and head injuries, often resulting in time off work. But it doesn't take record-breaking snowfalls or ice storms to cause slips and trips.

In Canada, more than 42,000 workers get injured annually due to falls, according to the Canadian Centre for Occupational Health and Safety. Statistics show the majority (66%) are due to slips and trips on the same level. The remaining (34%) are falls from heights, such as ladders, stairs or roofs.

While much attention is given to prevent workers falling from elevations, the reality is that anyone can slip, trip and possibly fall on level ground. And winter's wet and icy conditions make the likelihood even greater.

Tips to Avoid Injury

To help avoid injury when walking on ice and snow, we offer these tips:

- Walk slowly and deliberately, focused on the path ahead.
- Where possible, avoid slippery surfaces, such as wet leaves, icy areas and snow banks.
- Wear appropriate footwear with slip-resistant soles to work, and change into indoor footwear. Ice grippers that attach to your footwear can provide additional traction.
- Use handrails where available.

EMPLOYEE SPOTLIGHT OF THE MONTH

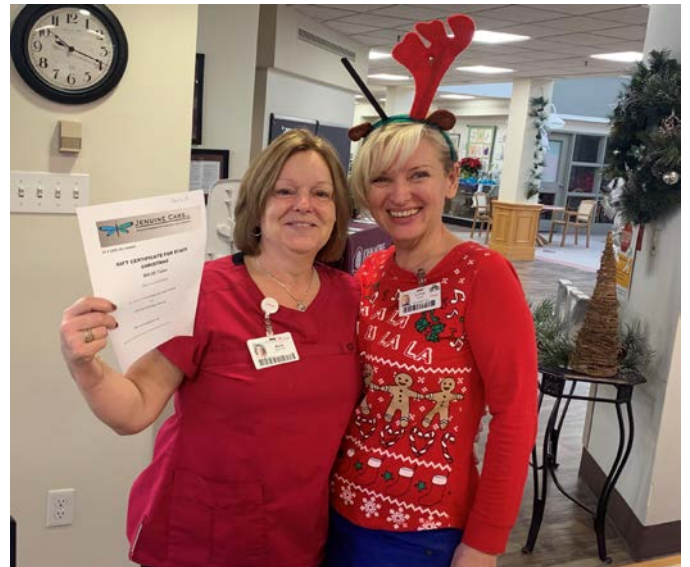


Congratulations to our December Employee Monthly Spotlight Award Winner!

Residents, staff and visitors recognize Dennis as the man driving the floor machine around the home. He embraces the Mission of the home by providing Love, Care and Dignity. Although he has task to complete, Dennis takes the time to make a connection with our residents and assist co workers when he can. The cleanliness of the Home is evidence of his commitment to his work.

Dennis' earlier background as a Health Care Aide in the Nursing Department help him see the importance of teamwork at the Home. Dennis loves to brighten the resident's day by decorating his floor machine with seasonal decorations or to promote events at the Home. No one will forget his floor machine's Movember Mustache!

Congrats to Maria she was one of the lucky winners for our Wellness Christmas Draw. She won a gift card for Jenuine Foot Care!



VOLUNTEER OPPORTUNITIES

If your New Year's resolution is to give back to the community and volunteer, we would love to hear from you! There are a variety of volunteer opportunities available.

The volunteer department is looking for volunteers to help out in the Skylight Café, front desk and in the recreation department assisting the staff with social and spiritual programs.

If you want more information, please contact Karli Cass at Ext. 4241





ANNUAL VOLUNTEER CHRISTMAS DINNER

We celebrated our wonderful volunteers and all the amazing work they do here at the home. Lots of games, fun and laughs we had and a delicious meal was prepared by our nutrition services staff. What a fantastic year 2019 has been! We can't wait to create more fun memories with you all in 2020! Thanks for all that you do!!!



Happy Holidays From John Noble Home

Lindsay ^{Son}

Shelly

Jane Patrice

Jennifer Miller

Joanna

Connie ^{Starr}

Maele Cass

Bob Mudgeley

Clare M

Mary Cox

PIC-COLLAGE