

February 2020

HAPPENINGS AT HOME

Our Staff, Residents, and Family



Celebrating February

- ♥ History of St. Valentine
- ♥ Retro 60's Dress-up Photos
- ♥ Sign up for the Social Committee
- ♥ Friday 14th, Dress-up Day
- ♥ Employee of the Month
- ♥ Day and Stay News
- ♥ February Safety Talk
- ♥ Shrove Tuesday

Who was the real St. Valentine?

The Catholic Church recognizes at least three different saints named Valentine or Valentinus, all of whom were martyred. One legend contends that Valentine was a priest who served during the third century in Rome. When Emperor Claudius II decided that single men made better soldiers than those with wives and families, he outlawed marriage for young men. Valentine, realizing the injustice of the decree, defied Claudius and continued to perform marriages for young lovers in secret. When Valentine's actions were discovered, Claudius ordered that he be put to death. Still others insist that it was Saint Valentine of Terni, a bishop, who was the true namesake of the holiday. He, too, was beheaded by Claudius II outside Rome.

Other stories suggest that Valentine may have been killed for attempting to help Christians escape harsh Roman prisons, where they were often beaten and tortured. According to one legend, an imprisoned Valentine actually sent the first "valentine" greeting himself after he fell in love with a young girl—possibly his jailor's daughter—who visited him during his confinement. Before his death, it is alleged that he wrote her a letter signed "From your Valentine," an expression that is still in use today. Although the truth behind the Valentine legends is murky, the stories all emphasize his appeal as a sympathetic, heroic and—most importantly—romantic figure. By the Middle Ages, perhaps thanks to this reputation, Valentine would become one of the most popular saints in England and France.



**EVERYONE HAD A WONDERFUL
TIME DRESSING UP IN RETRO
1960 STYLE.
EVERYONE THAT PARTICIPATED
EARNED A POINT FOR THEIR TEAM.**





On Friday February 14th, dress up in your favorite outfit or sweater and join the staff and earn an extra point for your team.



HI EVERYONE. PLEASE WATCH OUT FOR NOTICES TO SIGN UP FOR THE SOCIAL COMMITTEE 2020. ANY QUESTIONS PLEASE ASK RPN: MELISSA GREGORY.



If your new year's resolution is to give back to the community and volunteer, we would love to hear from you! There are a variety of volunteer opportunities available.

Please contact Karli Cass at ext:4241

EMPLOYEE OF THE MONTH

Congratulations to our

"January Employee Spotlight Award Winner!"

LISA HAYES

Lisa is the Therapeutic Recreation Programmer for the clients of the Day & Stay. The clients love her energy, enthusiasm and creativeness. Lisa always has a smile and an encouraging word for everyone as they board the bus in the morning and as they leave at the end of the day.

Lisa shows kindness and compassion to all of the clients and their families.

Lisa is a great team member and is an understanding and patient mentor to all new staff members and students.

Lisa is always willing to learn and is on the last course of the online Therapeutic Recreation Course. She works hard to ensure that all of the clients have a great day and that hard work is appreciated by everyone.



PEACE



PEACE

Happenings at Home

Day and Stay Program

February 2020

Happy Valentine's Day!



February is for Sweethearts.

Over the years, clients have given copies of their wedding pictures to put our "Love" board. All of the staff are so amazed at how beautiful the ladies look in their fine wedding dresses. The ladies will tell us wonderful stories about their dress and how special it was to them. The gentlemen are so very dashing in their tuxedos and they look so proud. Many of our clients become teary remembering their wedding day surrounded by their families and friends. So many of the clients have been married to their sweethearts for over 60 years and hearing about their "Love Story" is always special.



Happy Valentine's Day

February has some exciting "Special Days" planned for the clients to

enjoy. "Chocolate Day" will be a lot of fun making tasty Double Chocolate Cookies, "Random Act of Kindness Day" has the clients making flower bouquets and handing them out to some very lucky people.



The weekend clients will have a lot of fun on "Pizza Day". They will be making their own pizza with special toppings.

The weekend overnight program and the weekend day program is always full of great activities.

Wishing everyone a "Happy Family Day". Relax and Enjoy!

I  **FAMILY**



Follow the Day and Stay on Facebook and Like our Page!

February Safety Talk

Safety Talks

Read & Initial below:



8 Rules of Body Mechanics

- ❑ Maintain a broad base of support
- ❑ Bend from the hips and knees to get close to an object
- ❑ Use the strongest muscles to do the job
- ❑ Use the weight of your body to help push or pull an object
- ❑ Carry heavy objects close to the body
- ❑ Avoid twisting your body as you work
- ❑ Avoid bending for long periods of time



The John Noble Home Family Council is looking for members to join their team. The Family Council members are the voice for our residents and work closely with the home's staff, and resident council. For more information please contact Karli Cass at Extension #4241 or join them at the next meeting, Friday February 28th at 1 p.m.

Chinese New Year Celebration 2020



From January 20th ~ January 24th, the Home celebrated the Chinese New Year 2020 (Year of the Rat) with a Lucky Square Game and some delicious fortune cookies!

The winner of the Lucky Squares Game was announced on January 25th and the Lucky Winner is ...

Sylvia Henhawk



***Shrove Tuesday* falls on February 25th this year. The Wellness Committee will be serving pancakes with maple syrup and sausages from the Skylight Café to staff members**

There will "MARDI GRAS"
Celebrations throughout the



home.



DATE: FEBRUARY 28TH.

Please take note that the due date for the completion of all mandatory education has been changed. All Staff must complete their annual mandatory lessons on Surge Learning by September 15th each year to remain on the schedule.

FEBRUARY EMPLOYEE SPOTLIGHT



AWARD WINNER



JOANNE LERNO

Joanne is always one of our #1 participants in our monthly positivity challenges. She is devoted to providing the highest level of care to her residents and is a pleasure to work with. Joanne is one of our staff mentors, and in this role, she facilitates growth to students and provides them with the knowledge base to continue with their careers in LTC. Staff that work with Joanne say she's dependable and easy to work with. Congratulations Joanne!

