

November 2023

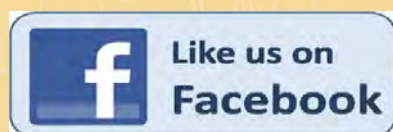
# HAPPENINGS AT HOME

Residents, Staff and Family



## Celebrating November

- We Remember
- Mini Christmas Market
- Day & Stay News
- Safety Talk
- Family Council Buzz
- PSW Practice
- Employee Spotlight
- Art Activity



## “We Remember”

Let us never forget the solemn truth  
that the nation is not constituted of the  
living alone.

- Sir Robert Borden.  
8<sup>th</sup> Prime Minister of Canada







# **MINI CHRISTMAS MARKET**

**November 14<sup>th</sup>, 2023**

**9am-3pm**

Available for purchase at 11am  
Pop, Chips & Pizza!

Tables from...

Tina & Nancy

Family & Resident Council

## Day and Stay Program



On Saturday November 11, 2023, the staff of the Day and Stay will remember and thank all of those men, women and animals who fought so hard for the freedom we all enjoy today.

**We Will Never Forget**

The clients will be involved with many Remembrance Day activities. Remembrance Facts and Trivia, Card making for Veteran's, and baking Poppy Seed Bread. The clients will be able to watch the Parliament Hill Service, which is always so special to them.



The Centre will be decorated this month for Christmas. It's always nice to see the Centre looking so festive.



There are some wonderful Theme Days this month including: Pickle Day, Sandwich Day and Cranberry and Cinnamon Day. A lot of food days this month to enjoy! The clients will be making Pickle Cookies and will take part in making their own sandwiches for lunch.

MUSIC in any program is always a client favourite. Music is a big part of the clients' day. This includes music bingo, music exercise, Karaoke and Name that Tune. It is always heartwarming to hear the clients singing along with the staff.



Volunteers contribute to the success of our Program. We are

looking for volunteers to come into the Centre once a month to play the piano, or to help over the lunch/supper hour during the week, or on the weekends.



Like our Page on Facebook





## SAFETY TALK

Read & Initial below:



### Emergency Eye Wash Stations

THE FIRST 10 SECONDS ARE CRITICAL:

Toxic Substances, when coming in contact with the eye, immediately begin to damage sensitive eye tissue. The longer they remain in contact, the greater the damage to the eye. Besides tissue damage, acids and alkali can change the pH in the eye itself. When the pH of the eye begins to get out of the narrow tolerable range, severe eye damage, including blindness, may result. Therefore, it is imperative to begin flushing as quickly as possible after the eye comes in contact with a harmful substance.

When irritating or corrosive foreign substances get into the eye, the eyelids involuntarily clamp shut. Therefore, the person requiring the use of an eyewash device frequently needs assistance to find his/her way to the device.

This is best accomplished by two persons, each taking an arm of the injured person, and quickly leading him/her to the nearest eyewash device. The helpers then activate the eyewash device and position the water stream so that the injured person can flush the eye from the inside corner to the outside corner.

It is important to remember this so that the harmful substance is not flushed into the other eye. As mentioned before, since eyelids involuntarily clamp shut when irritated, the victim can use his hands to hold open the eyelids to allow emergency eye flushing. ANSI guidelines suggest a full 15 minutes of flushing before seeking further medical help.

## Family Council Buzz



### WHERE DO YOUR FUNDRAISING DOLLARS GO?

All funds raised provide our Residents with monthly entertainment, weekly bingo prizes and access to Spotify. We spend approximately \$2,000 a year for our Residents' direct benefit. The last 3 years we have been unable to do fundraising and our bank balance is running low.



Over the next several months you will be able to participate in **FAMILY COUNCIL FUNDRAISING**.

Your support will be much appreciated. First up will be a special **bracelet** made specifically for the John Noble Home. Available at the reception desk, bracelets will cost **\$6**. This is a repeat, successful fundraiser run prior to the start of the Pandemic.

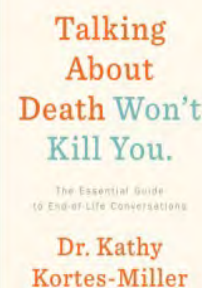


We are exploring selling **Travel Mugs** and working on the **NOBLE ANGEL PROJECT**. Anyone who makes a donation of \$25 or more to the Family Council – John Noble is eligible for a tax receipt and a wooden Noble Angel. We are excited to share that Noble Angels will be **hand painted by Residents**. This will be a special gift which we believe every family would like to own.



### NEW LENDING LIBRARY – SIGN IT OUT

'Talking About Death Won't Kill You' reinforces that we should talk and plan before loved ones get sick and we become overcome by grief, fear and denial. Sections include how to talk to children about death and how to talk to loved ones about their wants. It's the first time I've read about the use of technology for funerals and communications including social media etiquette. It reminded me to shift my perspective. Although it's difficult for us to say good bye, think of the energy the person dying requires to say goodbye to numerous people. (Book Review by a Family Council Member)



Drop in to see Tina Praass, Residential Relations Coordinator (main floor by the Café) or call (519) 756-2920 ext. 4255 for signing out resources.



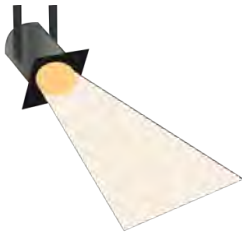
## PSW Practice

PSW Practice will be held on **November 28<sup>th</sup>** at **1030h, 1330h, 1500h, and 2245h.**

Topic this month is “Nothing Wounds like Quality Care!”



## Employee Spotlight



Sue is a spectacular Nurse with a dedicated focus to resident care and outcomes. As a long-standing nurse with the Home, Sue is kind and compassionate when meeting the needs of our residents. Our residents look forward to seeing Sue's smiling face and happy demeanor each day 😊.

*Congratulations*



"Fun with Art" was  
a blast with our  
volunteer Sue on  
Davis Court 🎨

