

Jan./Feb- 2026

HAPPENINGS AT HOME

Residents, Staff and Family

Celebrating January & February

- Happy New Year!!!
- Safety Talk
- Day & Stay Program
- Family Council
- GPA Training
- Christmas Donation and Celebrations
- Flu Vaccination Draw
- Employee Spotlight
- Resident Appreciation Day
- Volunteer Newsletter



January Safety Talk

Cold and flu season is here!

SAFETY TALK
December 2023

Please initial below:

The BAD HABITS

Someone with poor hygiene habits can spread germs to others via commonly touched surfaces

Breeding ground for illness causing bacteria + viruses

The UGLY HOTSPOTS

The breakroom

Microwave door handles and sinks are the dirtiest surfaces touched by office workers on a daily basis

Keyboards

20,951 germs per square inch

Buttons on vending machines and water fountains

Where do you stand on the germaphobe scale?

The GOOD PRACTICES

Practicing good hygiene can reduce average hot spot germ counts by **59%**

To protect yourself + your co-workers:

1 Speak Up Ask management to stock up on supplies that break the chain of germ transmission, ie. hand sanitizer, disinfecting wipes, soap, paper towels, and tissues

Encourage your office to hold an in-house flu shot clinic to make it easy for workers to get vaccinated

2 Lead by Example

Sneeze into your elbow

Wash hands often

Use disinfecting wipes to clean common surfaces

If you're sick, stay home!

3 Wash, Wipe, Sanitize

This protocol reduces the probability of infection from colds and flu in the workplace by about 80%

The use of disinfecting wipes can reduce the number of surfaces contaminated by viruses by 62%



Public Services Health
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February Safety Talk

Safety Talks

Read & Initial below:



8 Rules of Body Mechanics

- Maintain a broad base of support
- Bend from the hips and knees to get close to an object
- Use the strongest muscles to do the job
- Use the weight of your body to help push or pull an object
- Carry heavy objects close to the body
- Avoid twisting your body as you work
- Avoid bending for long periods of time

Day & Stay Program

2025 brought with it another busy year at the Day & Stay. We ended the year with a memorable Christmas party enjoyed by all who were able to attend. Celebrating with the clients and their families is always a special time that staff look forward to.

2026 will be a special year for the Day & Stay as our construction will be complete and we will be enjoying our new space. We're all very excited and appreciative of the new environment. We cannot wait to move in and make the most of the new space.

In the month of January, the clients celebrated Tea Day on the 13th and trying different types of teas. Clients were excited to see what their favourite would be. All about Scotland was on the 23rd as we honoured Robbie Burns. The month ended well with Homemade Bread Day on the 28th. They say nothing competes with the smell of homemade bread!

For the month of February, the program will be celebrating a number of traditional days and new ones including Groundhog Day, Valentines Day, Chinese New Year and Johnny Cash Day. For Valentines Day the clients share and remember how they met their significant other and take part in trivia about famous romantic couples.



Family Council

The John Noble Home Family Forum Council would like to extend our sincere thanks to the residents and staff for their incredible support of the Christmas Market. Your generosity, time, and enthusiasm helped make the event a wonderful success, raising over \$1,000. All proceeds will be reinvested directly back into the residents' experience. We truly appreciate everyone who contributed and helped make this event so special for our community.

Please see below the initiatives and accomplishments supported through donations from the Family Forum Council.

Flower and Vegetable Gardens

- Funds were used to support the development and maintenance of flower and vegetable gardens for residents to enjoy.
- These gardens provide opportunities for outdoor engagement, therapeutic activities, and a welcoming environment for residents, families, and visitors.

Monetary Donations for Christmas Events

- Donations helped cover the cost of treats for the Christmas Tree Lighting event.
- Funds were also used to hire entertainers to provide festive programming and enhance resident enjoyment.
- Additional support covered the purchase of craft materials used during the Christmas Tree Lighting and related holiday activities.

Memorial Service Coffee Session

- Contributions were used to provide treats and refreshments for the coffee session following the memorial service.
- This created a welcoming space for residents, families, and staff to gather, reflect, and support one another.

Recreational and Engagement Activities

- We sponsored quarters for **Bingo**, helping ensure residents could fully participate in this popular and social activity.
- We also sponsored a **Petting Zoo**, providing residents with a joyful and therapeutic experience through animal interaction.

Overall Financial Support

- Over the past two years, approximately **\$800** has been used to support these initiatives, with all funds directed toward enhancing resident well-being, engagement, and community connection.

The Family Forum Council, under the direction of Mike Gilbrook and Kevin Hickman, was thrilled to host a DJ afternoon for the residents of the John Noble Home on January 20, transforming the space into the hottest new nightclub in town for the day. The afternoon featured crowd-favourite music from the 1940s, 50s, 60s, and 70s, taking residents on a lively and meaningful trip down memory lane. Familiar tunes sparked toe-tapping, singing along, and shared stories, filling the room with smiles and laughter. Adding to the fun, engaging trivia questions and interesting fun facts from each decade encouraged participation and friendly conversation throughout the event. Refreshments were enjoyed in the form of classic root beer floats on tap, a sweet and nostalgic treat that perfectly complemented the music. A heartfelt thank you goes out to Crystal, Taylor, Stephanie, and the entire Recreation Team for their incredible support, energy, and behind-the-scenes work that helped make the afternoon such a success. Overall, the event created a warm and energetic atmosphere filled with laughter, connection, and great music, proving once again that the best dance floor in town truly knows no age limit.



Gentle Persuasive Approaches (GPA®)

ATTENTION ALL STAFF:



Announcing an educational program you won't want to miss!

Gentle Persuasive Approaches (GPA®) in Dementia Care: Supporting Persons with Responsive Behaviours

GPA Basics is a 7.5 hour evidence-informed education session designed for team members who care for older adults who display responsive behaviours associated with dementia. GPA is taught Canada-wide to care providers across various sectors. Learners complete four modules which include interactive exercises, creative multimedia, and reflective learning. Learners gain purposeful knowledge and develop skills that can be immediately used at the point of care.

Location: John Noble Home

Date: Feb 10, & Feb 23

Time: 8:30 am - 4:30 pm

Look what people are saying about GPA...

“Everyone in dementia care would find this useful”

“Very valuable tools taught in a sensitive and mindful way. Very informative, practical.”

“It’s very informative and makes you reflect on how you are doing [...] in regards to handling patients with dementia”



If you have any questions* please contact:
Deana Ext: 4243 BSO TR



Gentle
Persuasive
Approaches®

Please wear comfortable clothes and shoes for this session.
An email address is required to obtain a certificate following the session.*

Christmas Donation

A Big Thank You to all staff, residents, family members and friends that donated to give 3 families a Christmas.

All the generous donations have given these 3 families a full turkey dinner, groceries and gifts for the children.

You are all greatly appreciated.

Thank You



Christmas spirit thanks to a lovely family who visited the Home to play Christmas music for our residents! ❤️🎶



Our residents celebrated their Christmas parties today, complete with a special visit from Santa! 🎅❤️





For many years now Barb from Mary Kay's (along with our amazing community!) Donated 156 gifts over this holiday season!

Thank you for your continued support and generosity.



Flu Vaccination Draw

••• Congratulations & Thank You! •••

We are pleased to congratulate **Tanvir Khera**, the winner of the **\$75 gift card** from our Flu Vaccination draw! Thank you to everyone who participated and helped make our vaccination efforts a success.



We would also like to extend our sincere appreciation to our community pharmacy partners for their outstanding support during outbreak management and vaccination efforts:

- **Bruno Bove from Shoppers Drug Mart – West Brant**, thank you for your assistance during the outbreak and for generously donating the gift card.
- **Kero Moussa from King George Pharmacy**, thank you for your continued support during the outbreak and vaccination clinic.

We truly appreciate all of your support and partnership in keeping our home safe and healthy.



A big **thank you to The Germinators** for their enthusiasm and creativity in our Hand Hygiene Photo Contest — your engagement helped spread an important message in a fun way!





Employee Spotlight

Ana was nominated by her co-workers for the Employee Spotlight Winner for the month of February!

Ana works is a housekeeper in the home and is described by her co-workers as hardworking and helpful to others. Ana is a great team player and is a joy to work with as she is always happy, and optimistic.

Congratulations, Ana!



we
appreciate
you

Resident Appreciation Day

Last Friday we celebrated a very special day “Resident Appreciation Day”! resident council members collaborated with our therapeutic recreation coordinator to plan this fun event!

Thanks for a wonderful day. 💙🤍



VOLUNTEER NewsLetter

JANUARY 2026



VOLUNTEER SPOTLIGHT

Marcy Clark

Marcy started here at the John Noble Home in 2025, and boy are we glad she did! as the saying goes... she hit the ground running. Marcy started out in our Cafe and is now also assisting in the hair salon. Marcy brings a positivity and cheer wherever she goes. The residents and staff are so happy you joined our team.

EDUCATION

we will be hosting our first volunteer education session for our annual surge learning review on April 1 at 9am. this will take place in the Skylight Cafe. Please register with Karli

VOLUNTEERS NEEDED

We still have a few volunteer opportunities here within our home. if you or someone you know are interested have them reach out

- Spiritual
- Skylight Cafe
- Special Events

HOME UPDATES

Please note that the outbreak has been declared over, but volunteers must still mask until further notice..