

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



July 2021

Day and Afternoon Programs



Happy Canada Day!
Centre Closed

1 Postage Stamp Day
9:00 What's New
9:30 History of the Postage Stamp
10:00 Design Your Own Stamp
BBQ Lunch
1:00 Travel Exercises
2:00 The Price is Right
Afternoon Program
12:00 Around the World
1:00 Travel Exercises
2:00 Music Bingo
3:00 Colouring
4:00 Outdoor Games
BBQ Supper

2 Beach Day **3**
9:00 Let's Chat
9:30 Beach Trivia
10:00 Beach Blanket Bingo
1:00 Good Vibrations Exercises
2:00 Horseshoes

4
9:00 What's New
9:30 Strawberry Facts
10:00 Making Strawberry Dessert
1:00 Farming Exercises
2:00 Strawberry Word Probe
Strawberry Afternoon
12:00 Our Neighborhood
1:00 Farming Exercises
2:00 Puzzling Fun
3:00 Word Probe
4:00 Horseshoes

5 Strawberry Day
9:00 What's New
9:30 Did You Know
10:00 Horticulture
1:00 Ole Exercises
2:00 Make a Word
Afternoon Program
12:00 Today's Updates
1:00 Ole Exercises
2:00 Pathways
3:00 Bingo Games
4:00 Golf Putt Game

6 9:00 What's New
9:30 What Am I?
10:00 Horse Racing
1:00 Sing & Stretch
2:00 Target
Afternoon Program
12:00 Coffee/Tea and Discussion
1:00 Sing & Stretch Exercises
2:00 Wheel of Fortune
3:00 Artful Expressions
4:00 Swatterball Fun

7 9:00 What's New
9:30 Word Probe
10:30 Garden Games
BBQ Lunch
1:00 Exercises in the Garden
Afternoon Program
12:00 Let's Chat
1:00 Exercises in the Garden
2:00 What Belongs Where?
3:00 Outdoor Games
BBQ Supper

8 9:00 What's New
9:30 Finish the Line
10:00 Music Bingo
1:00 Ole Exercises
2:00 Bananagrams
Afternoon Program
12:00 In the News
1:00 Ole Exercises
2:00 Word Probe
3:00 Penny Snatch
4:00 Swatterball Fun

9 9:00 What's New
9:30 Trivia
10:00 Outdoor Games
1:00 Fun & Fitness
2:00 Music Exploration



11 Caribbean Day
9:00 What's New
9:30 Caribbean Facts and Trivia
10:00 Caribbean Craft
1:00 Dancing Exercises
2:00 Wheel of Fortune
Caribbean Afternoon
12:00 Let's Chat
1:00 Dancing Exercises
2:00 Creative Art Expression
3:00 Music bingo
4:00 Outdoor Games

12 Chinese Day
9:00 What's New
9:30 Chinese Facts & Trivia
10:00 Lantern Craft
1:00 Creative Exercises
2:00 Learning Tai Chi
Chinese Afternoon
12:00 Around the World News
1:00 Creative Exercises
2:00 Penny snatch
3:00 Craft Art
3:00 Lawn Darts

13 India Day
9:00 What's New
9:30 India Trivia
10:00 Taj Mahal Art
BBQ Lunch
1:00 Bollywood Exercises
2:00 Photos of India
India Afternoon
12:00 What's Happening
1:00 Bollywood Exercises
2:00 Painting
3:00 Tour of India
4:00 Horseshoes
BBQ Supper

14 Polish Day
9:00 What's New
9:30 Polish Facts
10:00 White Eagle Craft
1:00 Learn a Polish Dance
2:00 Learn to speak Polish
Polish Afternoon
12:00 Coffee/Cookie and News
1:00 Learn a Polish Dance
2:00 Card Games
3:00 Matching Fun
4:00 Swatterball Game

15 British Day
9:00 What's New
9:30 All About Britain
10:00 British Flag Craft
1:00 Marching Exercises
2:00 Wheel of Fortune
British Isles Afternoon
12:00 Let's Chat
1:00 Marching Exercises
2:00 Wheel of Fortune
3:00 Tour of the British Isles
4:00 Finish the Line...

16 9:00 News Around Town
9:30 All About Grilling
10:00 Finish the Line...
BBQ Lunch
1:00 Exercises
2:00 Lawn Darts

18 9:00 What's New
9:30 Word Probe
10:00 Bells
1:00 Moving to the Beat
2:00 Family Feud
Afternoon Program
12:00 Cookies and Chat
1:00 Moving to the Beat
2:00 Family Feud
3:00 Dice Roll
4:00 Swatterball Fun

19 Hot Dog Day
9:00 What's New
9:30 Hot Dog Facts
10:00 Garden Games
BBQ Lunch
1:00 Fun & Fitness
2:00 Wheel of Fortune
Afternoon Program
12:00 Newspaper & Talk
1:00 Fun & Fitness
2:00 Matching Fun
3:00 Card Games
4:00 Target
BBQ Supper

20 9:00 What's New
9:30 Finish the Line...
10:00 Music Morning
1:00 Let's Get Moving
2:00 Charades
Afternoon Program
12:00 In the News
1:00 Let's Get Moving
2:00 Word Probe
3:00 Shake Loose a Memory
4:00 Bowling

21 9:00 What's New
9:30 Can You Picture This?
10:00 Art Morning
1:00 Ole Exercises
2:00 Family Feud
Afternoon Program
12:00 Let's Have a Talk
1:00 Ole Exercises
2:00 Picture This....
3:00 Painting
4:00 Bocce Ball

22 Start of the Olympics
9:00 What's New
9:30 Facts on the Olympics
10:00 Tennis Competition
1:00 Gymnastics Exercises
2:00 Olympic Word Probe
Afternoon Program
12:00 Around the World
1:00 Gymnastics Exercises
2:00 Butterfly Creative Art
3:00 Word Probe
4:00 Bowling

23 Sensory Saturday **24**
9:00 What's New
9:30 Sensory Trivia
10:00 Sensory Art
1:00 Exercise
2:00 Do You Hear What I Hear?

25 9:00 What's New
9:30 Make A Guess
10:00 Outdoor Games
BBQ Lunch
1:00 Relaxing Stretches
2:00 Scrabble Word Find
Afternoon Program
12:00 Let's Chat
1:00 Relaxing Stretches
2:00 Penny Snatch
3:00 Cards
4:00 Lawn Darts
BBQ Supper

26 9:00 What's New
9:30 Finish the Line
10:00 Dice Roll
1:00 Ole Exercises
2:00 Bingo
Afternoon Program
12:00 News and Views
1:00 Ole Exercises
2:00 Dice Roll
3:00 Puzzles
4:00 Swatterball Fun

27 9:00 What's New
9:30 Word Probe
10:00 Creative Art
1:00 Relaxing Stretches
2:00 Bean Bag Toss
Afternoon Program
12:00 Newspaper and Coffee
1:00 Relaxing Stretches
2:00 Colouring Fun
3:00 Music Bingo
4:00 Outdoor Games

28 International Tiger Day
9:00 What's New
9:30 Learning About the Tiger
10:00 Tiger Striped Art
1:00 Musical Exercises
2:00 Cat Bingo
Afternoon Program
12:00 Local Facts
1:00 Musical Exercises
2:00 Shake Loose a Memory
3:00 Sorting/Matching
4:00 Horseshoes

29 9:00 What's New
9:30 What Am I?
10:00 Art Morning
1:00 Let's Move It!
2:00 Bean Bag Toss
Afternoon Program
12:00 Let's Chat
1:00 Let's Move It!
2:00 Dice Roll Game
3:00 Card Games
4:00 Shuffleboard

30 National Mutt Day **31**
9:00 What's New
9:30 Doggie Trivia
10:00 Reminiscing About Our Pets
11:00 World's Most Famous Pets
1:00 Walking in The Garden
2:00 Target Toss

