

| Sunday   | Monday   | Tuesday   | Wednesday   | Thursday   | Friday   | Saturday   |  |
|--|--|---|---|--|--|--|--|
|   | 9:30 All About Canada Day<br><br>Canada Day   | 9:30 Chair Yoga<br>10:15 Hymn Sing with Suzie Q<br>11:00 Bingo (M/G)<br><b>11:00 Family Video Chat</b><br><br>1:30 Inflatable Ring Toss<br>2:15 Afternoon Trivia<br>3:00 Sunshine Stroll<br>3:00 Falls Prevention Class (M/G/D)<br><br><b>6:30 Pub Night w John Moorehouse</b>  | <b>Morning Treat Trolley Visits</b><br>9:30 Exercise Class (MT)<br>9:30 Visual Relaxation (GT)<br><b>10:00 Family Video Chat</b><br>10:15 Treasured Tunes<br>11:00 Categories<br><br>1:30 Senses & Serenity<br>2:15 Virtual Church Service<br>3:00 Sit & Socialize<br><br>6:15 Bean Bag Toss<br>7:00 Recreation Visit   | <b>9:30 Bible with Bonnie</b><br>10:15 Bingo<br>11:00 Chair Yoga<br><b>11:00 Family Video Chat</b><br><br><b>1:30 Hymns with Cynthia</b><br>2:30 Bell Ringing (M/G)<br><br>6:15 Trivia<br>7:00 Recreation Visit<br><br>Independence Day (US)   | 9:30 Hymns & Devotionals<br>10:15 Exercise Class<br>11:00 Bingo (M/G)<br><br>1:30 Movie Matinee (M/G)<br><br>6:15 Musical Memories<br>7:00 Recreation Visit  | 9:45 Sing a Long w Suzie<br><br>10:45 Table Bowling<br><br>3:00 Outdoor Strolls (1:1)        |  |
| <b>10:00 Church Service with Recreation</b><br><br><b>10:50 Eucharist Visits</b><br><br>2:15 OBIE<br><br>3:00 Recreation Visits      | 9:30 Virtual Church Service<br>10:15 Exercise Class<br>11:00 Bingo (M/G)<br><br>1:30 Watercolor Painting<br>2:15 Travelogue (GT)<br>2:15 Name that Tune (MT)                                       | <b>9:30 Morning Drive</b><br>9:30 Chair Yoga<br>10:15 Spiritual Lessons<br>11:00 Memory Lane<br><b>11:00 Family Video Chat</b><br><br>1:30 Target Toss<br>2:15 Bird Watching (On the Terrace) (M/G)<br>2:15 Music with Megan (MG)<br>3:00 Bible Study (MG)<br>3:00 Sensory Walk<br><br><b>6:30 Pub Night w Terry Carter</b> | <b>Morning Treat Trolley Visits</b><br>9:30 Exercise Class (MT)<br>9:30 Visual Relaxation (GT)<br>10:15 Hygee Question Game<br>11:00 Family Feud<br><br>1:30 Psalms and Songs (MG)<br>1:30 Sensory Room<br>2:15 July Monthly Gazette & Table Talk Tidbits<br><br>6:15 Table Bowling<br>7:00 Recreation Visit  | <b>9:30 Bible with Bonnie</b><br>10:15 Bingo<br><b>11:00 Lunch Bunch Trip</b><br>11:00 Chair Yoga<br><b>11:00 Family Video Chat</b><br><br>1:30 Guess the Word<br>2:15 EZ Short Stories<br>3:00 Bedside Visit<br><br>6:15 Trivia<br>7:00 Recreation Visit  | 9:30 Spiritual Lessons<br>10:15 Exercise Class<br>11:00 Bingo (M/G)<br><br>1:15 Recreation Visit<br><b>2:00 July Birthday Party with Megan G (Noble Hall)</b><br><br>6:15 I Hear Memories<br>7:00 Recreation Visit | 9:45 Name That Tune<br><br>10:45 Shuffle Board<br><br>3:00 Finish Lines (1:1)                |  |
| <b>9:45 Church Service with Cynthia</b><br><br><b>10:50 Eucharist Visits</b><br><br>2:15 OBIE<br><br>3:00 Recreation Visits          | 9:30 Virtual Church Service<br>10:15 Exercise Class<br>11:00 Bingo (M/G)<br><br>1:30 Beauty Boutique (MT)<br>1:30 Rosary Group (GT)<br>2:15 Animal Documentary (GT)<br>2:15 Finish the Lyrics (MT) | 9:30 Chair Yoga<br>10:15 Resident Program Choice Meeting & Bill of Rights Reading<br>11:00 Joyful Reflections<br><b>11:00 Family Video Chat</b><br><br>1:30 Dice Roll<br>2:15 Trivia Time!<br>3:00 Garden Visit<br>3:00 Fall Prevention Class (M/G/D)<br><br><b>6:30 Pub Night Don Dunham</b>                               | <b>Morning Treat Trolley Visits</b><br>9:30 Exercise Class (MT)<br>9:30 Visual Relaxation (GT)<br><b>10:00 Family Video Chat</b><br>10:15 Grand Ole Opry<br>11:00 Concentration<br><br><b>1:30 Resident Council Meeting</b><br>1:30 Psalms and Songs (MG)<br>1:30 Multi-Sensory Room<br>2:15 Brantford Expositor<br>3:00 Hallway Chat<br><br>6:15 Plinko<br>7:00 Recreation Visit | <b>9:30 Bible with Bonnie</b><br>10:15 Bingo<br>11:00 Chair Yoga<br><b>11:00 Family Video Chat</b><br><br>1:30 Word Twist<br>2:15 Read with Me<br>3:00 YouTube & You Visit<br><br>6:15 Trivia<br>7:00 Recreation Visit   | 9:30 Golden Apple Scripture<br>10:15 Exercise Class<br>11:00 Bingo (M/G)<br><br>1:30 Jumbo Badminton (M/G)<br>2:15 Café Visits (M/G)<br>3:00 iPad Visit<br><br>6:15 Musical Memories<br>7:00 Recreation Visit      | 9:45 Sing a Long to the Oldies<br><br>10:45 Beach Ball Fun<br><br>3:00 Outdoor Strolls (1:1) |  |
| <b>10:00 Communion Service with Gary Crosbie</b><br><br><b>10:50 Eucharist Visits</b><br><br>2:15 OBIE<br><br>3:00 Recreation Visits | 9:30 Virtual Church Service<br>10:15 Exercise Class<br>11:00 Bingo (M/G)<br><br>1:30 Seasonal Craft (M/G)<br>2:15 Travel to...(GT)<br>2:15 Toss-A-Tune (MT)  | 9:30 Chair Yoga<br>10:15 Golden Apple Scriptures<br>11:00 Babies & Laughter<br><b>11:00 Family Video Chat</b><br><br>1:30 Bean Bag Toss<br>2:15 Terrace Talks<br>2:15 Music with Megan (MG)<br>3:00 Bible Study (MG)<br><br><b>6:30 Pub Night w Jim Young</b>   | <b>Morning Treat Trolley Visits</b><br>9:30 Exercise Class (MT)<br>9:30 Visual Relaxation (GT)<br>10:15 Bell Ringing (M/G)<br>11:00 Family Feud<br><br>1:30 Psalms and Songs (MG)<br>1:30 Snoezelen Room<br>2:15 Good News Network<br><br><b>4:45 Supper Club</b><br><br>6:30 Shuffle Board<br>7:00 Recreation Visit  | <b>9:30 Bible with Bonnie</b><br>10:15 Exercise Class<br><b>11:00 Catholic Mass</b><br>11:00 Cornhole (M/G)<br><b>11:00 Family Video Chat</b><br><br>1:30 Talk & Toss: Question Ball<br>2:15 Bingo (M/G)<br>2:45 Growing with Friends (CS)<br>3:00 Walk & Talk<br><br>6:15 Trivia<br>7:00 Recreation Visit | 9:15 Bedside Visit<br><b>10:00 Early ON Intergenerational Program</b><br><br>1:15 Recreation Visit<br><b>2:00 Ice Cream Social (Davis Courtyard)</b><br><br>6:15 Musical Memories<br>7:00 Recreation Visit         | 9:45 Sing a Long with Suzie<br><br>10:45 Mini Golf<br><br>3:00 Chicken Soup Visit (1:1)      |  |
| <b>10:00 Church Service with Recreation</b><br><br><b>10:50 Eucharist Visits</b><br><br>2:15 OBIE<br><br>3:00 Recreation Visits      | 9:30 Virtual Church Service<br>10:15 Exercise Class<br>11:00 Bingo (M/G)<br><br>1:30 Nail Salon<br>2:15 Music Documentary (GT)<br>2:15 Name that Tune (MT)   | 9:30 Chair Yoga<br>10:15 Hymn Sing with Suzie Q<br>11:00 Warmth & Relaxation<br><b>11:00 Family Video Chat</b><br><br>1:30 Table Bowling<br>2:15 Mind Joggers<br>3:00 Outdoor Walk<br>3:00 Falls Prevention Class (M/G/D)<br><br><b>6:30 Pub Night w Jeff Dawdy</b>   | <b>Morning Treat Trolley Visits</b><br>9:30 Exercise Class (MT)<br>9:30 Visual Relaxation (GT)<br><b>10:00 Family Video Chat</b><br>10:15 EZ Short Stories<br>11:00 ABC it!<br><br>1:30 Psalms and Songs (MG)<br>1:30 Calendar Chats<br>2:15 Seasonal Décor Visits<br><br>6:15 Happy Hoops<br>7:00 Recreation Visit   |   |  |  |  |

In the event of an outbreak, One to one's will be provided. Any Questions please contact Kate Wight, Recreation Assistant ext 4257 Programs are subject to change, Programs ran by MG/CS may be cancelled due to availability