

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



July 2026

GRAND TERRACE



Canada Day

				<p>1 9:30 Ride to the Rhythm (TB) 9:30 Thursday Trivia 10:15 Falls Prevention Class 10:15 Reading Circle 11:00 Bingo (DR) 11:30 Family Facetime 1:30 Hymns w Cynthia (Noble Cafe) 2:30 IPAD Visits 6:15 Horseshoes (MT/GT) 7:00 Recreation Visit (MT/GT)</p>	<p>2 9:30 Group Exercise 10:15 Hymns & Devotions (MT) (TB) 10:15 Outdoor Strolls 11:00 Bingo (DR) 1:00 Pet Therapy Visits 2:00 July Birthday Party w Jim Y (Noble Hall) 6:15 Musical Memories (MT/GT) 7:00 Recreation Visit (MT/GT)</p>	<p>3 9:45 Plinko (MT/GT) 10:45 Laughter is the Best Medicine (MT/GT) 3:00 Devotional Readings (MT/GT) Independence Day (U.S.)</p>
<p>5 10:00 Church Service 10:50 Eucharist Visits 2:15 Trivia Time! (MT/GT) 3:00 Shuffleboard (MT/GT)</p>	<p>6 9:30 Group Exercise 10:15 Outdoor Strolls 11:00 Bingo (DR) 1:30 Colour & Chat @ Café 1:30 Travelogue 2:15 Outdoor Strolls</p>	<p>7 9:30 Chair Yoga 10:15 Concentration 11:00 Skylight Café Social 11:30 Family Facetime 1:30 Short Stories 2:15 Beauty Boutique 3:00 IPAD Visit 6:30 Pub Night w Joan M</p>	<p>8 TREAT TROLLEY AM 9:30 Group Exercise 10:15 Virtual Church Service (MT/GT) 10:15 Senses & Serenity (MT/GT) 11:00 Bingo (DR) 1:30 Whiteboard Wednesday 2:15 Euchre Club 2:15 Courtyard Walks 3:00 Bedside Visit 6:15 May Trivia! (MT/GT) 7:00 Recreation Visit (MT/GT)</p>	<p>9 9:30 Ride to the Rhythm (TB) 9:30 Read with Me 10:15 Thursday Trivia 11:00 Anglican Communion (Noble Hall) 11:00 OBIE Games 11:30 Family Facetime 1:30 Men's Group (MT) 1:30 Ladies Group (GT) 2:15 Resident Program Choice Meeting 6:15 Shuffleboard (MT/GT) 7:00 Recreation Visit (MT/GT)</p>	<p>10 9:30 Group Exercise 10:15 Reader's Theatre 11:00 Bingo (DR) 1:00 Pet Therapy Visits 2:00 Ice Cream Social (Davis Courtyard) 6:15 Musical Memories (MT/GT) 7:00 Recreation Visit (MT/GT)</p>	<p>11 9:45 Parachute Fun! (MT/GT) 10:45 Shake Loose a Memory (MT/GT) 3:00 Sing a Long w Suzie Q (MT/GT)</p>
<p>12 10:00 Church Service 10:50 Eucharist Visits 2:15 Trivia Time! (MT/GT) 3:00 Horseshoes (MT/GT)</p>	<p>13 9:30 Group Exercise 10:30 JULY BINGO (Noble Hall) 1:30 Colour & Chat @ Café 1:30 Euchre Club 1:30 Toss a Tune (Hymns) 2:15 Travel To..</p>	<p>14 9:30 Chair Yoga 10:15 Clock Game 11:00 Skylight Café Social 11:30 Family Facetime 1:30 Travelling Nail Salon 2:15 Can You Picture This? 3:00 Bedside Visit 6:30 Pub Night w Terry's Tunes Bastille Day</p>	<p>15 TREAT TROLLEY AM 9:30 Group Exercise 10:15 Virtual Church Service (MT/GT) 10:15 Multi-Sensory Room (MT/GT) 11:00 Bingo (DR) 1:30 Resident Council Meeting 1:30 Name 5 2:15 Euchre Club 2:15 Courtyard Walks 3:00 IPAD Visit 6:15 Fun Trivia (MT/GT) 7:00 Recreation Visit (MT/GT)</p>	<p>16 9:30 Ride to the Rhythm (TB) 9:30 Shuffleboard 10:15 Falls Prevention Class 10:15 Short Stories 11:00 Catholic Mass (Noble Hall) 11:00 OBIE Games 11:30 Family Facetime 1:30 Thursday Trivia 2:15 Animal Documentary 6:15 Plinko (MT/GT) 7:00 Recreation Visit (MT/GT)</p>	<p>17 9:30 Group Exercise 10:15 Hymns & Devotions (MT) (TB) 10:15 Outdoor Strolls 11:00 Bingo (DR) 1:00 Pet Therapy Visits 2:00 Welcome Party w Sonny S (Noble Hall) 6:15 Musical Memories (MT/GT) 7:00 Recreation Visit (MT/GT)</p>	<p>18 9:45 Dice Game (MT/GT) 10:45 Chicken Soup for the Soul (MT/GT) 3:00 Devotional Readings (MT/GT)</p>
<p>19 10:00 Church Service 10:50 Eucharist Visits 2:15 Trivia Time! (MT/GT) 3:00 Bean Bag Toss (MT/GT)</p>	<p>20 9:30 Group Exercise 10:15 Categories 11:00 Bingo (DR) 1:30 Colour & Chat @ Café 1:30 Armchair Travels 2:15 Outdoor Strolls</p>	<p>21 9:30 Inspirational Reading Circle (TB) 10:15 Hymns with Handbells (TB) 11:00 Skylight Café Social 11:30 Family Facetime 2:00 Chair Yoga 2:45 Beauty Boutique 3:30 Read with Me 4:15 Travelling Tunes 6:30 Pub Night w Jeff M</p>	<p>22 TREAT TROLLEY AM 9:30 Group Exercise 10:15 Virtual Church Service (MT/GT) 10:15 Relaxation Room (MT/GT) 11:00 Bingo (DR) 1:30 Whiteboard Wednesday 2:15 Euchre Club 2:15 Courtyard Walks 3:00 IPAD Visit 6:15 Name that Tune (MT/GT) 7:00 Recreation Visit (MT/GT)</p>	<p>23 9:45 Morning Drive Tim Horton's DC/MT/GT 9:45 Thursday Trivia 10:45 Bingo DC/MT/GT 11:30 Family Facetime 1:30 Men's Group (MT) 1:30 Resident Town Hall (Noble Hall) 2:15 The Royals 6:15 Table Bowling (MT/GT) 7:00 Recreation Visit (MT/GT)</p>	<p>24 9:30 Group Exercise 10:15 Hymns & Devotions (MT) (TB) 10:15 Outdoor Strolls 11:00 Bingo (DR) 1:00 Pet Therapy Visits 2:00 Christmas in July (Noble Hall) 6:15 Musical Memories (MT/GT) 7:00 Recreation Visit (MT/GT)</p>	<p>25 9:45 Beach Ball Fun (MT/GT) 10:30 Hangman (MT/GT) 3:00 Sing a Long w Suzie Q (MT/GT)</p>
<p>26 10:00 Church Service 10:50 Eucharist Visits 2:15 Trivia Time! (MT/GT) 3:00 Table Bowl (MT/GT)</p>	<p>27 9:30 Group Exercise 10:15 Growing w Friends (CS) 10:15 Outdoor Strolls 11:00 Bingo (DR) 1:30 Colour & Chat @ Café 1:30 Euchre Club 1:30 Name that Hymn 2:15 Animal Documentary</p>	<p>28 9:30 Chair Yoga 10:15 Hygee Question Game 11:00 Skylight Café Social 11:30 Family Facetime 1:30 Crafter's Corner (MT/GT) 2:15 Travelling Nail Salon 3:00 IPAD Visit 6:30 Pub Night w Jeff D</p>	<p>29 TREAT TROLLEY AM 9:30 Group Exercise 10:15 Virtual Church Service (MT/GT) 10:15 Senses & Serenity (MT/GT) 11:00 Bingo (DR) 12:00 Grand Terrace Home Area BBQ w Wally M 2:15 Euchre Club 2:15 Whiteboard Wednesday 3:00 Bedside Visit 6:15 Finish the Lyrics (MT/GT) 7:00 Recreation Visit (MT/GT)</p>	<p>30 9:30 Ride to the Rhythm (TB) 9:30 Nail Salon 10:15 Falls Prevention Class 10:15 Short Stories 11:00 OBIE Games 11:30 Family Facetime 1:30 Thursday Trivia 2:15 Documentary 6:15 Parachute Fun! (MT/GT) 7:00 Recreation Visit (MT/GT)</p>	<p>31 9:30 Group Exercise 10:15 Hymns & Devotions (MT) (TB) 10:15 Outdoor Strolls 11:00 Bingo (DR) 1:00 Pet Therapy Visits 1:30 The Royals 2:15 Calendar Visits 3:00 IPAD Visit 6:15 Musical Memories (MT/GT) 7:00 Recreation Visit (MT/GT)</p>	<p>9:45 Bean Bag Toss (MT/GT) 10:45 Short Stories (MT/GT) 3:00 Devotional Readings (MT/GT) </p>

Any Questions-Contact Kate at ext 4297

In the instance of an outbreak 1:1 program's will be provided

Programs ran by CS/TB may be cancelled due to availability