| Sunday   | Monday   | Tuesday   | Wednesday  | Thursday   | Friday   | Saturday  |
|--|--|---|--|--|--|---|
| 10:00 Church Service<br>10:50 Eucharist Visits   | 9:30 Exercise Class<br>10:15 Joyful Reflections<br>11:00 Grand Bingo<br><b>1:30 Knit &amp; Chat @ Café</b><br>1:30 Wisdom & Worship<br>2:15 Hand Massages  | <ul> <li>9:30 Chair Yoga 3</li> <li>10:15 Laughter is the Best Medicine</li> <li>11:00 Family Video Chat</li> <li>11:00 Bible Study</li> <li>1:30 Lessons &amp; Worship MT (MG)</li> <li>1:30 Courtyard Walks</li> <li>2:15 Getting to Know Your Neighbors</li> <li>3:00 Tech Corner</li> <li>6:30 Pub Night w Jeff D (Noble Hall)</li> </ul>   | TREAT TROLLEY AM<br>9:30 Exercise Class<br>10:15 Grand Bingo<br>11:00 Café Visits<br>1:30 Concentration<br>2:15 Euchre Club<br>2:15 Readers Theater<br>2:15 Recreation Visits<br>6:30 Senses & Serenity (MT/G<br>7:00 Recreation Visit   | 9:30 Visual Relaxation (GT)<br>10:15 Falls Prevention Class<br>10:15 Golden Carers Tunes<br>11:00 Family Video Chat<br>11:00 Bingo (MT/GT)<br><b>1:30 Hymns w Cynthia</b><br>(Noble Hall)<br>2:30 Rock 'n' Dice Roll   | <ul> <li>9:30 Exercise Class</li> <li>10:15 Spiritual Discussions</li> <li>10:15 Growing w Friends (MT/GT)<br/>(CS)</li> <li>11:00 Royal History</li> <li>11:00 Ride to the Rhythm (MT/GT)<br/>(CS)</li> <li>2:00 June Birthday Party<br/>(Noble Hall)</li> <li>3:30 Movie Matinee (MT/GT)</li> <li>6:15 Snoezelen Sensory (MT/GT)</li> <li>7:00 Recreation Visit</li> </ul> | 7<br>10:30 Piano Recital<br>(Noble Hall)<br>3:00 Chicken Soup for the<br>Soul (MT/GT)                 |
| 10:00 Church Service<br>10:50 Eucharist Visits   | 9:30 Exercise Class<br>10:15 Warmth & Relaxation<br>11:00 Grand Bingo<br><b>1:30 Knit &amp; Chat @ Café</b><br>1:30 Knowing God<br>2:15 Beauty Boutique  | 9:30 Chair Yoga<br>10:30 Suzie Q<br>(Noble Hall)<br>11:00 Family Video Chat<br>1:30 Lessons & Worship MT (MG)<br>1:30 Recreation Visits<br>2:15 Spiritual Art Therapy<br>3:00 iPad Visit<br>6:30 Pub Night w Monique<br>(Noble Hall)  | TREAT TROLLEY AM<br>9:30 Exercise Class (MT/GT)<br>10:00 Family Video Chat<br>10:15 Retro TV (MT/GT)<br>11:00 Café Visits (MT/GT)<br>1:30 Jeopardy Trivia<br>2:15 Euchre Club<br>2:15 Celebrating Fathers! (MT/GT)<br>4:15 Shuffleboard (MT/GT)<br>6:15 Senses & Serenity (MT/GT)<br>7:00 Recreation Visit | 6:15 OBIE Games (MT/GT)  | 2 9:30 Exercise Class 13<br>10:15 Wisdom & Worship<br>11:00 Bingo (MT/GT)<br>2:00 Father's Day<br>Celebration w Wally<br>(Noble Hall)<br>6:15 Virtual Concert (MT/GT)<br>7:00 Recreation Visit   | 9:45 Who/What am I?<br>(MT/GT)<br>10:45 Dice Roll (MT/GT)   |
| 10:00 Church Service<br>10:50 Eucharist Visits<br>2:15 Trivia Time! (MT/GT)  | 9:30 Exercise Class <b>16</b><br>10:15 Resident Program<br>Choice Meeting & Bill<br>of Rights Reading<br>11:00 Grand Bingo<br><b>1:30 Knit &amp; Chat @ Café</b><br>1:30 Hymns & Devotionals<br>2:15 Hand Massages | <ul> <li>9:30 Chair Yoga 17</li> <li>10:15 Creative Expressions</li> <li>11:00 Family Video Chat</li> <li>11:00 Reflection &amp; Prayer</li> <li>1:30 Lessons &amp; Worship MT (MG)</li> <li>1:30 Garden Visits</li> <li>2:15 Hygee Question Game</li> <li>3:00 YouTube &amp; You Visit</li> <li>6:30 Pub Night w Terry's<br/>Tunes (Noble Hall)</li> </ul>   | 9:30 Exercise Class<br>10:15 Grand Bingo<br>11:00 Café Visits<br>11:00 Catholic Mass (Noble Hall)  | <b>18</b> 9:30 Virtual Church Service (MT/GT)<br><b>9:45 Morning Drive DC/MT/GT</b><br>10:15 Falls Prevention Class<br>10:15 Short Stories (MT/GT)<br>11:00 Family Video Chat<br>11:00 National Watch Day (MT/GT)<br>1:30 Ladies Group (MT/GT)<br>1:30 Men's Group (MT/GT)<br>2:15 Music Documentary<br>3:00 Resident Choice Visit<br>6:15 OBIE Games (MT/GT)<br>7:00 Recreation Visit<br>Juneteenth | 9 9:30 Exercise Class 20<br>10:15 Our Daily Bread<br>11:00 Bingo (MT/GT)<br>1:30 Summer Ambience Room<br>2:15 Daily News & Wordle!<br>3:00 Sunshine Stroll<br>6:15 Musical Memories (MT/GT)<br>7:00 Recreation Visit   | 9:45 Shake Loose a Memory<br>(MT/GT)<br>10:45 Name that Tune<br>(MT/GT)<br>3:00 Short Stories (MT/GT) |
| <b>10:00 Church Service<br/>10:50 Eucharist Visits</b><br>2:15 Trivia Time! (MT/GT)<br>3:00 Parachute Fun! (MT/GT) | 11:00 Grand Bingo<br>1:30 Knit & Chat @ Café<br>1:30 Spiritual Lessons<br>2:15 Seasonal Decor Visits   | <ul> <li>9:30 Growing w Friends (MT/GT) (C24</li> <li>9:30 Snoezelen Sensory</li> <li>10:15 Categories</li> <li>10:45 Ride to the Rhythm (MT/GT) (CS)</li> <li>11:00 Family Video Chat</li> <li>11:00 Chair Yoga</li> <li>1:30 Lessons &amp; Worship MT (MG)</li> <li>1:30 Sunshine Strolls</li> <li>2:15 Toss &amp; Talk</li> <li>3:00 Virtual Visit</li> <li>6:30 Pub Night w Jim<br/>(Noble Hall)</li> </ul> | 10:00 Family Video Chat  | <ul> <li>9:30 Virtual Church Service (12)</li> <li>9:30 Visual Relaxation (GT)</li> <li>10:15 Table Bowling</li> <li>11:00 Family Video Chat</li> <li>11:00 Detective Puzzles</li> <li>1:30 Blue Jays Game<br/>(Noble Hall)</li> <li>6:15 OBIE Games (MT/GT)</li> <li>7:00 Recreation Visit</li> </ul>   | <ul> <li>9:30 Exercise Class 27</li> <li>10:15 Bingo (MT/GT)</li> <li>11:00 Golden Apple Scriptures</li> <li>12:00 Strawberry Social<br/>(Dining Rooms)</li> <li>2:00 Strawberry Fun!<br/>(Davis Courtyard)</li> <li>6:15 Virtual Concert (MT/GT)</li> <li>7:00 Recreation Visit</li> </ul>  |   |
| <b>10:00 Church Service<br/>10:50 Eucharist Visits</b><br>2:15 Trivia Time! (MT/GT)<br>3:00 Shuffleboard (MT/GT)   | 9:30 Exercise Class<br>10:15 Calendar Chats<br>11:00 Grand Bingo<br>1:30 Canada Day<br>Celebration w Terry's Tunes<br>(Davis Courtyard)<br>Courtyard)<br>Celebran B at Ext 4297                                    |   | G  | RAND TERR  |  |   |

Any Questions-Contact Megan B at Ext 4297

In the instance of an outbreak 1:1 programs will be provided

Programs ran by MG/CS may be cancelled due to availability