

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



March 2024

Day and Stay Afternoon Programs

						12:00 Headline News 1 1:15 Guess in 10 2:15 Bean Bag Toss 3:15 Treasure Chest 3:45 March into March 4:14 Swatter Ball	2			
3	<u>What's In a Name</u> 12:00 Let's Chat 1:15 All About Names 2:15 Golfing 3:15 Dice Roll 3:45 Fun & Fitness 4:15 Colouring Fun	4	12:00 News & Weather 5 1:15 Make a Guess 2:15 Bean bag Toss 3:15 Shake Loose a Memory 3:45 Exercise Time 4:15 Sing-A-Long	5	12:00 Community Corner 1:15 What Am I? 2:15 target Toss 3:15 Charades 3:45 Ole Exercises 4:15 Bingo	6	<u>Lucky 7 Day</u> 12:00 Current Events 1:15 Facts on 7 2:15 Bowling 3:15 Pictionary 3:45 Easy Stretches 4:15 Table Games	7	12:00 What's New 8 1:15 Random Trivia 2:15 Shuffleboard 3:15 Wheel of Fortune 3:45 Let's Get Moving 4:15 Penny Snatch	9
10	12:00 In the News 11 1:15 Let's Get Thinking 2:15 Bean Bag Toss 3:15 Card Bingo 3:45 Let's Move 4:15 Guess in 10	11	12:00 Coffee & Conversation 12 1:15 Trivia time 2:15 target Toss 3:15 Outburst 3:45 Music in Motion 4:15 Finish the Line...	12	12:00 Group Discussion 13 1:15 Guess in 10 2:15 Bowling 3:15 Penny Snatch 3:45 Move to the Beat 4:15 Wheel of Fortune	13	12:00 Let's Chat 14 1:15 What Do You Think? 2:15 Shuffleboard 3:15 Dice Roll 3:45 Sing & Stretch 4:15 Sing-A-Long	14	<u>Irish Fun</u> 15 12:00 Local News 1:15 Think Green 2:15 Golfing 3:15 Shake Loose a Memory 3:45 Irish Jig Exercises 4:15 Finish the Line...	16
17	<u>Happy St. Patrick's Day</u> 12:00 Headline News 18 1:15 Finish the Line... 2:15 Target Toss 3:15 Let's read 3:45 Ole Exercises 4:15 Spelling Bee	18	<u>Welcome Spring</u> 19 12:00 Let's chat 1:15 Spring facts 2:15 Bowling 3:15 Spring Bingo 3:45 Spring In To Action 4:15 Guess in 10	19	12:00 What's New 20 1:15 Using Our Minds 2:15 Shuffleboard 3:15 Outburst 3:45 Let's Get Moving 4:15 Puzzling Fun	20	12:00 In the Paper 21 1:15 Let's Get Thinking 2:15 Golfing 3:15 Horse Races 3:45 Moving & Grooving 4:15 Bingo Fun	21	12:00 Afternoon Discussion 22 1:15 Trivia Time 2:15 Bean Bag Toss 3:15 Dice Roll 3:45 Music & Motion 4:15 Outburst	23
24	12:00 News & weathe25 1:15 Let's Think 2:15 Bowling 3:15 Dice Roll 3:45 Easy Stretches 4:15 Wheel of Fortune	25	12:00 Community Headlines 26 1:15 Random Trivia 2:15 Shuffle board 3:15 Bingo Games 3:45 Ole Exercises 4:15 Sing-A-Long	26	12:00 Current Events 27 1:15 Take a Guess 2:15 Mini Putt 3:15 Card Bingo 3:45 Fun & Fitness 4:15 Swatter Ball	27	<u>Easter Fun</u> 28 12:00 Local News 1:15 Easter Facts 2:15 Bean bag Toss 3:15 Wheel of Fortune 3:45 Bunny Hop Exercises 4:15 Colouring Fun	28	<u>Good Friday Program Closed</u> 29	30
31	<u>Easter Sunday</u>	<p style="text-align: center;">Wishing all of our clients and their families a very Happy Easter! Spring is here-enjoy the fresh air and sunshine!</p>								

For more information about the Day and Stay Program, please call Lisa Clarkson at (519) 754-4065