

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9:00 Let's Chat 1 9:30 May Day Facts & Trivia 10:00 May Day Wheel of Fortune 1:00 Fun & Fitness 1:30 Bingo! 	9:00 Morning Chat 2 10:00 Can You Picture This? 10:30 Card games 1:00 Sing & Stretch 2:00 Outburst 	9:00 Morning Discussion 3 10:00 Random Trivia 10:30 Bells 1:00 Moving to the Beat 2:00 Solve the Wordle	<u>Bird Day</u> 4 9:00 current Events 10:00 Name the Bird 10:30 Creating a Bird Feeder 1:00 Chair Exercises 2:00 Bird Bingo	9:00 What's New 5 10:00 What Am I? 10:30 Dice Roll 1:00 Moving to the Beat 2:00 Swatterball 	9:00 Community Headlines 6 10:00 May Trivia 10:30 Making May Flowers 1:00 Breathing & Stretching 2:00 Pictionary 6:30 Coffee & Conversation 7:00 Dice Roll	9:00 In the News 7 9:30 Make a Guess 10:00 dice Roll 1:00 Relaxing Stretches 2:00 Name That Tune 3:00 Wheel of Fortune 6:00 Card Games 7:00 Swatterball
<u>Happy Mother's Day</u> 8 9:00 Rise & Shine 9:30 All About Mothers 10:00 Morning Crafts 1:00 Ole Exercises 1:30 Reminisce Bingo 	9:00 Morning Discussion 9 10:00 Make a Guess 10:30 Music Morning 1:00 Fun & Fitness 2:00 Bingo	<u>Lipton Tea Day</u> 10 9:00 In the News 10:00 Benefits of Tea 10:30 Tea Tasting 1:00 Ole Exercises 2:00 Tea Word Probe	9:00 Current Events 11 10:00 YouTube Trivia 10:30 Puzzle Morning 1:00 Moving & Grooving 2:00 Wheel of Fortune	9:00 Morning Chat 12 10:00 Random Trivia 10:30 Making Music Together 1:00 Chair Exercises 2:00 Swatterball	9:00 Morning Discussion 13 10:00 Can You Picture This? 10:30 Dice Roll 1:00 Poetry in Motion 2:00 Reminisce Bingo 6:30 Coffee & Conversation 7:00 Reminisce Bingo	9:00 Let's Chat 14 9:30 YouTube Trivia 10:00 Morning Art 1:00 Ole Exercises 2:00 Shake Loose a memory 3:00 Horse Races 6:00 Let's Make Music 7:00 Bean Bag Toss
9:00 What's New 15 9:30 Random Trivia 10:00 Artistic Expression 1:00 Moving and Dancing 1:30 Can You Picture This?	<u>BBQ Day</u> 16 9:00 Current Events 10:00 BBQ Trivia & Facts 10:30 BBQ Preparation 1:00 Moving to the Beat 2:00 BBQ Wheel of Fortune	9:00 Coffee & Chat 17 10:00 Jeopardy Trivia 10:30 Bean Bag Toss 1:00 Moving & Grooving 2:00 Wheel of Fortune	9:00 In the Newspaper 18 10:00 Random Trivia 10:30 Making a Mini Banner 1:00 Music & Motion 2:00 Name That Tune	<u>Herb Day</u> 19 9:00 Morning Discussion 10:00 Learning the Benefits of Herbs 10:30 Herb Planter 1:00 Sing & Stretch 2:00 Pictionary	<u>Blue Jean Day</u> 20 9:00 Chit Chat 10:00 Blue Jean trivia 10:30 Blue Jean Craft 1:00 Forever in Blue Jeans Exercises 2:00 Wheel of Fortune 6:30 Coffee & Conversation 7:00 Golf Time	9:00 What's New 21 9:30 Morning Trivia 10:00 Music Bingo 1:00 Let's Move It 2:00 Golf 3:00 Penny Snatch 6:00 Let's Read 7:00 Bells 
9:00 Rise & Shine 22 9:30 Trivia Time 10:00 Music Morning 1:00 Let's Move It! 1:30 Bowling	Centre Closed Happy Victoria Day 	9:00 Group Discussion 24 10:00 Garden Word Probe 10:30 Making Garden Labels 1:00 Music & Motion 2:00 Garden Meditation	9:00 Community Corner 25 10:00 Let's Talk gardening 10:30 Planting Vegetables 1:00 Garden Exercises 2:00 Garden Pictionary	9:00 Coffee & Conversation 26 10:00 Garden Trivia 10:30 Painting in the Garden 1:00 Exercises 2:00 Garden Bingo	9:00 Morning Discussion 27 10:00 Flower Brainstorming 10:30 Planting Flowers 1:00 Poetry in Motion 2:00 Flower Bingo 6:30 Coffee & Conversation 7:00 Music Bingo	9:00 Group Discussion 28 9:30 Finish the Line 10:00 The Price is Right 1:00 Fun & Fitness 2:00 Drumming 3:00 Swatterball 6:00 What Am I? 7:00 Bingo
9:00 What's New 29 9:30 True or False 10:00 Bells 1:00 Music & Motion 1:30 Dice Roll	9:00 Coffee & Conversation 30 10:00 Jeopardy Trivia 10:30 Morning Art 1:00 Ole Exercises 2:00 Swatterball 	9:00 Morning Chat 31 10:00 Random Trivia 10:30 Bird Feeder Creations 1:00 Chair Exercises 2:00 Name That Tune				

For more information about the Day and Stay Program, please call Lisa Clarkson (519) 756-2920 ext. 4286