May 2023

Day and Stay Program
Day and Weekend Programs

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
A Very Happy Mother's Day To All Of The Wonderful Moms!!	1 9:00 Current Events 10:00 Who Am I? 10:30 Bells 1:00 Relaxing Stretches 2:00 Spelling Bee 6:15 Bowling 7:00 Bingo May Day	2 9:00 In the News 10:00 Where Am I? 10:30 Music Morning 1:00 Music & Motion 2:00 Golf 6:15 Bean Bag Toss 7:00 Table Games	3 9:00 What's New 10:00 Trivia time 10:30 Paint by Number 1:00 Exercise Time 2:00 Card Games 6:15 Target 7:00 Name That Tune	4 Towel Day 9:00 In the News 10:00 Towel Probe 10:30 Towel Craft 1:00 Sing & Stretch 2:00 Towel Toss 6:15 Dice Roll 7:00 Penny Snatch	5 9:00 Discussion Time 10:00 Can You Picture This? 10:30 Karaoke 1:00 Ole Exercises 2:00 Bean Bag Toss 6:15 Around the Table 7:00 Wheel of Fortune Cinco de Mayo	6 9:00 Current Events 10:00 Trivia 10:30 Dice Roll 1:00 Fun & Fitness 2:00 Word Probe 3:00 Golf 6:15 Table Games 7:00 Karaoke fun
7 9:00 Morning Discussion 10:00 What Am I? 10:30 Art Morning 1:00 Ole Exercises 2:00 Golf 3:00 Bowling 6:15 Horse Races 7:00 Let's Read	8 Horse Show Day 9:00 Morning Discussion 10:00 All About Horses 10:30 Horse Races 1:00 Giddy Up Exercises 2:00 Horse Show Categories 6:15 Golf 7:00 Painting	9 9:00 Current Events 10:00 Random Trivia 10:30 Bells 1:00 Fun & Fitness 2:00 Shake Loose a Memory 6:15 Swatter Ball 7:00 Family Feud	10 9:00 In the Paper 10:00 Trivia Time 10:30 Music Bingo 1:00 Moving & Grooving 2:00 Target 6:15 Horse Races 7:00 Table Games	11 9:00 Discussion 10:00 Name the Tune 10:30 Games Morning 1:00 Let's Move It 2:00 Bingo 6:15 Shuffleboard 7:00 Wheel of fortune	12 All About Moms 9:00 In the News 10:00 Famous Mothers 10:30 Craft Morning 1:00 Mother May I? 2:00 Mother Word Probe 6:15 Around the Table 7:00 Outburst	13 9:00 In the News 10:00 Take a Guess 10:30 Music Bingo 1:00 Chair Exercises 2:00 Target 3:00 Bingo 6:15 Name That Tune 7:00 Penny Snatch
14 Mother's Day 9:00 Morning Discussion 10:00 All About Moms 10:30 Mother's Day Craft 1:00 Exercise Time 2:00 Mother Probe 3:00 Dice Roll 6:15 Shake Loose a Memory 7:00 Card Games Mother's Day National Skilled Nursing Week	15 9:00 In The News 10:00 Random Trivia 10:30 Table Games 1:00 Moving to the Beat 2:00 Shake Loose a Memory 6:15 Bean Bag Toss 7:00 Let's Read	16 National BBQ Day 9:00 Morning Discussion 10:00 Grilling Trivia 10:30 Preparing the BBQ 1:00 Music & Motion 2:00 Grill It! 6:15 Exercises in a Bag 7:00 Reminisce Bingo	17 9:00 Community News 10:00 take a guess 10:30 Drumming 1:00 Let's Move It 2:00 Swatter Ball 6:15 Dice Roll 7:00 Penny Snatch	18 9:00 What's New 10:00 Make a Guess 10:30 Ukulele Playing 1:00 Music & Motion 2:00 Family Feud 6:15 Golf 7:00 Paint By Number	19 All About Victoria Day 9:00 What's New 10:00 Royal Trivia 10:30 Royal Wheel of Fortune 1:00 Fun 7 Fitness 2:00 Royal Videos 6:15 Around the Table 7:00 Word Probe	20 9:00 What's New 10:00 Who Am I? 10:30 Music Morning 1:00 Let's Move It 2:00 Bowling 3:00 Spelling Bee 6:15 Family Feud 7:00 Card Bingo Armed Forces Day
21 9:00 Morning Discussion 10:00 Random Trivia 10:30 Bells 1:00 Fun & Fitness 2:00 Afternoon Art 3:00 Name That Tune 6:15 Bean Bag Toss 7:00 Table Games	22 Centre Closed Happy Victoria Day Victoria Day (Canada)	23 9:00 Current Events 10:00 Herb Trivia 10:30 Planting Herbs 1:00 Garden Exercises 2:00 Herb Wheel of fortune 6:15 Shuffleboard 7:00 Shake Loose a Memory	24 9:00 What's New 10:00 Name the Flower 10:30 Planting Flowers in The Garden 1:00 Ole Exercises 2:00 Meditation in the Garden 6:15 Target 7:00 Name That Tune	25 9:00 Community News 10:00 What Vegetable Am I? 10:30 Planting Vegetables 1:00 Exercises in the Garden 2:00 Vegetable Probe 6:15 Exercises in a Bag 7:00 Let's Read Shavuot Begins	26 9:00 In the News 10:00 List the Flower 10:30 Working in the Garden 1:00 Garden Exercises 2:00 garden Art 6:15 Around the Table 7:00 Music Bingo	27 9:00 Current Events 10:00 Trivia time 10:30 Dice Roll 1:00 Music & Motion 2:00 Shuffleboard 3:00 Can You Picture This? 6:15 Target 7:00 Card Games
28 9:00 Morning Discussion 10:00 Make a Guess 10:30 Music bingo 1:00 Ole Exercises 2:00 Golf 3:00 Horse Races 6:15 Penny Snatch 7:00 Can you Picture This?	29 9:00 What's New 10:00 Name the Item 10:30 Card Games 1:00 Exercise Dancing 2:00 Bowling 6:15 Golf 7:00 Outburst Memorial Day	30 9:00 In the News 10:00 TV Trivia 10:30 Dice Roll 1:00 Ole Exercises 2:00 Spelling Bee 6:15 Horse Racing 7:00 Word Probe	31 Health & Fitness Day 9:00 Current Events 10:00 Health Tips 10:30 Making A Snack 1:00 Fitness Fun 2:00 Exercise Competition 6:15 Bean Bag Toss 7:00 table Games			

For more information about the Day and Stay Program, please call Lisa Clarkson (519) 754-4065