



Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

9:30 Church with Ron Robb (C)  
10:15 Skylight Café Social

**Labour Day**  
**Sorry No Activities**  
Labor Day

7:45 Coffee & the News (M)  
9:30 Montessori (MB)  
10:00 Bible Education (V)  
10:30 Getting to Know You (MB)  
1:30 Psalms and Songs (M)  
2:00 Multi-Sensory Visits (MB)  
3:00 Trivia (C)  
6:30 Pub Night with Wally Maggs (C)

7:45 Coffee & the News (M)  
9:30 Exercise Class (MB)  
10:30 Theatre Therapy (MB)  
1:30 Growing with Friends (M)  
1:30 Blurt (C)  
3:00 Music with Robin (R)  
3:45 Courtyard Strolls (C)

7:45 Coffee & the News (M)  
9:30 Exercise Class (M)  
10:30 Travelling Tunes (M)  
10:30 Java music club (C)  
10:30 Communication Group (R)  
1:30 Anglican Communion (C)  
3:00 Bingo (V)  
4:1 Multi Sensory (K)  
6:15 GiANT Connect 4 (K)

7:45 Coffee & the News (M)  
9:30 Rosary Group (MB)  
10:30 Theatre Therapy continued (MB)  
1:15 Resident Council Meeting (K)  
1:00-3:00 Petting Zoo (C/M)  
3:00 Euchre (V)

9:30 Current Events (C)  
1:15: Bingo (C)

9:30 Church with Laura Fearon (J)  
10:15 Skylight Café Social

7:45 Coffee & the News (MB)  
9:30 Exercise Class (MB)  
1:30 Bingo with Ladies of the Moose (J)  
3:00 Yoga (J)

7:45 Coffee & the News (MB)  
9:30 Friendly Visits (MB)  
10:00 Bible Education (V)  
10:30 Hymns with Johanna (MB)  
1:30 Cafe Visits (MB)  
3:00 Name That Tune (J)  
6:30 Pub Night with Pat Murray (J)

7:45 Coffee & the News (MB)  
9:30 Exercise Class (K)  
1:15 Movie Matinee: "Babe" (J)  
3:00 Music with Robin (R)  
3:00 Friendly Visits (MB)  
3:45 Courtyard Strolls (J)

7:45 Coffee & the News (J)  
9:30 Exercise Class (J)  
10:30 Wheel of Fortune (J)  
10:30 Travelling Tunes (M)  
10:30 Communication Group (R)  
1:30 Catholic Mass (M)  
3:00 Bingo (V)  
4:15 Storytelling (J)  
6:15 "All About the Fair" Trivia (J)

7:45 Coffee & the News (M)  
9:30 Rosary Group (MB)  
10:30 Bike Rally (MB)  
1:30 Fall Party with the Good Time Boys (MB)  
3:00 Euchre on Grand (V)

9:30 Current Events (C)  
1:15 7<sup>th</sup> Day Adventist (C)

9:30 Church with Barb Purdy (J)  
10:15 Skylight Café Social

7:45 Coffee & the News (M)  
9:30 Exercise Class (MB)  
10:30 Documentaries (MB)  
1:30 Table bowling (J)  
3:00 Yoga (J)

7:45 Coffee and the News (M)  
9:30 Short Stories (MB)  
10:00 Bible Education (V)  
10:30 Categories (MB)  
1:30 Music in Motion (M)  
2:00 Courtyard Strolls (MB)  
3:00 Storytelling (J)  
6:30 Pub Night with Jack Coulson (J)

7:45 Coffee & the News (M)  
9:30 Exercise Class (MB)  
10:30 Dice Game (MB)  
10:30 Resident Council (K)  
1:30 Growing with Friends (M)  
1:30 Afternoon Tea (J)  
3:00 Music with Robin (R)  
3:45 Courtyard Strolls (J)

7:45 Coffee & the News (J)  
9:30 Exercise Class (J)  
10:30 Science Experiment : Apple Volcano (J)  
10:30 Café Visits (M)  
10:30 Communication Group (R)  
3:00 Bingo (V)  
4:15 Crosswords (C)  
6:15 Family Feud (C)

7:45 Coffee & the News (M)  
9:30 Rosary Group (MB)  
10:30 Morning Drive (M/MB)  
1:30 BLURT (C)  
3:00 Euchre (V)

9:00- 2:00 Fall Festival (C)  
Oktoberfest Begins

9:30 Church with Bonnie Hickey (J)  
10:15 Skylight Café Social

7:45 Coffee & the News (M)  
9:30 Exercise Class (MB)  
10:30 Wheel of Fortune (MB)  
1:30 September birthday Party with Neil Rennie (J)  
3:00 Yoga (J)  
Autumn Begins

7:45 Coffee and the News (M)  
9:30 Café Visits (MB)  
10:00 Bible Education (V)  
10:30 Royal History (MB)  
1:30 Accordion with John Turmel (M/MB)  
3:15 Multi- Sensory Visits (J)  
6:30 Pub Night with Shaun Mulrain

7:45 Coffee & the News (M)  
9:30 Exercise Class (MB)  
10:30 Who/What Am I? (MB)  
1:30 Surfing (M)  
1:30 Growing with Friends (J)  
3:00 Music with Robin (R)  
3:45 Friendly Visits (J)  
5:00 Fish and Chips (M/J)

7:45 Coffee & the News (J)  
9:30 Exercise Class (J)  
10:30 Table bowling (J)  
10:30 Travelling Tunes (M)  
10:30 Communication Groups (R)  
1:30 Catholic Mass and Social (M)  
3:00 Bingo (V)  
4:15: Friendly Visits (C)  
6:15 Wheel of fortune (C)

7:45 Coffee & the News (M)  
9:30 Rosary Group (MB)  
10:30 Pet Therapy (MB)  
1:30: Java Music Club (C)  
3:00 Euchre (V)

9:30 Current Events (C)  
1:15: Mini Putt (C)

9:30 Church with John Ogilvie (J)  
10:15 Skylight Café Social

7:45 Coffee & the News (M)  
9:30 Exercise Class (MB)  
10:30 Table Bowling (MB)  
1:30 Netflix Documentary (J)  
3:00 Yoga (J)  
Rosh Hashanah (first Day)

# September 2019

## Mohawk & Grand Terrace

**Recreation Programmer**  
Megan Gecas ext 4297  
**Recreation Assistants**  
Megan Barrett ext 4243  
Jessica Tanchak ext 4257  
Charissa Thiessan ext 4261