

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

**Recreation Programmer**  
Megan Gecas ext 4297

**Recreation Assistants**  
Megan Barrett ext 4243  
Jessica Tanchak ext 4257  
Charissa Thiessan ext 4261



**1** 7:  
**Programs Canceled Due To Outbreak**

**2**  
**Programs Canceled Due To Outbreak**

**3**  
7:45 Coffee& the News(J)  
9:30 Exercise Class(MB)  
10:30 Communication Group (R)  
10:30 Travelling Tunes (M)  
10:30 Canada Categories (MB)  
1:30Men's Group(M)  
3:00 Bingo (V)  
4:15Crossword (C)  
6:15Mini-outbreak(C) Day (US)

**4**  
7:45 Coffee& the News(M)  
9:30 Rosary Group (M)  
10:30 Documentaries (MB)  
1:30 Flower Arrangements(C)  
3:00 Euchre Club (V)

**5**  
9:30 Current Events (C)  
1:15 Table Bowling (C)

9:30 Church Service with  
Ron Robb

10:15 Skylight Café Social

**7**  
7:45 Coffee& the News(MB)  
9:30 Exercise Class (MB)  
10:30 Royal History (MB)  
1:30 Bingo (J)  
3:00 Yoga (J)

**8**  
7:45 Coffee& the News(MB)  
9:30 Short Stories (C)  
10:00 Bible Education (V)  
10:30Dice Roll(MB)  
1:30 Theatre Therapy (MB)  
3:00 Famous Canadians (J)  
6:30 Pub Night with Geph Mitchell(J)

**9**  
7:45 Coffee& the News(MB)  
9:30 Exercise Class (MB)  
1:30 Poetry Reading (J)  
3:00 Music with Robin (R)  
3:45 Friendly Visits (J)

**10**  
7:45 Coffee& the News(J)  
9:30 Exercise Class (J)  
10:30 Communication Group (R)  
10:30 Theatre Therapy Continued (MB)  
1:30 Catholic Mass (MB)  
3:00 Bingo (V)  
4:15Riddle me this (C)  
6:15Painting(C)

**11**  
7:45 Coffee& the News(MB)  
9:30 Rosary Group (M)  
10:30 Who/What Am I? (MB)  
1:30 Who/What am I?(C)  
3:00 Euchre Club (V)

**12**  
9:30 Current Events (C)  
1:15 Color Bingo (C)

9:30 Church Service with  
Laura Fearon

10:15 Skylight Café Social

**14**  
7:45 Coffee& the News(M)  
9:30 Exercise Class (M)  
10:30Hymn Sing/Resident Choice(M)  
1:30 Table bowling (J)  
3:00 Yoga (J)

**15**  
7:45 Coffee& the News(M)  
9:30Montessori Visit (M)  
10:00 Bible Education (V)  
10:30Riddle Me This(C)  
1:30 Ball Toss(C)  
3:00 Moon Trivia (J)  
6:30 Pub Night with Ken Armstrong (J)

**16**  
7:45 Coffee& the News(M)  
9:30 Exercise Class (M)  
10:30 Summer Flick (J)  
1:30 Growing with Friends (M)  
1:30 Summer Flick Cont'd (J)  
3:00 Music with Robin (R)  
3:45 Courtyard Strolls (J)

**17**  
7:45 Coffee& the News(J)  
9:30 Exercise Class (J)  
10:30 Communication Group(R)  
10:30The Art of Gazing (M)  
1:30 Welcome Tea (M)  
3:00 Bingo (V)  
4:15Family Feud (c)  
6:15Shake loose a memory (C)

**18**  
7:45 Coffee& the News(M)  
9:30 Rosary Group (M)  
10:30 Wheel of Fortune (K)  
1:30 Hawaiian Day (M/C)  
3:00 Euchre Club (V)

**19**  
9:30 Current Events (C)  
1:15 7<sup>th</sup> Day Adventist(C)

9:30 Church Service with  
Ken Donald

10:15 Skylight Café Social

**21**  
7:45 Coffee& the News(M)  
9:30 Exercise Class (M)  
10:30 Soul Collage (M)  
1:30 Travelling to the Moon (J)  
3:00 Yoga (J)

**22**  
7:45 Coffee& the News(M)  
9:30Senses and Serenity(M)  
10:00 Bible Education (V)  
10:30 Water Colour Painting (MB)  
1:30 Ice cream Social w Paul Minard (M)  
3:00 Mindfulness Matters (J)  
6:30 Pub Night with Wally Maggs(J)

**23**  
7:45 Coffee& the News(M)  
9:30 Exercise Class (M)  
10:00Hygge (M)  
12:00Resident and Family BBQ with Cameron (M/MB)  
2:00 Growing with Friends(J)  
3:00 Music with Robin (R)  
3:45 Friendly Visits(J)

**24**  
7:45 Coffee& the News(J)  
9:30 Exercise Class (J)  
10:30 Communication Group (R)  
10:30 Cooking Class with Megan (MB)  
10:30 Travelling Tunes (M)  
1:30 Catholic Mass (M)  
3:00 Bingo (V)  
4:15Who am I/ What am I (C)  
6:15(C) Name That Tune

**25**  
7:45 Coffee& the News(M)  
9:30 Rosary Group (M)  
10:30 Morning Drive (M/MB)  
1:30 Beach Day Concert(C/M)  
3:00 Euchre Club (V)

**26**  
9:30 Current Events (C)  
1:15 Java Music Club(C) (Introduction)

9:30 Church Service with  
Bonnie Hickey

10:15 Skylight Café Social

**28**  
7:45 Coffee& the News(M)  
9:30 Exercise Class (M)  
10:30 The Grateful Tree (M)  
1:30 Summertime Shuffle (J)  
3:00 Yoga (J)

**29**  
7:45 Coffee& the News(M)  
9:30Beauty Boutique(M)  
10:00 Bible Education (V)  
10:30 Documentaries (MB)  
1:30 John Turmel on Accordion (M/MB)  
3:15 Chicken Soup for the Soul (J)  
6:30 Pub Night with Shakey(J)

**30**  
7:45 Coffee& the News(M)  
9:30 Exercise Class (M)  
10:30 Wheel of Fortune (MB)  
1:30 Growing with Friends (M)  
1:30 Table Bowling(J)  
3:00 Music with Robin (R)  
3:45 Courtyard Strolls (J)

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**July 2019**  
Mohawk & Grand Terrace