

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# Mohawk Terrace Activities

- If you wish to set up a Facetime/Skype or Phone Call Visits please contact Megan Gecas 519-756-2920 ext 4297
- Programming will reflect current directives and Programs are Subject to Change. In the case of an Outbreak, there will be one to one programming provide

9:15 Exercises **1**  
 11:00 Trivia  
 1:00 Spiritual Visits  
 1:30 Growing with Friends  
 2:15 Bean Bag Toss  
 3:00 Friendly Visits  
 4:00 S

9:15 Rosary Group **2**  
 10:00 "You ain't nothing but a Ground Hog" Music  
 11:00 Heart Beat Exercises  
 1:30 Bingo  
 1:30 Multi-Sensory  
 2:30 Hallway Trivia  
 3:15 Friendly Visits

9:30 Church with Bonnie **3**  
 10:15 Exercises  
 11:00 Obie  
 1:30 Sing a Long with Megan  
 2:15 Guided Meditation  
 3:15 Friendly Visits

**4**  
 9:30 Morning News  
 10:15 Shuffleboard  
 11:00 Friendly Visits

Groundhog Day

**5**  
 9:30 Church Service  
 10:15 Trivia  
 11:00 Friendly Visits

9:30 Exercises **6**  
 10:15 Famous Love Letters  
 11:00 Montessori  
 1:30 Volunteer Bingo  
 2:15 Multi-Sensory  
 3:00 Friendly Visits

9:30 Monthly Gazette  
 10:15 Connect Four  
 11:00 Friendly Visits  
 1:30 psalms and songs  
 2:15 Crafters Corner  
 3:00 IPAD Visits  
 4:15 Short Stories  
 6:00 Table Bowling  
 6:45 Friendly Visits

**7**  
 9:15 Exercises **8**  
 10:00 Jeopardy  
 1:30 Growing with Friends  
 2:15 Hoop Dreams  
 3:00 Friendly Visits

9:15 Rosary Group **9**  
 10:00 Music with Megan  
 11:00 Heart Beat Exercises  
 1:30 Bingo  
 1:30 Multi-Sensory  
 2:30 Shake Loose....  
 3:15 Friendly Visits

9:30 Church with Bonnie **10**  
 10:15 Exercises  
 11:00 Obie  
 1:30 Sing a Long with Megan  
 2:15 Italian Movie  
 3:15 Friendly Visits

**11**  
 9:30 Yoga  
 10:15 All About  
 11:00 Friendly Visits

**12**  
 9:30 Church Service  
 10:15 Name that tune  
 11:00 Friendly Visits

9:30 Exercises **13**  
 10:15 Who, What, Where  
 11:00 Ez Does it Painting  
 1:30 Bingo  
 2:15 Multi-Sensory  
 3:00 Friendly Visits

9:30 All About Valentine's **14**  
 10:15 Cupid Photobooth  
 11:00 Heart Breaker  
 1:30 Valentine's Day with Terry  
 3:00 Beauty Boutique  
 4:15 Devotionals  
 6:00 History of....  
 6:45 Friendly Visits

9:15 Exercises **15**  
 10:00 Price is Right  
 1:30 Growing with Friends  
 1:30 Resident Council Meeting  
 2:15 Armchair Travel to Boston  
 3:00 Friendly Visits

9:15 Heart Beat Exercises **16**  
 10:00 Music with Megan  
 11:00 Catholic Mass  
 1:30 Bingo  
 1:30 Multi-Sensory  
 2:30 Table Bowl  
 3:15 Friendly Visits

9:30 Church with Bonnie **17**  
 10:15 Exercises  
 11:00 Obie  
 1:30 Sing a Long with Megan  
 2:15 Animals Documentary  
 3:15 Friendly Visits

**18**  
 9:30 Morning New  
 10:15 Shuffle Board  
 11:00 Friendly Visits



**19**  
 9:30 Church Service  
 10:15 Family Feud  
 11:00 Friendly Visits

**20**  
 Sorry,  
 No programs  
 Happy Family Day

9:30 All About Mardi Gras **21**  
 10:00 Mardi Gras Bingo  
 11:00 Travelling Tunes  
 1:30 Psalms and Songs  
 2:15 Crafters Corner  
 3:00 Friendly Visits  
 4:15 Chicken Soup  
 6:00 Table Bowling  
 6:45 Friendly Visits

9:15 Exercises **22**  
 10:15 Ash Wednesday Service Virtual  
 1:30 Growing with Friends  
 2:15 Giant Yahtzee  
 3:00 Friendly visits

9:15 Rosary Group **23**  
 10:00 Music with Megan  
 11:00 Heart Beat Exercises  
 1:30 Bingo  
 1:30 Multi-Sensory  
 2:30 Hallway Trivia  
 3:15 Friendly Visits

9:30 Church With Bonnie **24**  
 10:15 Exercises  
 11:00 Obie  
 1:30 Sing a Long with Megan  
 2:15 How it's Made  
 3:15 Friendly Visits

**25**  
 9:30 Morning News  
 10:15 Table Bowling  
 11:00 Friendly Visits

Presidents' Day

Mardi Gras

Ash Wednesday

**26**  
 9:30 Church Service  
 10:15 Trivia  
 11:00 Friendly Visits

**27**  
 9:30 Morning Drive  
 1:30 Bingo  
 2:15 Multi-Sensory  
 3:00 Friendly Visits



**28**  
 9:30 News and Views  
 10:15 Basketball  
 11:15 Travelling Tunes  
 1:30 Psalms and Songs  
 2:15 Crafter's Corner  
 3:00 Beauty Boutique  
 4:15 Devotionals  
 6:00 Documentary  
 6:45 Friendly Visits

# February 2023