# **HAPPENINGS AT HOME**

**OUR STAFF, RESIDENTS AND FAMILY** 



**Brant Cooperative Dairy** 

# **Celebrating December**

- Resident/Family Christmas Parties
- Resident/FamilyChristmas Dinner
- Volunteer ChristmasDinner
- **❖** December Safety Talk
- Positivity Winners
- **❖** Family Council News
- Brantford Purse Project



November 11<sup>th</sup>, 2018 was a very special day as the world marked the 100<sup>th</sup> anniversary of the end of the first world war.

There was a "Remembrance Day Service" in our Noble Hall to remember the fallen and to honour our past and present Veterans.

Pictured above are a few of our current Veterans here at the home.

We Remember.

### Pictured above are:

Martin VanAlten, Bob Elms, Frank Lane, Luke Peachey. Thank You for Your Service.





## **Resident Family Christmas Party**

Please join us at the "Resident Family Christmas Party" on December 02/18. The parties will be held at 1:30 on each of the resident's home areas with the exception of Mohawk and Grand which will be held in the Noble Hall. There will be music and refreshments for everyone to enjoy.



# RESIDENT/FAMILY CHRISTMAS DINNER

## DATE:

Wednesday December 5th

## TIME:

5:00pm Reception

5:30pm Dinner

Tickets are \$15.00 each

Limited to one resident and two family members each

Please see your Recreation Programmer on Home Area for tickets

## **VOLUNTEER CHRISTMAS DINNER**

WHEN: DECEMBER 6<sup>TH</sup>, 2018

PLACE: NOBLE HALL

TIME: 5P.M.

FOR APPETIZERS
AND COCKTAILS

5:30 P.M. DELICIOUS FOOD, GAMES, AND PRIZES.

Sign-up sheet is at the volunteer sign in binder

COME OUT AND HAVE SOME FUN.



## **BODY WASH BONANZA**

## **STAFF AND VISITORS**

PLEASE JOIN US IN TRYING TO REACH OUR GOAL OF 156 UNITS OF UNSCENTED BODY WASHES FOR THE RESIDENTS OF THE HOME THIS CHRISTMAS.

ANY DONATIONS WILL BE ACCEPTED AT THE RECEPTION DESK.

THANK YOU







# CHRISTMAS MARKET

# 2018 John Noble Home Christmas Market



The 2018 JNH Christmas Market was a huge success!! We had over 35 vendors participate.

Santa came out to support our Market.

There was even a BBQ and Face Painting.

Thank You to our family, staff, and vendors for making this one of the best Christmas Markets yet. Residents had a great time shopping for gifts.

## **The Brantford Purse Project**

Grand Terrace staff are collecting donations in support of the Friendship House of Brant.

Please help us fill purses with the basic necessities that homeless women are in need.

Gather up the purses you no longer use and fill them up with hygiene products and help us give to the women who are in need.

Donation ideas:
Feminine hygiene products
Deodorant
Soap
Toothpaste and toothbrush
Tissue packets
Brush/comb
And more





For more information please go to the reception desk

Bring in your donation by Friday December 7. Donations are accepted at reception



## <u>December Safety Talk:</u> Moulds

## **Explain Dangers**

Moulds can be a health hazard in buildings that are already built or under construction.

Some moulds are toxic. Touching them—or breathing in their spores—can be harmful.

Symptoms include:

- Irritated skin, eyes, nose, and throat
- Runny nose and watery eyes
- Trouble breathing
- Fatigue and headaches.

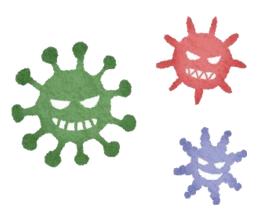
People allergic to moulds may get nosebleeds and a severe cough.

If your immune system is weak, you shouldn't work in mould-contaminated areas.

Not everyone exposed to toxic moulds will develop syptoms.

## **Appearance**

Moulds are colourful and woolly. They can be almost any colour—red, blue, brown, green, white, or black. They reproduce by releasing spores into the air. More mould may grow where the spores land.



## Location

Mould thrives on cellulose material that is wet or water-soaked. This includes drywall, ceiling tiles, wallpaper, particleboard, insulation, and plywood.

Moulds love dark, moist places and can grow at room temperature.

Mould has been found in areas with moisture problems. This is usually a black mould that looks slimy.

You may be exposed to moulds when you work in damp locations or water-damaged buildings.

Sometimes, mould can be present when you don't see it. It can be growing behind drywall, under carpets, or in a ventilation system.

## **Identify controls**

Visible mould may be just the tip of the iceberg. More mould may be growing out of sight behind walls, under floors, and above ceilings.

Samples have to be taken and analyzed in a lab to see whether the mould is dangerous.

If you find mouldy areas on a job, tell your supervisor who may arrange to have tests done.

Toxic moulds must be removed. There's no way to work around them. Removal calls for special procedures, including protective equipment such as respirators, coveralls, and gloves.

## RESIDENT LAUNDRY LABELLING

Please ensure when dropping off items to be labelled, that you indicate if they are a Christmas gift and you do not want the gift to be given to the resident. If you wish for them to be labelled and then returned to you to wrap and give to your loved one, then please let reception,

nursing staff or laundry know this



# **HAPPENINGS AT HOME -Day and Stay-December 2018**

December promises to be a busy month at the Day and Stay. We start bringing out the inside and the outdoor decorations for the Centre. With the help of two wonderful volunteers, Carol and Judy, our Centre will look fantastic! The Christmas calendar is full of Christmas Theme Days such as "Poinsettia Day" and Mistletoe Day". There will be lots of Christmas and Holiday activities, carolling and crafts! The weekend clients will be going out on two outings-"A Christmas Lights Trip" and they will also be singing some Christmas Carols to some very special people.



Our annual Client and Family Christmas Party was an outstanding success this year! The dance floor was packed, the goodies were delicious and the music put everyone into a festive spirit. It is wonderful to see the clients up dancing with their spouses and their children. The photo corner was a huge success and those special photos will bring some wonderful memories.

Our clients had the opportunity this year to go to the Santa Claus parade. The clients love seeing the parade.

On behalf of the staff and clients from the Day and Stay we want to wish everyone a "Very Merry Christmas and a Healthy and Prosperous New Year!



The first term of the Positivity Plan has been completed. It has been fun to see everyone get involved! We received great feedback from Residents and their families who have been rooting for their Home Area Staff. Davis Court was the winning Home Area Team with 156 Positivity Points!

Domino's Pizza was excited to partner with Positivity Promoters and the Wellness Committee to provide a Pizza Party for the Davis court team members!

The Positivity Trophy will be displayed proudly on Davis Court until February, when the next winning Team is announced. This is a Positively amazing time of year for team work, friends and fun so be sure to let us know what you are planning for your Team and we will be sure to give you some points.

1 <sup>st</sup> Place:	Davis Court	156 pts	REMINDER:
CUP ENGPANING	Brant Terrace Most Improved ☺	138 pts	There will be a Dress Up Theme Day on December 19 <sup>th</sup> , 2018. Wear your favorite Christmas sweater or shirt!
	Cockshutt Place	135 pts	
	<b>Grand Terrace</b>	131 pts	
	Costain Court	104 pts	
	Mohawk Terrace	78 pts	



Have you ever thought about joining Family Council? Well, January 2019 would be the perfect time to join. Family Council is a good way to learn about the John Noble Home. You meet Administrators and Staff, and develop an understanding, as to how the Home works. Being part of the Family Council helps you to navigate the Long Term Care system, by providing insight to Ministry guidelines and expectations. In addition, you receive support from other Family Council members, who are experiencing many of the same challenges that you might be. We are focused on advocacy, education and supporting the residents and their family members. We do a little fundraising too, but that fundraising allows Council members to give back in small and big ways. That is the fun stuff we do! So, if you have a loved one living in the John Noble Home, and you are looking for a Volunteer opportunity for 2019, consider joining Family Council and help us to enhance the lives of the residents that we love so much.

We meet every fourth Friday of the month in the Noble Lounge at 1:00pm. Our next meeting will be **Friday, January 25, 2019 in the Noble Lounge.** If you have questions, please feel free to contact us at <a href="mailto:familycouncil@jnh.ca">familycouncil@jnh.ca</a> or 519-756-2920 ext.4255.

We look forward to meeting you in the New Year!