

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



# November 2024

## Afternoon Program

						1 12:00 Let's Talk 1:15 Move to the Beat 2:00 Guess in 10 3:00 Creative Friday 3:45 Bowling 4:15 Spelling Bee  Diwali (Hindu)	2
3  <b>Day Light Saving Time</b>  <small>Daylight Saving Time Ends</small>	4 12:00 Community Corner 1:15 Exercise Time 2:00 True or False 3:00 Music Therapy 4:00 Shuffleboard 4:30 Outburst	<u>Rock &amp; Roll Day</u> 5 12:00 What's New 1:15 Songs & Stretch 2:00 Make a Guess 3:00 Let's Read 3:45 Target Toss 4:15 Music Bingo	6 12:00 Coffee & Conversation 1:15 Let's Stretch 2:00 Random Trivia 3:00 Pictionary 3:45 Mini Putt 4:15 Wheel of Fortune	7 12:00 Discussion 1:15 Getting Fit 2:00 Let's Think 3:00 Music Therapy 4:00 Bowling 4:30 Card Bingo	8 12:00 In the Paper 1:15 Fun & fitness 2:00 What Am I? 3:00 Word Searches 3:45 Bean Bag Toss 4:15 Outburst	9	
10	<u>Remembrance Day</u> 11 12:00 Headline News 1:15 Fitness Time 2:00 Poppy Facts 3:00 Music Therapy 4:00 Target Toss 4:30 Swatter Ball Games  <small>Veterans Day Remembrance Day (Canada)</small>	12 12:00 News & Weather 1:15 Let's Get Moving 2:00 Using Your Mind 3:00 Dice Roll 3:45 Mini Putt 4:15 Sing Along	<u>World Kindness Day</u> 13 12:00 Local News 1:15 Music in Motion 2:00 Acts of Kindness? 3:00 Wheel of Fortune 3:45 Bowling 4:15 Finish the Line	14 12:00 Headline News 1:15 Let's Stretch 2:00 Trivia Time 3:00 Music Therapy 4:00 Target Toss 4:30 Sorting/Organizing	15 12:00 Explore the News 1:15 Fitness Time 2:00 Make a Guess 3:00 Dice Roll 3:45 Target Toss 4:15 Outburst	16	
17	18 12:00 What's Happening 1:15 Getting Fit 2:00 Using Our Minds 3:00 Music Therapy 4:00 Golfing 4:30 Finish the Line	19 12:00 Coffee and Chat 1:15 Music & Motion 2:00 What am I? 3:00 Card Bingo 3:45 Bowling 4:15 Table Games	20 12:00 Let's Talk 1:15 Moving to the Beat 2:00 What's the Answer 3:00 Shake Loose a Memory 3:45 Bean Bag Toss 4:15 Autumn Bingo	21 12:00 Around Town 1:15 Let's Stretch 2:00 Trivia Time 3:00 Music Therapy 4:00 Bean Bag Toss 4:30 Swatter-ball Games	<u>Number Day</u> 22 12:00 Let's Chat 1:15 Getting Fit 2:00 Math Time 3:00 Bingo 3:45 Shuffleboard 4:15 Number Puzzles	23	
24  <b>Client Christmas Party 1:30-3:00 PM</b>	25 12:00 Discussion Time 1:15 Let's Move 2:00 What do you Think? 3:00 Music Therapy 4:00 Bowling 4:30 Let's Read	<u>Price is Right Day</u> 26 12:00 Local News 1:15 Move to the Beat 2:00 Trivia Time 3:00 Price if Right 3:45 Bean Bag Toss 4:15 Card Games	27 12:00 Community News 1:15 Fun & Fitness 2:00 Let's Get Thinking 3:00 Spelling Bee 3:45 Target Toss 4:15 Pictionary	28 12:00 What's New 1:15 Fun 7 Fitness 2:00 True or False 3:00 Music therapy 4:00 Shuffleboard 4:30 Charades  <small>Thanksgiving Day</small>	29 12:00 Headline News 1:15 Sing & Stretch 2:00 Make a Guess 3:00 Afternoon Art 3:45 Bowling 4:15 Outburst	30	

For more information about the above Program please call Lisa Clarkson (519) 754-4065