November 2026

COSTAIN COURT

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 **10:00 Church Service** **10:50 Eucharist Visits** 2:15 Bean Bag Toss Daylight Saving Time Ends	**2** 10:00 Exercise Class 10:45 Bingo 11:30 Multisensory Visit **1:00 Volunteer Pet Visits** **1:30 Colour & Chat @ Café** 1:30 Beauty Boutique 2:15 Scrabble 3:00 Friendly Visit	**3** **9:30 Morning Drive CP/CC/BT** **10:00 Resident Program Choice Meeting & Nominations** 10:45 Ride to the Rhythm 11:30 Friendly Visit 1:30 Getting to know your Neighbour in the Café 3:00 Singing in Memory Lane **6:30 Pub Night w Ed V**	**4** **TREAT TROLLEY AM** 10:00 Skylight Cafe Visits w Lynn 10:45 Exercise Class 11:30 Multisensory Visit 1:30 Bingo **2:15 Euchre Club** 2:15 Remembrance Day Poppy Colouring 3:00 Virtual Church Service 4:15 Musical Memories	**5** **10:30 November Bingo (Noble Hall)** **1:30 Hymns with Linda (Noble Hall)** 2:15 Café Social 3:00 Beach Ball Fun 6:00 Senses & Serenity	**6** 10:00 Exercise Class 10:45 Obie 11:30 Outdoor/Indoor Walk **2:00 November Birthday Party w Jeff M (Noble Hall)** 4:15 Trivia Night!	**7** 11:00 Morning News 1:30 Rosary Group
8 **10:00 Church Service** **10:50 Eucharist Visits** 2:15 Table Bowling Diwali (Hindi)	**9** 10:00 Exercise Class 10:45 Beauty Boutique 11:30 Multisensory Visit **1:00 Volunteer Pet Visits** **1:30 Colour & Chat @ Café** 1:30 Hymns & Devotions 2:15 Scrabble 3:00 Friendly Visit	**10** 10:00 Bingo 10:45 Ride to the Rhythm 11:30 Friendly Visit 1:30 Ladies Group in the Cafe 3:00 Singing in Memory Lane **6:30 Pub Night w Jeff D**	**11** **10:30 Remembrance Day Service** Remembrance Day	**12** **CHRISTMAS DECORATING DAY**  6:00 Senses & Serenity	**13** 10:00 Exercise Class 10:45 Obie 11:30 Outdoor/Indoor Walk 1:30 Shuffle Board 2:15 Hangman 3:00 Bingo 4:15 Trivia Night!	**14** 11:00 Morning News 1:30 Rosary Group
15 **10:00 Church Service** **10:50 Eucharist Visits** 2:15 Mini Putt	**16** 10:00 Exercise Class 10:45 Beauty Boutique 11:30 Multisensory Visit **1:00 Volunteer Pet Visits** **1:30 Christmas Tree Lighting w Terry's Tunes (Noble Hall)** 	**17** 2:00 Sip & Create in the Cafe 2:45 Obie 3:30 Ride to the Rhythm 4:15 Singing in Memory Lane **6:30 Pub Night w Terry's Tunes**	**18** **TREAT TROLLEY AM** 10:00 Skylight Cafe Visits w Lynn 10:45 Exercise Class 11:30 Multisensory Visit **1:30 Resident Council Meeting** 1:30 Rosary Group **2:15 Euchre Club** 2:15 Peaceful Painting (Water Colour) 3:00 Virtual Church Service 4:15 Musical Memories	**19** **10:30 Catholic Mass (Chapel)** 11:15 Obie 1:30 Music of the Decades in the Cafe 2:15 Café Social 3:00 Bingo 6:00 Senses & Serenity	**20** **CHRISTMAS MARKET 9:00-2:00PM** **9:30-11:30 Christmas Market Visits** **12:00 Pizza Lunch (Noble Hall)** 2:15 Exercise Class 3:00 Bingo 4:15 Trivia Night!	**21** 11:00 Morning News 1:30 November Travelogue
22 **10:00 Church Service** **10:50 Eucharist Visits** 2:15 Shuffleboard	**23** 10:00 Exercise Class 10:45 Beauty Boutique 11:30 Multisensory Visit **1:00 Volunteer Pet Visits** **1:30 Colour & Chat @ Café** 1:30 Hymns & Devotions 2:15 Scrabble 3:00 Friendly Visit	**24** 10:00 Bingo 10:45 Ride to the Rhythm 11:30 Friendly Visit 1:30 Board Games 2:15 Hangman 3:00 Singing in Memory Lane **6:30 Pub Night w Dave S**	**25** **TREAT TROLLEY AM** 10:00 Skylight Cafe Visits w Lynn 10:30 Exercise Class 11:30 Multisensory Visit 1:30 Shuffle Board **2:15 Euchre Club** 2:15 Winter Colouring 3:00 Virtual Church Service 4:15 Musical Memories	**26** 10:00 Rosary Group **11:00 Anglican Communion (Chapel)** **1:30 Resident Town Hall (Noble Hall)** **1:30 Men's Group (MT)** 2:15 Café Social 3:00 Parachute Fun 6:00 Senses & Serenity Thanksgiving Day (U.S)	**27** 10:00 Exercise Class 10:45 Obie 11:30 Outdoor/Indoor Walk **1:30 Memorial Service & Reception (Noble Hall)** 3:00 Bingo 4:15 Trivia Night!	**28** 11:00 Morning News 1:30 Animal Documentary
29 **10:00 Church Service** **10:50 Eucharist Visits** 2:15 Ax Throw	**30** 10:00 Exercise Class 10:45 Beauty Boutique 11:30 Multisensory Visit **1:00 Volunteer Pet Visits** **1:30 Colour & Chat @ Café** 1:30 Hymns & Devotions 2:15 Scrabble 3:00 Friendly Visit					

Any Questions-Contact Macie at ext 4289 In the instance of an outbreak 1:1's and small group programs will be provided