

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



# November 2024

## GRAND TERRACE

<p>10:00 Church Service w Recreation (Noble Hall) 10:50 Eucharist Visits 2:15 Trivia Time (MT/GT) 3:00 Recreation Visit</p> <p>Daylight Saving Time Ends</p>	<p>9:30 Exercise Class 10:15 Hymns &amp; Devotionals 11:00 Bingo (MT/GT) 1:30 Knit &amp; Chat @ Cafe 1:30 Music with Megan (MT/GT) 1:30 Sensory Walks (MT/GT) 2:15 Travelogue (MT/GT) 2:15 Toss-A-Tune (MT/GT)</p>	<p>9:30 Chair Yoga 10:15 Joyful Reflections 11:00 Family Video Chat 11:00 Resident Choice Meeting &amp; Resident Council Nominations 1:30 Remembrance Day Craft (MT/GT) 2:15 Guided Meditation 3:00 Sensory Walk 3:00-4:30 Falls Prevention MT/GT/DC 6:30 Pub Night w Donnie D (Noble Hall)</p>	<p>TREAT TROLLEY AM 9:30 Exercise Class (MT/GT) 9:30 Visual Relaxation (MT/GT) 10:00 Family Video Chat 10:15 Getting to Know Your Neighbors 11:00 Categories 1:30 Psalms &amp; Songs w Megan (MG) (MT/GT) 1:30 Recreation Visits 2:15 Retro TV Afternoon 3:00 YouTube &amp; You Visit 6:15 Trivia (MT/GT) 7:15 Table Bowling (MT/GT) 7:45 Recreation Visit</p>	<p>9:30 Virtual Church Service (MT/GT) 9:30 Virtual Catholic Mass (MT/GT) 10:15 Bingo 11:00 Creative Expressions (MT/GT) 11:00 Family Video Chat 1:30 Hymns w Cynthia (Noble Hall) 2:30 Snoezelen Room 6:00 Ride to the Rhythm MT/GT (CS) 6:15 OBIE Games (MT/GT) 7:00 Recreation Visit</p>	<p>9:30 Exercise Class (MT/GT) 9:30 Multi-Sensory (MT/GT) 10:15 Sing Along 11:00 Bingo (MT/GT) 2:00 November Birthday Party (Noble Hall) 6:15 Musical Memories (MT/GT) 7:00 Recreation Visit <small>Diwali (Hindu)</small></p>	<p>9:45 Sing A Long with Susie (MT/GT) 10:45 Table Bowling (MT/GT) 3:00 Recreation Visit</p>
<p>10:00 Church Service w Recreation (Noble Hall) 10:50 Eucharist Visits 2:15 Trivia Time (MT/GT) 3:00 Recreation Visit</p>	<p>10:30 Remembrance Day Service</p> <p><i>Remembrance Day</i> </p>	<p>9:30 Exercise Class 10:15 Bingo 11:00 Family Video Chat 11:00 Virtual Pet Therapy 1:30 Christmas Craft (MT/GT) 2:15 Music w Megan (MG) (MT/GT) 2:15 Bedside Visits 3:00 Bible Study w Megan (MG) (MT/GT) 3:00 Sit &amp; Socialize 6:30 Pub Night w Jim Y (Noble Hall)</p>	<p>TREAT TROLLEY AM 9:30 Exercise Class (MT/GT) 9:30 Visual Relaxation (MT/GT) 10:15 Concentration 11:00 Colour with Me 1:30 Psalms &amp; Songs w Megan (MG) (MT/GT) 1:30 Card Game Visits 2:15 Who, What, Where? 6:15 Ring Toss (MT/GT) 7:00 Recreation Visit</p>	<p>CHRISTMAS DECORATING DAY</p> <p></p> <p>11:00 Family Video Chat 6:15 OBIE Games (MT/GT) 7:00 Recreation Visit</p>	<p>9:30 Exercise Class (MT/GT) 9:30 Multi-Sensory (MT/GT) 10:15 Virtual Church Service (MT/GT) 10:15 Virtual Catholic Rosary (MT/GT) 11:00 Bingo (MT/GT) 2:00 Christmas Tree Lighting w Wally Maggs (Noble Hall) 6:15 Musical Memories (MT/GT) 7:00 Recreation Visit</p>	<p>9:45 Music Trivia (MT/GT) 10:45 Mini Putt (MT/GT) 3:00 Recreation Visit</p>
<p>10:00 Church Service w Gary Crosbie (Noble Hall) 10:50 Eucharist Visits 2:15 Trivia Time (MT/GT) 3:00 Recreation Visit</p>	<p>9:45 Morning Drive DC/MT/GT 11:15 Bingo (MT/GT) 1:30 Knit &amp; Chat @ Cafe 1:30 Exercise Class 2:15 Music Documentary (MT/GT) 2:15 Name that Tune (MT/GT)</p>	<p>9:30 Chair Yoga 10:15 Warmth &amp; Relaxation 11:00 Family Video Chat 11:00 Christmas Card Making Continued... (MT/GT) 1:30 Family Feud (MT/GT) 2:15 Music w Megan (MG) (MT/GT) 2:15 Bedside Visits 3:00 Bible Study w Megan (MG) (MT/GT) 3:00 Walk &amp; Talk 3:00-4:30 Falls Prevention MT/GT/DC 6:30 Pub Night w Monique H (Noble Hall)</p>	<p>TREAT TROLLEY AM 9:30 Exercise Class (MT/GT) 9:30 Visual Relaxation (MT/GT) 10:00 Family Video Chat 10:15 EZ Short Stories 11:00 Royal History 1:30 Resident Council Meeting 2:00 Entertainment "Plus 1" 6:15 Shuffleboard (MT/GT) 7:00 Recreation Visit</p>	<p>9:30 Virtual Church Service (MT/GT) 10:15 Exercise Class (MT/GT) 10:15 Snoezelen (MT/GT) 11:00 Bingo (MT/GT) 11:00 Family Video Chat 11:00 Catholic Mass (Noble Hall) 1:30 Mix &amp; Mingle in the Café (M/G/D) 3:00 Friendly Visit 6:15 OBIE Games (MT/GT) 7:00 Recreation Visit</p>	<p>CHRISTMAS MARKET 9am-2pm 9:30-11:30 Christmas Market Visits 2:00 Animal Documentary (MT/GT) 2:00 Can You Picture This? (MT/GT) 2:45 Recreation Visits 6:15 Music History (MT/GT) 7:00 Recreation Visit</p>	<p>9:45 Sing A Long to Dance Tunes of the 60s (MT/GT) 10:45 Beach Ball Fun (MT/GT) 3:00 Recreation Visit</p>
<p>9:45 Church Service w Cynthia (Noble Hall) 10:50 Eucharist Visits 2:15 Trivia Time (MT/GT) 3:00 Recreation Visit</p>	<p>9:30 Exercise Class 10:15 Spiritual Discussions 11:00 Bingo (MT/GT) 1:30 Knit &amp; Chat @ Cafe 1:30 Beauty Boutique 2:15 Travel to... (MT/GT) 2:15 Finish the Lyrics (MT/GT)</p>	<p>9:30 Chair Yoga 10:15 Toss &amp; Talk 11:00 Family Video Chat 11:00 Babies &amp; Laughter 1:30 Snowman Craft (MT/GT) 2:15 Music w Megan (MG) (MT/GT) 2:15 Bedside Visits 3:00 Bible Study w Megan (MG) (MT/GT) 3:00 Hallway Walk 6:30 Pub Night w Terry's Tunes (Noble Hall)</p>	<p>TREAT TROLLEY AM 9:30 Exercise Class (MT/GT) 9:30 Visual Relaxation (MT/GT) 10:15 Hygee Question Game 11:00 Name 3! 1:30 Psalms &amp; Songs w Megan (MG) (MT/GT) 1:30 Card Game Visits 2:15 Seasonal Décor Visits 4:45 Supper Club Fish &amp; Chips 7:15 Bean Bag Toss (MT/GT) 7:45 Recreation Visit</p>	<p>9:30 Virtual Church Service (MT/GT) 9:30 Virtual Catholic Rosary (MT/GT) 10:15 Bingo 10:15 Ride to the Rhythm MT/GT (CS) 11:00 Chair Yoga 11:00 Family Video Chat 1:30 Memorial Service &amp; Reception 2:45 Calendar Chats 6:15 OBIE Games (MT/GT) 7:00 Recreation Visit</p> <p><small>Thanksgiving Day</small></p>	<p>9:30 Exercise Class (MT/GT) 10:30 Susie Q Christmas Concert (Noble Hall) 11:00 Lunch Trip (MT/GT) 1:30 Christmas Movie Matinee (Noble Hall) 6:15 Musical Memories (MT/GT) 7:00 Recreation Visit</p>	<p>9:45 Sing A Long with Susie (MT/GT) 10:45 Table Bowling (MT/GT) 3:00 Recreation Visit</p>

Any Questions-Contact Megan B at Ext 4257

In the instance of an outbreak 1:1 programs will be provided

Programs ran by MG/CS may be cancelled due to availability

Programs are subject to change