







Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		9:30 Ride to the Rhythm (CS) <b>1</b> 9:30 October Gazette 10:15 Bingo <b>11:00 Resident Choice Meeting</b> 1:30 Bingo 2:15 Travelogue 3:00 Garden Visit 3:00-4:30 Falls Prevention CP/CC/BT <b>6:30 Pub Night w Terry's Tunes (Noble Hall)</b>	<b>TREAT TROLLEY AM 2</b> 9:30 Virtual Church Service 10:15 Exercise Class 11:00 Café Volunteer Visits 1:30 Growing w Friends (CS) 1:30 Indoor/Outdoor Walks 2:15 Spa Group 6:45 Musical Memories <small>Rosh Hashanah Begins</small>	9:30 Jeopardy Trivia <b>3</b> 10:15 Music & History 11:00 Virtual Catholic Mass <b>1:30 Hymn Sing w Cynthia (Noble Hall)</b> 2:30 Craft Corner 6:00 Bible Study w Megan (BT) (MG) 6:45 Senses & Serenity	9:30 World News <b>4</b> 10:15 Exercise Class 11:00 Rosary Group 1:00 Pet Therapy Visits 1:30 Café Social 2:15 The Music of Cher @ Cafe 3:00 Plant Care Visits 6:45 OBIE Games	9:30 Bingo <b>5</b> 10:15 Sing A Long Suzie Q 
<b>6</b> <b>10:00 Church Service w Communion Service Randy Mackenzie (Noble Hall)</b> 10:50 Eucharist Visits 1:30 Bean Bag Toss	<b>7</b> 9:30 Morning News 10:15 Exercise Class 11:00 Puzzles 1:30 Parachute Games 1:30 Knit & Chat @ Cafe 2:15 OBIE Games 3:00 Music w Megan (MG)	<b>8</b> 9:30 Tuesday Trivia 10:15 Bingo 11:00 Hymn Sing 11:15 Ride to the Rhythm (CS) 1:30 Movie Matinee 3:00 IPAD Visit <b>6:30 Pub Night w Wally Maggs (Noble Hall)</b>	<b>9</b> <b>TREAT TROLLEY AM 9</b> 9:30 Virtual Church Service 10:15 Exercise Class 11:00 Café Volunteer Visits 1:30 Growing w Friends (CS) 1:30 Indoor/Outdoor Walks 2:15 Spa Group 3:00 Garden Visit 6:45 Musical Memories	<b>10</b> 9:30 Thanksgiving Trivia 10:15 Music of the Beatles 11:00 Virtual Catholic Mass 1:30 Craft Corner 2:15 Dice Roll Thanksgiving Theme Reminiscing 3:00 Café Stroll 6:45 Senses & Serenity	<b>11</b> 9:30 World News 10:15 Exercise Class 11:00 Rosary Group 1:00 Pet Therapy Visits 1:30 Café Social 2:15 Sing Along Virtual w Suzie Q 3:00 Plant Care Visits 6:45 OBIE Games <small>Yom Kippur Begins</small>	<b>12</b> 9:30 Bingo 10:15 Beach Ball Soccer 
<b>13</b> <b>10:00 Church Service w Recreation (Noble Hall)</b> 10:50 Eucharist Visits 1:30 Shuffleboard	<b>14</b>  <small>Thanksgiving Day (Canada)            Indigenous Peoples' Day            Columbus Day (US)</small>	<b>15</b> <b>9:45 Morning Drive CP/CC/BT</b> 9:45 Exercise Class <b>10:45 Tower Bingo (BT)</b> 1:30 Hymn Sing 2:15 Travelogue 3:00 IPAD Visit 3:00-4:30 Falls Prevention CP/CC/BT <b>6:30 Pub Night w Monique H (Noble Hall)</b>	<b>16</b> <b>TREAT TROLLEY AM 16</b> 9:30 Virtual Church Service 10:15 Exercise Class 11:00 Café Volunteer Visits 1:30 Growing w Friends (CS) <b>1:30 Resident Council Meeting</b> 1:30 Indoor/Outdoor Walks 2:15 Spa Group 6:45 Musical Memories <small>Sukkot Begins</small>	<b>17</b> 9:30 Morning News <b>11:00 Lunch Trip Sunset Grill CP</b> 2:15 Mini Putt Putt 3:00 Psalms & Songs w Megan (MG) 3:00 Garden Visit 6:00 Bible Study w Megan (BT) (MG) 6:45 Senses & Serenity	<b>18</b> 9:30 World News 10:15 Exercise Class 11:00 Rosary Group 1:00 Pet Therapy Visits <b>2:00 Welcome Party (Noble Hall)</b> 6:45 OBIE Games	<b>19</b> 9:30 Bingo 10:15 Sing A Long 60's Music Hits 
<b>20</b> <b>10:00 Church Service w Gary Crosbie (Noble Hall)</b> 10:50 Eucharist Visits 1:30 Ax Throw	<b>21</b> 9:30 Morning News 10:15 Exercise Class 11:00 Creative Colouring 1:30 Bowling 1:30 Knit & Chat 2:15 OBIE Games 3:00 Music w Megan (MG)	<b>22</b> 9:30 Tuesday Trivia 10:15 Bingo 11:00 Hymn Sing 11:15 Ride to the Rhythm (CS) 1:30 Movie Matinee 3:00 IPAD Visit <b>6:30 Pub Night w Jim Y (Noble Hall)</b>	<b>23</b> <b>TREAT TROLLEY AM 23</b> 9:30 Virtual Church Service 10:15 Exercise Class 11:00 Café Volunteer Visits 1:30 Growing w Friends (CS) 1:30 Indoor/Outdoor Walks 2:15 Spa Group 3:00 Plant Care Visit 6:45 Musical Memories	<b>24</b> 9:30 Bible Study w Megan (BT) (MG) 9:30 EZ Does it Trivia 10:15 Music & History <b>11:00 Catholic Mass (Noble Hall)</b> 1:30 Craft Corner 2:15 Beach Ball Soccer 3:00 Psalms & Songs w Megan (MG) 3:00 Café Stroll 6:45 Senses & Serenity <small>Simchat Torah Begins</small>	<b>25</b> 9:30 World News 10:15 Exercise Class 11:00 Rosary Group 1:00 Pet Therapy Visits <b>1:30 Halloween Movie Matinee (Noble Hall)</b> 6:45 OBIE Games	<b>26</b> 9:30 Bingo 10:15 Sing A Long Country Music Classics 
<b>27</b> <b>10:00 Church Service w Cynthia (Noble Hall)</b> 10:50 Eucharist Visits 1:30 Mini Putt Putt	<b>28</b> 9:30 Morning News 10:15 Exercise Class 11:00 Parachute Game <b>1:30 October Birthday Party (Noble Hall)</b>	<b>29</b> 9:30 Halloween Stories 10:15 Bingo 11:00 Hymn Sing 1:30 Travelogue 2:15 Bowling 3:00 IPAD Visit 3:00-4:30 Falls Prevention CP/CC/BT <b>6:30 Pub Night w Barry M (Noble Hall)</b>	<b>30</b> <b>TREAT TROLLEY AM 30</b> 9:30 Virtual Church Service 10:15 Exercise Class 11:00 Café Volunteer Visits 1:30 Growing w Friends (CS) 1:30 Indoor/Outdoor Walks 2:15 Spa Group <b>4:45 Supper Club Pizza &amp; Salad</b> 6:45 Musical Memories	<b>31</b> 9:30 All About Apples 10:15 Music of Halloween 11:00 Virtual Catholic Mass <b>1:30 Halloween Party (Noble Hall)</b> 6:00 Bible Study w Megan (BT) (MG) 6:45 Senses & Serenity <small>Halloween</small>	