

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

October 2024

12:00 Let's Talk
1:15 Music in Motion
2:00 True or False
3:00 Penny Snatch
3:45 Bean Bag Toss
4:15 Let's Read

12:00 Group Discussion
1:15 Let's Stretch
2:00 What Am I??
3:00 Wheel of Fortune
3:45 Shuffleboard
4:15 Outburst

12:00 Current Events
1:15 Let's Get Moving
2:00 Guess in Ten
3:00 Music Therapy
4:00 Bowling
4:30 Dice Roll

Foliage Friday
12:00 Local News
1:15 Exercise News
2:00 Random Trivia
3:00 Card Bingo
3:45 Mini Putt
4:15 Leaf Art

Rosh Hashanah Begins

6
12:00 Discussion
1:15 Move to the Beat
2:00 Trivia Time
3:00 Music Therapy
4:00 Bean Bag Toss
4:30 Swatter Ball

7
12:00 Community News
1:15 Getting Fit
2:00 Make a Guess...
3:00 Fall Bingo
3:45 Shuffleboard
4:15 Sing-A-Long

8
12:00 Headline News
1:15 Moving & Grooving
2:00 Let's Think
3:00 Spelling Bee
3:45 Bowling
4:15 Name That Tune

Turkey Thursday
12:00 In the Paper
1:15 Ole Exercises
2:00 True or Turkey
3:00 Music therapy
4:00 Mini Putt
4:30 Turkey Races

Celebrate Thanksgiving
12:00 What's New
1:15 Let's Move
2:00 Thanksgiving Facts
3:00 Wheel of Fortune
3:45 Target Toss
4:15 Swatter Ball

Yom Kippur Begins

13
Happy Thanksgiving Afternoon Program is Closed

Thanksgiving Day (Canada)
Indigenous Peoples' Day
Columbus Day (US)

14
12:00 In the News
1:15 Fun & Fitness
2:00 Give an Answer
3:00 Pictionary
3:45 Bowling
4:15 Colouring Fun

15
12:00 Explore the News
1:15 Fitness Time
2:00 Random Trivia
3:00 Dice Roll
3:45 Tee It Up
4:15 Penny Snatch

16
12:00 Let's Chat
1:15 Music & Motion
2:00 Interactive Trivia
3:00 Music therapy
4:00 Target Toss
4:30 Shake Loose a Memory

Artful Friday
12:00 Around Town
1:15 Easy stretches
2:00 Finish the Line...
3:00 Artist Afternoon
3:45 Bean Bag Toss
4:15 Swatter Ball Fun

Sukkot Begins

20
12:00 Coffee & Chat
1:15 Let's Get Moving
2:00 Picture This Fun
3:00 Music Therapy
4:00 Bowling
4:30 Puzzling Fun

21
12:00 What's New
1:15 Exercise Time
2:00 Guess in Ten
3:00 Outburst
3:45 Tee It Up
4:15 Card Bingo

22
12:00 Explore the News
1:15 Let's Get Fit
2:00 What's the Answer??
3:00 Name That tune
3:45 Target Toss
4:15 Spelling Bee

23
12:00 Discussion
1:15 Sing & Stretch
2:00 Trivia Time
3:00 Music Therapy
4:00 Bean Bag Toss
4:30 Sing-A-Long

24
12:00 News & Weather
1:15 Ole Exercises
2:00 Using Our Minds
3:00 Wheel of Fortune
3:45 Shuffleboard
4:15 Charades

Simchat Torah Begins

27
Scary Monday
12:00 In the Paper
1:15 Monster Mash
2:00 Scary Things?
3:00 Music Therapy
4:00 Mini Putt
4:30 Hallowe'en Bingo

28
Trickery Tuesday
12:00 Local News
1:15 Howling Exercises
2:00 Hallowe'en Facts
3:15 Dice Roll
3:45 target Toss
4:15 Outburst

29
Double Boo Day
12:00 What's New
1:15 Scary Exercises
2:00 What's the Word?
3:15 Wheel of Fortune
3:45 Bean Bag Toss
4:15 Swatter Ball

30
Hallowe'en Fun
12:00 Current Events
1:15 Fun Exercises
2:00 Pumpkin Trivia
3:00 Music therapy
4:00 Shuffleboard
4:30 Hallowe'en bingo

Day and Stay Afternoon Program



Halloween