

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# September 2021

## Costain Court Activity Calendar

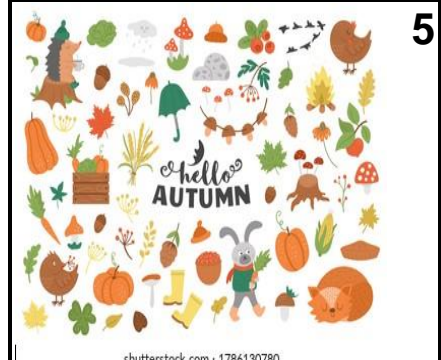


**1** 10:30 Church in the courtyard  
1:30 Bean Bag Toss  
2:15 All About...  
3:00 Animal Documentary

**2** 10:30 Virtual family visit  
11:15 Outdoor Stroll's  
1:30 Balcony Visit's  
2:15 Bible study  
3:00 Ladies Club

**3** 10:15 Bingo  
11:00 Fun and Fitness  
1:30 Entertainment in the courtyard  
2:45 Beauty Boutique

**4** 10:00 News (Kate)



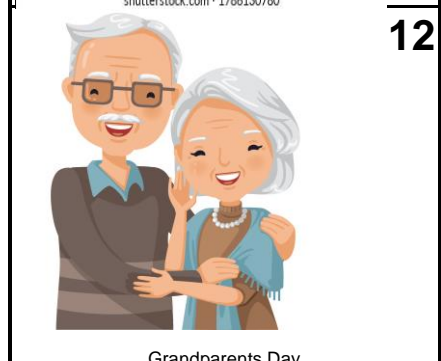
**5** Sorry no activities today!  
**6** 10:00 Craft  
11:15 Shuffleboard  
1:30 Ladies Club  
2:15 Devotional Reading  
3:00 Documentary  
4:30 Probe

**7** 10:30 Church in the courtyard  
1:30 Table Bowling  
2:15 Men's Group  
3:00 Armchair Travels

**8** 10:30 Morning drive  
1:30 Bean Bag toss  
2:15 Hymn sing  
3:00 Deal or no deal

**9** 10:15 Bingo  
1:30 Entertainment in the courtyard  
2:45 Outdoor Stroll's

**10** 10:00 Circle Exercises (Lacey)  
**11**



**12** 10:15 Virtual family visit  
11:00 Fun and Fitness  
1:30 Rock Painting  
2:45 Bingo  
3:30 Balcony Visit's

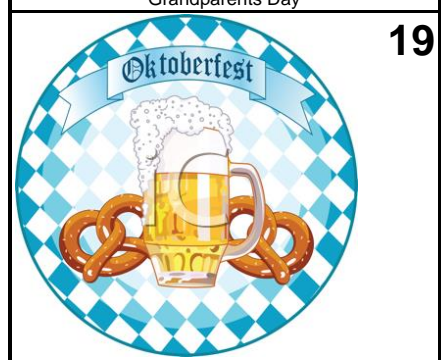
**13** 10:00 Craft  
11:15 Shuffleboard  
1:30 News  
2:15 Rosary  
3:00 Growing with friends  
3:45 Movie Matinee  
6:30 Monthly Gazette (Lacey)

**14** 10:30 Church service in the courtyard  
1:30 Resident council meeting  
2:15 Resident program choice meeting  
3:00 Table Bowling

**15** 10:30 Virtual family visit  
11:15 Bean Bag toss  
1:30 All About...  
2:15 Virtual church service  
3:00 Dice game

**16** 10:15 Bingo  
11:00 Outdoor Stroll's  
1:30 Entertainment  
2:45 Catholic Mass

**17** 10:00 Devotional Reading (Lacey)  
**18**



**19** 10:15 Virtual Family visit  
11:00 Bingo  
1:30 Carnival Games

**20** 10:30 Carnival Games  
1:30 Fun and Fitness  
2:15 Bible Study  
3:00 Shuffleboard  
3:15 Outdoor strolls (Jess)  
3:45 All About...  
4:30 Puzzles  
6:30 Rosary (Lacey)

**21** 10:30 Devotional Reading  
1:30 Carnival Games

**22** 10:30 Virtual Family visit  
11:15 Hymn sing  
1:30 Carnival Games

**23** 10:15 Bingo  
11:00 Balcony Visit's  
1:30 Entertainment in the courtyard and carnival games

**24** 10:00 Guided Meditation (Lacey)  
**25**



**26** 10:15 Virtual family visit  
11:00 Chicken soup for the soul  
1:30 Rosary  
2:15 Beauty Boutique  
3:00 Bingo

**27** 10:00 Craft  
11:15 Virtual church service  
1:30 Table Bowling  
2:15 Ladies club  
3:00 History of...  
3:15 Friendly Visit's (Jess)  
3:45 Outdoor stroll's  
4:30 Bible study  
6:30 Name that tune (Lacey)

**28** 10:30 Church service in the courtyard  
1:30 Laughter is the best medicine  
2:15 Men's group  
3:00 iPad Visit's

**29** 10:30 Virtual family visit  
11:15 Bean Bag Toss  
1:30 Catholic Mass  
2:15 creative coloring  
3:00 news

**30** *Autumn leaves don't fall, they fly. They take their time and wander on this their only chance to soar. -Delia Owens*