

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
 GRAND TERRACE		10:30 September Bingo (Noble Hall) 2:00 Table Bowling 2:45 Junk Drawer Detective 3:30 Short Stories 4:15 Ride to the Rhythm 6:30 Pub Night w Don D	TREAT TROLLEY AM 9:30 Group Exercise 10:15 Virtual Church Service (MT/GT) 10:15 Relaxation Room (MT/GT) 11:00 Wordle/Whiteboard Wednesday 1:30 The Royals 2:15 Euchre Club 2:15 Outdoor Strolls 3:00 Bedside Visit 6:15 September Trivia (MT/GT) 7:00 Recreation Visit (MT/GT)	9:30 Chair Yoga 10:15 Thursday Trivia 11:00 OBIE Games 11:30 Family FaceTime 1:30 Hymns w Cynthia (Noble Hall) 2:15 Chicken Soup for the Soul 6:15 Ring Toss (MT/GT) 7:00 Recreation Visit (MT/GT)	9:30 Group Exercise 10:15 Courtyard Walks 11:00 Bingo (DR) 1:00 Volunteer Pet Visits 2:00 September Birthday Party w Ed V (Noble Hall) 6:15 Musical Memories (MT/GT) 7:00 Recreation Visit (MT/GT)	9:45 Plinko (MT/GT) 10:45 Laughter is the Best Medicine (MT/GT) 3:00 Devotional Readings (MT/GT)	
	6 10:00 Church Service 10:50 Eucharist Visits 2:15 Trivia Time! (MT/GT) 3:00 Shuffleboard (MT/GT)	7  Labour Day Labor Day	8 9:30 Group Exercise 10:15 Ride to the Rhythm 11:00 Bingo (DR) 1:30 Animal Documentary 2:15 Outdoor Strolls 3:00 Bedside Visit 6:30 Pub Night w Wally M	9 TREAT TROLLEY AM 9:30 Group Exercise 10:15 Virtual Church Service (MT/GT) 10:15 Multi-Sensory (MT/GT) 11:00 Bingo (DR) 1:30 Wordle/Whiteboard Wednesday 2:15 Euchre Club 2:15 Armchair Travels 3:00 IPAD Visit 6:15 Fun Trivia (MT/GT) 7:00 Recreation Visit (MT/GT)	10 9:30 Thursday Trivia 10:15 Creative Colouring 11:00 Falls Prevention Class 11:00 Anglican Communion (Noble Hall) 11:00 Courtyard Walks 11:30 Family FaceTime 1:30 Men's Group (MT) 1:30 Ladies Group (GT) 2:15 OBIE Games 6:15 Horseshoes (MT/GT) 7:00 Recreation Visit (MT/GT)	11 9:30 Group Exercise 10:15 Can You Picture This? 11:00 Bingo (DR) 1:00 Volunteer Pet Visits 1:30 Reading Circle 2:15 Outdoor Strolls 3:00 Bedside Visit 6:15 Musical Memories (MT/GT) 7:00 Recreation Visit (MT/GT) Rosh Hashanah Begins	12 9:45 Parachute Fun! (MT/GT) 10:45 Shake Loose a Memory (MT/GT) 3:00 Sing a Long w Suzie Q (MT/GT)
	13 10:00 Church Service 10:50 Eucharist Visits 2:15 Trivia Time! (MT/GT) 3:00 Bean Bag Toss (MT/GT) Grandparents Day	14 9:30 Group Exercise 10:15 Skylight Cafe Visits w Lynn 11:00 Bingo (DR) 1:30 Colour & Chat @ Café 1:30 Travelogue 2:15 Outdoor Strolls	15 9:30 Chair Yoga 10:15 Read with Me 11:00 Colouring Corner 11:30 Family FaceTime 1:00-3:00 Petting Zoo (Davis Courtyard) 6:30 Pub Night w Terry's Tunes	16 TREAT TROLLEY AM 9:30 Group Exercise 10:15 Virtual Church Service (MT/GT) 10:15 Warmth & Relaxation (MT/GT) 11:00 Bingo (DR) 1:30 Resident Council Meeting 1:30 Wordle/Whiteboard Wednesday 2:15 Euchre Club 2:15 Beauty Boutique 3:00 Bedside Visit 6:15 Music Trivia (MT/GT) 7:00 Recreation Visit (MT/GT)	17 9:30 Chair Yoga 10:30 Catholic Mass (Noble Hall) 11:15 OBIE Games 11:30 Family FaceTime 2:00 Hawaiian Party w John (Davis Courtyard) 6:15 Beachball Fun! (MT/GT) 7:00 Recreation Visit (MT/GT)	18 9:30 Group Exercise 10:15 Reader's Theatre 11:00 Bingo (DR) 1:00 Volunteer Pet Visits 1:30-3:00 Grand Parade Walk (Davis Courtyard) 6:15 Musical Memories (MT/GT) 7:00 Recreation Visit (MT/GT) Oktoberfest Begins	19 9:45 Dice Game (MT/GT) 10:45 Chicken Soup for the Soul (MT/GT) 3:00 Devotional Readings (MT/GT)
	20 10:00 Church Service 10:50 Eucharist Visits 2:15 Trivia Time! (MT/GT) 3:00 Table Bowling (MT/GT) Yom Kippur Begins	21 9:30 Group Exercise 10:15 Skylight Cafe Visits w Lynn 11:00 Bingo (DR) 1:30 Colour & Chat @ Café 1:30 The Royals 2:15 Courtyard Walks	22 9:30 Morning Drive DC/MT/GT 11:30 Family FaceTime 2:00 Chair Yoga 2:45 Reading Circle 3:30 Travelling Tunes 4:15 Ride to the Rhythm 6:30 Pub Night w Jeff M AUTUMN	23 TREAT TROLLEY AM 9:30 Group Exercise 10:15 Virtual Church Service (MT/GT) 10:15 Relaxation Room (MT/GT) 11:00 Bingo (DR) 1:30 Wordle/Whiteboard Wednesday 2:15 Euchre Club 2:15 Outdoor Strolls 3:00 IPAD Visit 6:15 Finish the Lyrics (MT/GT) 7:00 Recreation Visit (MT/GT)	24 9:30 Thursday Trivia 10:15 Toss a Tune (Hymns) 11:00 Falls Prevention Class 11:00 Crafter's Corner 11:30 Family FaceTime 1:30 Men's Group (MT) 1:30 Resident Town Hall (Noble Hall) 2:15 OBIE Games 6:15 Horseracing (MT/GT) 7:00 Recreation Visit (MT/GT)	25 9:30 Group Exercise 10:15 Bean Bag Toss 11:00 Bingo (DR) 1:00 Volunteer Pet Visits 1:30 Armchair Travels 2:15 Courtyard Walks 3:00 Bedside Visit 6:15 Musical Memories (MT/GT) 7:00 Recreation Visit (MT/GT) Sukkot Begins	26 9:45 Beach Ball Fun! (MT/GT) 10:45 Hangman (MT/GT) 3:00 Sing a Long w Suzie Q (MT/GT)
	27 10:00 Church Service 10:50 Eucharist Visits 2:15 Trivia Time! (MT/GT) 3:00 Horseshoes (MT/GT)	28 9:30 Group Exercise 10:15 Skylight Cafe Visits w Lynn 11:00 Bingo (DR) 1:30 Colour & Chat @ Café 1:30 Animal Documentary 2:15 Outdoor Strolls	29 9:30 Table Bowling 10:15 Ride to the Rhythm 11:00 Clock Game 11:30 Family FaceTime 1:30 Read with Me 2:15 Travelogue 3:00 IPAD Visit 6:30 Pub Night w Jeff D	30 TREAT TROLLEY AM 9:30 Group Exercise 10:15 Virtual Church Service (MT/GT) 10:15 Multi-Sensory (MT/GT) 11:00 Bingo (DR) 1:30 Parachute Fun! 2:15 Euchre Club 2:15 Wordle/Whiteboard Wednesday 3:00 Bedside Visit 6:15 Trivia Time! (MT/GT) 7:00 Recreation Visit (MT/GT)			

Any Questions-Contact Kate at ext 4297

In the instance of an outbreak 1:1 programs will be provided

Programs ran by CS/TB may be cancelled due to availability