

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
 MOHAWK TERRACE		9:30 Ride to the Rhythm 10:30 September Bingo (Noble Hall) 11:30 Family FaceTime 1:30 Jeopardy 2:15 Velcro Darts 3:00 Bedside Visits 6:30 Pub Night w Don D	1 TREAT TROLLEY AM 9:30 Exercise Class 10:15 Virtual Church Service 11:00 Bingo 1:30 Crafty Corner: Wind Chimes 2:15 Euchre Club 2:15 Animal Documentary 3:00 Outdoor Walks 6:15 September Trivia (MT/GT) 7:00 Recreation Visit (MT/GT)	2 9:30 Resident Program Choice Meeting 10:15 Mindful Mornings 11:00 Heart to Heart 1:30 Hymns w Cynthia (Noble Hall) 2:15 Café Social 6:15 Ring Toss (MT/GT) 7:00 Recreation Visit (MT/GT)	3 9:30 Exercise Class 10:15 Pictionary 11:00 Bingo 1:00 Volunteer Pet Visits 2:00 September Birthday Party w Ed V (Noble Hall) 6:15 Musical Memories (MT/GT) 7:00 Recreation Visit (MT/GT)	4 9:45 Plinko (MT/GT) 10:45 Laughter is the Best Medicine (MT/GT) 3:00 Devotional Readings (MT/GT)	
	6 10:00 Church Service 10:50 Eucharist Visits 2:15 Trivia Time! (MT/GT) 3:00 Shuffleboard (MT/GT)	7  Labour Day Labor Day	8 9:30 Ride to the Rhythm 10:15 Relaxation Room 11:00 Bible Study 11:30 Family FaceTime 1:30 Categories 2:15 Cornhole 3:00 Bedside Visits 6:30 Pub Night w Wally M	9 TREAT TROLLEY AM 9:30 Exercise Class 10:15 Virtual Church Service 11:00 Bingo 1:30 Crafty Corner: Marble Art 2:15 Euchre Club 2:15 Hymn Sing 3:00 Outdoor Strolls 6:15 Fun Trivia (MT/GT) 7:00 Recreation Visit (MT/GT)	10 9:30 Monthly Gazette 10:15 Falls Prevention Class 10:15 Mindful Mornings 11:00 Anglican Communion (Noble Hall) 1:30 Men's Group (MT) 1:30 Ladies Group (GT) 6:15 Horseshoes (MT/GT) 7:00 Recreation Visit (MT/GT)	11 9:30 Exercise Class 10:15 Can You Picture This? 11:00 Bingo 1:00 Volunteer Pet Visits 1:30 Movie Matinee 3:00 Outdoor Walks 6:15 Musical Memories (MT/GT) 7:00 Recreation Visit (MT/GT) Rosh Hashanah Begins	12 9:45 Parachute Fun! (MT/GT) 10:45 Shake Loose a Memory (MT/GT) 3:00 Sing a Long w Suzie Q (MT/GT)
	13 10:00 Church Service 10:50 Eucharist Visits 2:15 Trivia Time! (MT/GT) 3:00 Bean Bag Toss (MT/GT) Grandparents Day	14 9:30 Exercise Class 10:15 Skylight Cafe Visits w Lynn 11:00 Bingo 1:30 Colour & Chat @ Café 1:30 Roll to the Hole 2:15 Beauty Boutique	15 1:00-3:00 Petting Zoo (Davis Courtyard) 3:30 Obie 4:15 Ride to the Rhythm 6:30 Pub Night w Terry's Tunes	16 TREAT TROLLEY AM 9:30 Exercise Class 10:15 Virtual Church Service 11:00 Bingo 1:30 Resident Council Meeting 1:30 Crafty Corner: Pressed Flower Bookmarks 2:15 Euchre Club 2:15 Documentary: Famous Landmarks 3:00 Nature Walks 6:15 Music Trivia (MT/GT) 7:00 Recreation Visit (MT/GT)	17 9:30 Morning News 10:30 Catholic Mass (Noble Hall) 11:15 Heart to Heart 2:00 Hawaiian Party w John (Davis Courtyard) 6:15 Beachball Fun! (MT/GT) 7:00 Recreation Visit (MT/GT)	18 9:30 Exercise Class 10:15 Name 5 11:00 Bingo 1:00 Volunteer Pet Visits 1:30-3:00 Grand Parade Walk (Davis Courtyard) 6:15 Musical Memories (MT/GT) 7:00 Recreation Visit (MT/GT) Okttoberfest Begins	19 9:45 Dice Game (MT/GT) 10:45 Chicken Soup for the Soul (MT/GT) 3:00 Devotional Readings (MT/GT)
	20 10:00 Church Service 10:50 Eucharist Visits 2:15 Trivia Time! (MT/GT) 3:00 Table Bowling (MT/GT) Yom Kippur Begins	21 9:30 Exercise Class 10:15 Skylight Cafe Visits w Lynn 11:00 Bingo 1:30 Colour & Chat @ Café 1:30 Ax Throw 2:15 Beauty Boutique	22 9:30 Morning Drive DC/MT/GT 9:30 Ride to the Rhythm 10:15 Autumn Sensory Relaxation 11:00 Bible Study 1:30 Boardgames 2:15 Autum Olympics 3:00 Bedside Visits 6:30 Pub Night w Jeff M AUTUMN	23 TREAT TROLLEY AM 9:30 Exercise Class 10:15 Virtual Church Service 11:00 Bingo 1:30 Crafty Corner: Autumn Tree Painting 2:15 Euchre Club 2:15 Documentary: Dolly Parton 3:00 Walk & Talks 6:15 Finish the Lyrics (MT/GT) 7:00 Recreation Visit (MT/GT)	24 9:30 Brantford Expositor 10:15 Falls Prevention Class 10:15 Mindful Mornings 11:00 Autumn Trivia 1:30 Men's Group (MT) 1:30 Resident Town Hall (Noble Hall) 2:15 Autumn Stories 6:15 Horseracing (MT/GT) 7:00 Recreation Visit (MT/GT) Sukkot Begins	25 9:30 Exercise Class 10:15 Who/What am I? 11:00 Bingo 1:00 Volunteer Pet Visits 1:30 Movie Matinee 3:00 Nature Walks 6:15 Musical Memories (MT/GT) 7:00 Recreation Visit (MT/GT)	26 9:45 Beach Ball Fun! (MT/GT) 10:45 Hangman (MT/GT) 3:00 Sing a Long w Suzie Q (MT/GT)
	27 10:00 Church Service 10:50 Eucharist Visits 2:15 Trivia Time! (MT/GT) 3:00 Horseshoes (MT/GT)	28 9:30 Exercise Class 10:15 Skylight Cafe Visits w Lynn 11:00 Bingo 1:30 Colour & Chat @ Café 1:30 Table Bowling 2:15 Beauty Boutique	29 9:30 Ride to the Rhythm 10:15 Senses & Serenity 11:00 Bible Study 1:30 Junk Drawer Detective 2:15 Bean Bag Toss 3:00 Bedside Visits 6:30 Pub Night w Jeff D	30 TREAT TROLLEY AM 9:30 Exercise Class 10:15 Virtual Church Service 11:00 Bingo 1:30 Crafty Corner: Coffee Filter Leaves 2:15 Euchre Club 2:15 Hymn Sing 3:00 Courtyard Strolls 6:15 Trivia Time! (MT/GT) 7:00 Recreation Visit (MT/GT)			

Any Questions-Contact Luke at ext 4297

In the instance of an outbreak 1:1 programs will be provided

Programs ran by CS/TB may be cancelled due to availability